

## Referral criteria:

- young person is under 18.
- lives in Buckinghamshire or Oxfordshire
- is displaying sexually harmful or problematic behaviour(s).

## Will my referral be accepted?

Yes. All referrals that meet the above criteria will be accepted.

You will receive confirmation that your referral has been received and be guided to the clinician who will undertake a telephone consultation with you in the first instance. This will enable us to recognise the immediate issues, and further information that may be needed in order to consider the most appropriate pathway for a young person.

In nearly all cases you will remain involved. We will work with you to identify suitable professionals to undertake work should this be required and support you throughout the process.

## Contact the team

Telephone: 01865 902613

Email: [Cahbs.team@oxfordhealth.nhs.uk](mailto:Cahbs.team@oxfordhealth.nhs.uk)

## Useful links

As well as referring to CAHBS you may wish to view the following: [www.brook.org.uk/old/index.php/traffic-light-tool-0-to-5](http://www.brook.org.uk/old/index.php/traffic-light-tool-0-to-5)

If you would like to have information translated into a different language, please contact the Equality and Diversity Team at:  
[EqualityandInclusion@oxfordhealth.nhs.uk](mailto:EqualityandInclusion@oxfordhealth.nhs.uk)

أرجى الاتصال بنا إذا كنتم ترغبون في الحصول على المعلومات بلغة أخرى أو بتنسيق مختلف.

আপনি এই তথ্য অন্য ভাষায় বা আলাদা আকারে পেতে চাইলে অনুগ্রহ করে আমাদের সাথে যোগাযোগ করুন।  
Urdu اگر آپ یہ معلومات دیگر زبان یا مختلف فارمیٹ میں چاہتے ہیں تو برائے مہربانی ہم سے رابطہ کریں۔

Chinese 若要以其他語言或格式提供這些資訊，請與我們聯繫

Polish Aby uzyskać informacje w innym języku lub w innej formie, skontaktuj się z nami.

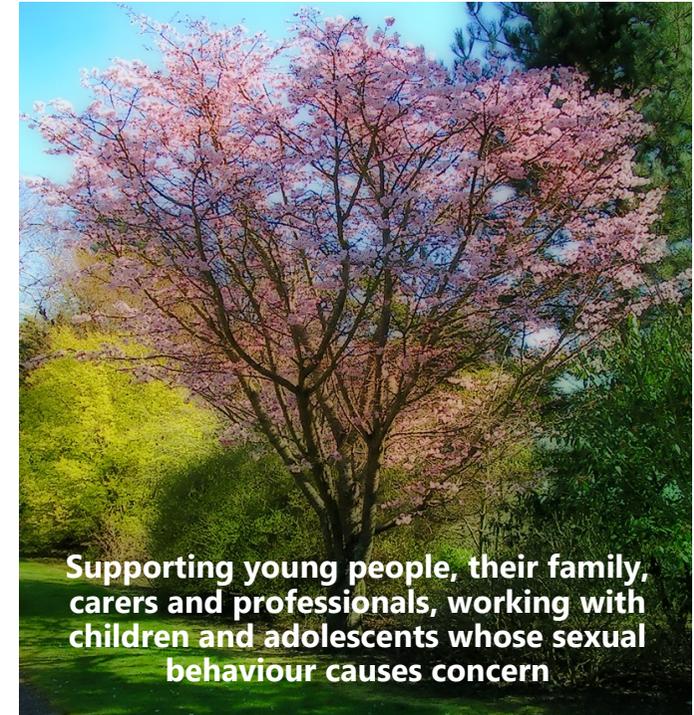
Portuguese Queira contactar-nos se pretender as informações noutro idioma ou num formato diferente.

Oxford Health NHS Foundation Trust  
Trust Headquarters  
Warneford Hospital  
Warneford Lane  
Headington  
Oxford  
OX3 7JX

Switchboard: 01865 901000  
Email: [enquiries@oxfordhealth.nhs.uk](mailto:enquiries@oxfordhealth.nhs.uk)  
Website: [www.oxfordhealth.nhs.uk](http://www.oxfordhealth.nhs.uk)

Become a member of our Foundation Trust  
[www.ohfnhs.uk/membership](http://www.ohfnhs.uk/membership)

Cover image courtesy of Maciej Lewandowski, entitled *Spring tree* via [www.stockpholio.net/view/image/id/442545967#!Spring+tree](http://www.stockpholio.net/view/image/id/442545967#!Spring+tree)



**Supporting young people, their family, carers and professionals, working with children and adolescents whose sexual behaviour causes concern**

CAHBS

**Child and Adolescent Harmful Behaviour Service (CAHBS): Information for professionals**

## Introduction

Children at any age display behaviours that cause concern for others. You may have a child or young person that you are working with, or who has recently been referred to your service, who displays sexual behaviour that causes concern.

CAHBS offers a service to professionals, families and young people to help understand the behaviour.

There are occasions when the behaviour displayed needs to be understood in the context of a number of other factors; such as family life, developmental history, educational history and social. You may feel that you need some support in understanding these elements to a child's behaviour.

## About CAHBS

CAHBS is a specialised non-mental health element of an integrated service model of care in the Child and Adolescent Mental Health Service (CAMHS) within Oxford Health NHS Foundation Trust. Operating across Oxfordshire and Buckinghamshire we support a multiagency response, largely consultancy-based service, to young people displaying concerning sexual behaviour.

CAHBS is a team of professionals with diverse backgrounds including psychology, psychiatry, mental health nursing and social care.

""Would recommend colleagues to contact CAHBS for cases with sexually harmful behaviour." *Professional*

## Referring young people to the service

You may wish to refer to the service to gain some guidance around how to manage a young person's sexually harmful or problematic behaviour.

We will support you and the rest of the professional network in responding collectively to this behaviour to meet the needs of the young person.

## What if the police are involved with my child?

Referrals will be made by professionals working with young people following discussion with parents, carers or young people about contacting us. Following referral we will talk to professional(s) to decide the level of support needed.

This will include:

- offering advice
- offering ongoing support to professionals
- supporting or offering direct assessment or intervention

In some cases we may:

- speak to you or the young person
- ask you or the young person to complete questionnaires.

In all cases we will help you to focus initially on safeguarding and risk management arrangements that are in place to address the risk to others' as well as their own safety.

## Training

"Thank you - very grateful for the support provided by CAHBS." *Professional*

We are able to offer tailored training and in-house discussions to support your team's understanding of the service, and ways in which you can work with young people and their families to address the sexually problematic or harmful behaviour that has taken place.

Please contact us to discuss further.

We also offer training events through Oxfordshire Safeguarding Children Board (OSCB) and Buckinghamshire Safeguarding Children Board (BSCB).

## What if the police are involved?

In some cases young people's sexual behaviour breaks the law. In such cases CAHBS will not become directly clinically involved until the police process has come to a conclusion. However, we can still support the professional network with identifying the needs of the young person and considering the risk management that is required to support reduction in behaviours.

In some instances we are contacted directly by the police in order to support decision making in relation to a young person's sexual behaviour.

In these instances we will offer an assessment and guidance around whether the young person is willing to address their behaviour and what type of intervention may support risk reduction.