

Neurodevelopmental Conditions (NDC) Service

Information for parents, carers and professionals



Child and Adolescent Mental Health Service (CAMHS)

What is the Neurodevelopmental Conditions Service?

The neurodevelopmental conditions (NDC) Service offers assessment of autism spectrum disorder (ASD), attention deficit and hyperactivity disorder (ADHD) and other neurodevelopmental conditions. If required, ongoing management will be offered for those requiring other interventions, such as medication or psychological therapy. The NDC Service is part of the integrated child and adolescent mental health service (CAMHS) for children and young people aged 5-18 and their families / carers.

If individual therapy is required, children and young people will receive support from other services within CAMHS, to which the NDC will consult to provide specialist knowledge and support. The NDC Service will only provide a therapeutic intervention to young people with neurodevelopmental conditions who require considerable adaptations to be able to access psychological therapy.

Assessments

The length and the number of people involved in the assessment varies depending on clinical need. The assessment involves meeting with the young person and relevant family members, as well as liaison with schools and other professionals. Assessment may take place over several sessions and may involve the use of standardised assessments such as the Autism Diagnostic Observation Schedule (ADOS) or Qb Test for Attention Deficit Hyperactivity Disorder. We routinely screen for all neurodevelopmental conditions (including Autism, ADHD, and Tourette's) irrespective of the reason for the initial referral.

Treatment

The service has a strong emphasis on teaching parents, children and young people the skills required to understand and manage their neurodevelopmental condition. Following a diagnosis, post diagnostic parent ASD and ADHD workshops are offered to everyone. Where a diagnosis already exists, discrete pieces of intervention or therapeutic work can be offered to families whose needs cannot be met within the generic CAMHS service. Interventions that are offered, are individually tailored to the needs of each child, young person or family. Examples of interventions offered by the NDC Service are: psychoeducation, groups for parents and young people, 1:1 therapy (e.g. Cognitive Behavioural Therapy), and medication.

Care -Coordination

In more complex cases, a clinician in the NDC pathway may provide ongoing care co-ordination. They will liaise with family and all professionals and ensure that there is a consistent care plan.

Duty

Consultations are offered to other CAMHS professionals for advice in cases where there are questions about diagnosis as well as for support with delivering interventions, including medication. The outcome of a consultation may be a referral to the NDC for direct input or the existing CAMHS team and professional(s) continuing to provide input.

The NDC consultation is also open to parents and young people who have been previously open to the service but discharged within a year. If parents or the young person are uncertain if a referral is needed or re-referral is being requested, the consultation service will support them with gathering information and then decide on how to proceed.

For those young people currently open to the service, NDC will offer urgent telephone or face to face reviews, Monday to Friday (9am-5pm). As clinically appropriate, if intense 24-hour crisis intervention is required, this will be provided by the crisis team.

Who's in the team

The service is delivered by a multi-disciplinary team (MDT) who can deliver a range of evidence-based assessments, consultations and therapeutic interventions. Staff come from diverse disciplines and include;

- Doctors (Psychiatrists and Paediatrician)
- Psychologists
- Nurses
- Social Workers
- Speech and Language Therapists
- Occupational Therapists
- Non-Medical Prescribers
- Clinical Support Worker

How to refer

Referrals can be made via the Single Point of Access (SPA) service where they are screened and if appropriate forwarded onto the NDC pathway. You can self-refer or be referred by another professional such as a GP or school.

This can be by either calling 01865 902 515, or emails us at OxonCAMHSSPA@oxfordhealth.nhs.uk

Service hours

Working hours are from 9 – 5 weekdays (not including bank holidays) with flexible out of hours working for specific tasks.

Concerns and complaints

We aim to provide you with a high quality service at all times. However, if you have any concerns, complaints or comments about your experience of our service then please tell a member of the team or contact the Patient Advice and Liaison Service on freephone: 0800 328 7971.

Notes:

If you would like to have information translated into a different language, please contact the Equality and Diversity Team at: EqualityandInclusion@oxfordhealth.nhs.uk

Arabic يُرجى الاتصال بنا إذا كنتم ترغبون في الحصول على المعلومات بلغة أخرى أو بتنسيق مختلف.

আপনি এই তথ্য অন্য ভাষায় বা আলাদা আকারে **Bengali**

পেতে চাইলে অনুগ্রহ করে আমাদের সাথে যোগাযোগ করুন।

Urdu اگر آپ یہ معلومات دیگر زبان یا مختلف فارمیٹ میں چاہتے ہیں تو برائے مہربانی ہم سے رابطہ کریں۔

Chinese 若要以其他語言或格式提供這些資訊，請與我們聯繫

Polish Aby uzyskać informacje w innym języku lub w innym formacie, skontaktuj się z nami.

Portuguese Queira contactar-nos se pretender as informações noutra idioma ou num formato diferente.

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