

Meet our team

We are psychotherapists, nurses and psychologists, and we have training in adult and child mental health.

We have experience working with families with complex problems. We have expertise in parent-child attachment, child and infant mental health, trauma, and family law.

We work as a team, which means we bring multiple viewpoints to your family, a comprehensive assessment of your situation and carefully thought-out treatment.

Contact us

Family assessment and safeguarding service
Raglan House
23 Between Towns Road,
Oxford
OX4 3LX
Phone: 01865 902418
Website: www.oxfordhealth.nhs.uk

If you would like to have information translated into a different language, please contact the Equality and Diversity Team at:

EqualityandInclusion@oxfordhealth.nhs.uk

Arabic يُرجى الاتصال بنا إذا كنتم ترغبون في الحصول على المعلومات بلغة أخرى أو بتسبيق مختلف.

Bengali আপনি এই তথ্য অন্য ভাষায় বা আলাদা আকারে পেতে চাইলে অনুগ্রহ করে আমাদের সাথে যোগাযোগ করুন।
Urdu اگر آپ یہ معلومات دیگر زبان یا مختلف فارمیٹ میں چاہتے ہیں تو برائے مہربانی ہم سے رابطہ کریں۔

Chinese 若要以其他語言或格式提供這些資訊，請與我們聯繫

Polish Aby uzyskać informacje w innym języku lub w innym formacie, skontaktuj się z nami.

Portuguese Queira contactar-nos se pretender as informações noutro idioma ou num formato diferente.

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Oxford Health
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Family assessment
and safeguarding
service (FASS)

What to expect

Referral

Once we receive a referral for your family, we meet with the professionals who are already involved in your care. We gather as many viewpoints as possible so that we can get a balanced picture of your circumstances.

First appointment

When we first meet you, we will think through the concerns about your family from your point of view, and consider whether working with us is likely to be helpful for you. Sometimes the first appointment may be for the whole family, sometimes only one or two members of the family will attend.

Further assessment

We may invite you in again for more discussion about your family situation, some observed play sessions, or some questionnaires. These assessments will help us clarify the unique strengths and difficulties in your family and tailor our work to your particular needs.

Treatment

Treatment at FASS usually involves joining a parent group, and having your own individual therapy too. Depending on your needs, we may offer you mentalization-based therapy, psychotherapy, family therapy, parent-child sessions, trauma-focussed therapy, cognitive-behavioural therapy, or video-interaction guidance.

Our approach

We focus on family relationships

We work alongside you - the parent or carer - and we focus on family relationships. We help grow strong, loving, and thoughtful connections between family members, because we know this is crucial for your child's development.

We support change

If your family has already been through difficulties we want to help you recover, help you make sense of what has happened, and help you to make changes that will benefit your child into the future.

We aim for clear communication

If you are like most of the parents we work with, we know that your child's wellbeing and safety is your priority. It's our priority too.

Our goal is always to help keep children safe - physically, and emotionally. To do this, we work with others involved with your family, which will include your social worker and your GP. We sometimes attend child protection meetings.

We understand how difficult and worrying it can be for parents and carers when their children are made subject to a child protection plan. We encourage you to ask questions at any point if you're unsure about the FASS process or about our role with your family.

Who does FASS help?

We help families where there are safeguarding concerns. If you have been referred to FASS, your children may be subject to a child protection plan or supervision order. Often, the families we work with have complex difficulties with relationships, parenting or mental health.