

Car Parking

There is a pay and display car park on site. Long term permits can be requested at the reception desk.

Personal Items

Oxford Health cannot be held responsible for any loss of personal belongings.

Valuables can be stored in the hospital safe if necessary. We encourage patients to wear home clothing on the ward and a small wardrobe is provided for storage.

Please ensure clothes are taken home for laundry and restocked regularly.

Supportive shoes such as trainers or slippers with backs are recommended.

Smoking policy

The trust operates a 'No Smoking' policy at all sites. We kindly ask for your co-operation with this.

Useful contacts

The Stroke Association: www.stroke.org

Headway Oxfordshire:

www.headwayoxford.org.uk

Age UK: www.ageuk.org.uk

Concerns and Complaints

We aim to provide you with a high quality service at all times. However, if you have any concerns, complaints or comments about our service then please tell a member of the team or contact the Patient Advice and Liaison Service freephone on: 0800 328 7971.

Please contact us if you would like the information in another language or different format.

Arabic يُرجى الاتصال بنا إذا كنتم ترغبون في الحصول على المعلومات بلغة أخرى أو بتسيق مختلف.

Bengali আপনি এই তথ্য অন্য ভাষায় বা আলাদা আকারে পেতে চাইলে অনুগ্রহ করে আমাদের সাথে যোগাযোগ করুন।

Urdu اگر آپ یہ معلومات دیگر زبان یا مختلف فارمیٹ میں چاہتے ہیں تو برائے مہربانی ہم سے رابطہ کریں۔

Chinese 若要以其他語言或格式提供這些資訊，請與我們聯繫

Polish Aby uzyskać informacje w innym języku lub w innym formacie, skontaktuj się z nami.

Portuguese Queira contactar-nos se pretender as informações noutro idioma ou num formato diferente.

Abingdon Community Hospital
Marcham Road, Abingdon
OX14 1AG
Ward Clerk: 01865 904020
Ward Manager: 01865 904259
Patient phone: 01865 904506
Visiting times: 11am to 8pm

Oxford Health Switchboard: 01865 901 000
General Email: enquiries@oxfordhealth.nhs.uk
Website: www.oxfordhealth.nhs.uk

Approved by Emma Garratt, August 2019

OH 036.19



Oxfordshire Stroke
Rehabilitation Unit

Patient and visitor
Information

Oxfordshire Stroke Rehabilitation Unit

The Oxfordshire Stroke Rehabilitation Unit (OSRU) is a 20-bed inpatient unit based at Abingdon Community Hospital. It provides specialist rehabilitation for people who have suffered an acute stroke, and who are registered with a GP in Oxfordshire.

Following admission, assessment will be carried out by the multi-disciplinary team, which may include: doctors, nurses, physiotherapy, occupational therapy, dietetics and speech and language therapy.

After assessment, rehabilitation goals and a treatment plan will be developed. Patients and family members will be involved in the goal setting process. Within the first 2 weeks of admission, a meeting will be held with the patient, family and the rehabilitation team. This will review the patient's progress and begin discussing discharge plans.

Medical Team

The medical team on the unit is led by a consultant gerontologist, supported by a team of other doctors. They are available from

Monday to Friday 9am to 5pm with out-of-hours cover provided outside of these times.

Rehabilitation Ethos

The unit is committed to providing a 24-hour approach to rehabilitation. Patients receive a timetable each week detailing individual and group therapy sessions.

Therapy cover is Monday to Friday from 8am to 4.30pm, with some cover from occupational therapy and physiotherapy on Saturdays.

Family and friends are actively encouraged to support the patient's rehabilitation and observation/participation in therapy sessions can easily be arranged.

Communication

Clear and consistent communication during the rehabilitation process is essential.



To support this, families are asked to identify a nominated spokesperson to be a main point of liaison between the ward and other family members.

Therapy Team Contacts

- Therapy gym (physiotherapy/occupational therapy): 01865 904922
- Speech and language therapy/dietetics: 01865 904430

Contacting OSRU

To support staff in their delivery of care please avoid calling at the following times: Breakfast (7.30am to 8.30am), lunch (12pm to 2pm) and dinner (5.00pm to 6.30pm). There is a protected mealtime between 12pm and 1.00pm, when visitors are asked to leave the ward. Visitors numbers are limited to 2 people at the patient's bedside.

Food

Food can be brought in for patients but a disclaimer form must be signed first. If particular food/fluid consistencies are required please speak with nursing staff or speech and language therapy first.