

Safe!

Support for Young People
Affected by Crime

NHS

Oxford Health
NHS Foundation Trust



Supporting young people and families affected by sexual harm

Information for young people

Horizon

Information for young people
and their families

Who are we and what do we do?

We are a mental health team who specialise in helping young people who have had experiences of sexual harm.

These experiences could be causing you some distress or affecting your life in another way but our aim is to always help you deal with your distress and support you to take steps forward.

How can you get help from our service?

If you would like to get help from our service, you can ask the following people to contact us:

- Teachers
- GPs
- Social Worker

Any other professional who is supporting you can also refer to us.

**CAMHS Horizon Service
Maple House
The Slade
Horspath Driftway
Oxford
OX3 7JH**

Email: oxfordhealth.horizon@nhs.net

What's the first step forward?

Where possible an appointment will be offered to you for an assessment in a place that suits you.

The assessment will be with a qualified member of staff who will work with you to agree what kind of help you might need.

The assessment will take about one hour and you will also be able to ask any questions or voice any concerns you may have



If you would like to have information translated into a different language, please contact the Equality and Diversity Team at: EqualityandInclusion@oxfordhealth.nhs.uk

Arabic يُرجى الاتصال بنا إذا كنتم ترغبون في الحصول على المعلومات بلغة أخرى أو بتسبيق مختلف.

আপনি এই তথ্য অন্য ভাষায় বা আলাদা আকারে **Bengali** পেতে চাইলে অনুগ্রহ করে আমাদের সাথে যোগাযোগ করুন।
Urdu اگر آپ یہ معلومات دیگر زبان یا مختلف فارمیٹ میں چاہتے ہیں تو برائے مہربانی ہم سے رابطہ کریں۔

Chinese 若要以其他語言或格式提供這些資訊，請與我們聯繫

Polish Aby uzyskać informacje w innym języku lub w innej formie, skontaktuj się z nami.

Portuguese Queira contactar-nos se pretender as informações noutra idioma ou num formato diferente.

Oxford Health NHS Foundation Trust
Trust Headquarters
Warneford Hospital
Warneford Lane
Headington
Oxford
OX3 7JX

Switchboard 01865 901 000
Email enquiries@oxfordhealth.nhs.uk
Website www.oxfordhealth.nhs.uk

Become a member of our Foundation Trust
www.ohftnhs.uk/membership