

## My employment goals

My employment goals are:

I will achieve these goals by:

## My IPS specialist

Name:

Mobile number:

## Concerns and complaints

We aim to provide you with a high quality service at all times. However, if you have any concerns, complaints or comments about your experience of our service then please tell a member of the team or contact the Patient Advice and Liaison Service on freephone 0800 328 7971.

If you need the information in another language or format please ask us

Nëse ky informacion ju nevojitet në një gjuhë apo format tjetër, ju lutem na kontaktoni

আপনি যদি এই তথ্যাদি অন্য কোন ভাষায় বা মাধ্যমে (ফরম্যাট) পেতে চান তবে দয়া করে আমাদেরকে বলুন

ನಿ ನದನೆ ನಾ ಮಾತಿನಿ ಪಿಣ್ಣು ಪಾಪುನಾಂ ಅಥವಾ ಪಿಣ್ಣು ಪಾಪುನಾಂ ನಿಜವಿ, ನಾ ಹೃದಾ ಕರಿನಿ ಅನುನಿ ಪುಣಿ

यदि आपको यह जानकारी किसी दूसरी भाषा या आकार में चाहिए हो तो कृपया हम से पूछें

若您需要本信息的另一种语言或格式的版本，请与我们联系

ನೀವರ ಬ್ರೂಚ್ನು ಡಿಫೆ ಸಾಫವನಿ ವಿಸಿ ದುನಿ ಡಾಕ್ಟರ್ ನಾಂ ಡಾಕ್ಟರ್ ವಿಚಿ ಕರ್ತವಿ ತಿ ಹೆ ತಾ' ವಿಕರ್ತಾ ನರ ತಿ ಸರ್ಕು ಪುಣಿ

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Oxford Health NHS Foundation Trust  
Trust Headquarters, Warneford Hospital  
Warneford Lane  
Headington  
Oxford OX3 7JX

Switchboard: 01865 901 000  
Email: [enquiries@oxfordhealth.nhs.uk](mailto:enquiries@oxfordhealth.nhs.uk)  
Website: [www.oxfordhealth.nhs.uk](http://www.oxfordhealth.nhs.uk)

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**TOGETHER**  
The Oxfordshire Mental Health Partnership

 **restore**  
working for mental health



IPS employment service

Individual Placement  
and Support (IPS)

Employment service

# Our employment service

## Supporting you to reach your goals.

We know being in employment can positively impact your recovery and wellbeing. Our Individual Placement and Support (IPS) employment service can help to support you back into work.

## What we do

We support unemployed individuals who are motivated to find paid employment and are receiving care from one of our community mental health teams.

## How it works

You will be allocated an employment specialist who will work with you to reach your employment goals.

The specialist will build a picture of your employment needs and goals, before working with you to agree a plan moving forward.

They will support you by following the 8 principles of IPS:

1. **Competitive employment** is the goal. This is either a part-time or full-time paid position (at least minimum wage)
2. **No one is excluded** from the support if they are receiving care from one of our community mental health teams (diagnosis is no barrier)
3. **Individual preferences** are our focus (we job search around what you want to do)

4. **We job search rapidly** (within four weeks of working with you)
5. **We are part of your mental health team** and work closely with others involved in your care
6. **We support you to get advice around benefits** and how these will change once in employment
7. **We can approach employers on your behalf to build a relationship** based on your preferences (and with your permission)
8. **We support you after you have obtained a job, until you feel comfortable** and we can also support your employer if you are happy for us to

## What support looks like practically

Your employment specialist can assist you with:

- Creating and tailoring a CV
- Job searching
- Job applications
- Interview preparation and practice
- Sharing information about your mental health with the employer (if you wish to do this)
- Supporting employer discussions (if you want us to)
- Staying well in work
- Obtaining benefit advice

## Is this service for you?

Are you?

- Currently unemployed

- Over 18 years old
- Under the care of a community mental health team
- Motivated to find work
- Wanting a little bit of extra support
- Ready to start job searching within a month of working with an employment specialist

If you answered yes to the above and want to find out more please contact your care coordinator or email the IPS team on:

[Oxonemploymentservice@oxfordhealth.nhs.uk](mailto:Oxonemploymentservice@oxfordhealth.nhs.uk)

## Feedback for the service

"I found the support helpful as it allowed me to focus on finding work and helped me to stay motivated".

"I have very much appreciated the employment support. It has helped me to build my confidence in the work environment".

"A lot of time was invested to help get the best out of me".