

Liaison with professionals

Throughout our work together we will liaise with your professional support network and make recommendations. We may attend child protection conferences or core groups.

Contact us

Family assessment and safeguarding service (FASS)

Raglan House, 23 Between Towns Road,
Oxford, OX4 3LX

Phone: 01865 902418

Website: www.oxfordhealth.nhs.uk

Concerns and complaints

We aim to provide you with a high quality service at all times. However, if you have any concerns, complaints or comments about your experience of our service then please tell a member of the team or contact the Patient Advice and Liaison Service on freephone 0800 328 7971.

If you would like to have information translated into a different language, please contact the Equality and Diversity Team at:

EqualityandInclusion@oxfordhealth.nhs.uk

Arabic يُرجى الاتصال بنا إذا كنتم ترغبون في الحصول على المعلومات بلغة أخرى أو بتسبيق مختلف.

Bengali আপনি এই তথ্য অন্য ভাষায় বা আলাদা আকারে পেতে চাইলে অনুগ্রহ করে আমাদের সাথে যোগাযোগ করুন।

Urdu اگر آپ یہ معلومات دیگر زبان یا مختلف فارمیٹ میں چاہتے ہیں تو برائے مہربانی ہم سے رابطہ کریں۔

Chinese 若要以其他語言或格式提供這些資訊，請與我們聯繫

Polish Aby uzyskać informacje w innym języku lub w innym formacie, skontaktuj się z nami.

Portuguese Queira contactar-nos se pretender as informações noutro idioma ou num formato diferente.

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Email: enquiries@oxfordhealth.nhs.uk
Website: www.oxfordhealth.nhs.uk

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NHS Foundation Trust



Family assessment and safeguarding service

Lighthouse parents

Mentalization based group programme

Who does FASS help

We help families where there are safeguarding concerns. If you have been referred to FASS, one or more of your children are probably subject to a child protection plan.

Often, the families we work with have experienced complex difficulties with relationships, parenting or mental health.

Like many of the parents and carers we see, you may have experienced some trauma in your own childhood or other difficult life experiences.

Referrals

Most of our referrals come from social workers or health professionals. When we receive a referral for your family, we meet with all the professionals involved with your family. We gather as many viewpoints as possible so that we can get a balanced picture of your family's circumstances.

Our approach

Our aim is to reduce the impact of serious negative experiences in childhood. We work alongside you, the parent or carer, and focus on family relationships. We help to build strong, loving and thoughtful relationships between family members, because we know this is crucial for your child's development.

We emphasise open communication because your child's safety and wellbeing is our priority. We work closely with others involved with your family, which will include your social worker and GP.

We understand how difficult and worrying it can be for parents and carers when their children are made subject to a child protection plan. We encourage you to ask questions at any point if you're unsure about the FASS process or about our role with your family.

What to expect

Initial appointment

Together, we will think through the concerns about your family. Sometimes the first appointment may be for the whole family, sometimes only some members of the family will attend.

Further assessment

We may then invite you in for more discussion about your family situation, some observed play sessions, or some questionnaires. These assessments will help us clarify the unique strengths and difficulties in your family and tailor our work to your particular needs.

Treatment

Your treatment at FASS typically involves a group programme for parents plus individual therapy. We may offer you mentalization-based therapy, trauma-focussed therapy, psychotherapy, cognitive behavioural therapy or video-interaction guidance.