

College Nurse Service

The college nurses are employed by Oxford Health NHS Foundation Trust to help keep young people healthy. We are qualified nurses with a specialist qualification in sexual and reproductive health and are based in colleges throughout Oxfordshire.

What we provide:

We provide a confidential health service available to students up to, and including, 19 years. We offer sexual health advice, including a free contraception service:

- Emergency contraception, pills, patch, injection and the implant
- Free condoms under the Safety C Card Scheme
- Chlamydia and gonorrhoea screening
- Chlamydia treatment
- Pregnancy testing and advice about unplanned pregnancy

Healthy lifestyle:

- Healthy eating and physical activity guidance



Well being:

- Relationship advice
- Emotional health support
- Low mood, low self-esteem
- Anxiety
- Self-harm
- Signposting to specialist services
- Sleep advice

Smoking, drugs and alcohol:

- Support and signposting to stop smoking service with free access to nicotine replacement therapy
- Support for substance misuse & signposting to specialist services

Image courtesy of Aimee Hart via
www.stockphoto.com/view/image/id/3104388898#!Holding+hands

How can you get in touch with or see your college nurse?

Email, text or call:

School health nursing website:

<https://www.oxfordhealth.nhs.uk/school-health-nurses/>

If you would like to have information translated into a different language, please contact the Equality and Diversity Team at: EqualityandInclusion@oxfordhealth.nhs.uk

Contact us

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Arabic يُرجى الاتصال بنا إذا كنتم ترغبون في الحصول على المعلومات بلغة أخرى أو بتسيق مختلف.

Bengali আপনি এই তথ্য অন্য ভাষায় বা আলাদা আকারে পেতে চাইলে অনুগ্রহ করে আমাদের সাথে যোগাযোগ করুন।

Urdu اگر آپ یہ معلومات دیگر زبان یا مختلف فارمیٹ میں چاہتے ہیں تو برائے مہربانی ہم سے رابطہ کریں۔

Chinese 若要以其他語言或格式提供這些資訊，請與我們聯繫

Polish Aby uzyskać informacje w innym języku lub w innym formacie, skontaktuj się z nami.

Portuguese Queira contactar-nos se pretender as informações noutra idioma ou num formato diferente.

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