



Information

Community Bladder and Bowel Adult Service

What is the Bladder and Bowel Service?

The Bladder and Bowel Service offers clinical assessment, individualised treatment and support to improve bladder and bowel health.

We are a nurse-led service that specialises in continence care and our aim is to support patients and carers as much as possible while they are dealing with bladder and bowel issues.

We work with children and adults to promote healthy bladders and bowels through lifestyle management. We aim to improve quality of life and promote dignity and independence through assessment, treatment plans and care reviews.

Initial assessment is usually an hour long. Follow up appointments are usually 30 minutes long.

Initial assessment includes history taking, advice and treatment options. A care plan is commenced. Completion of bladder and/or bowel diaries are an essential part of the assessment to enable diagnosis and best treatment outcomes in line with NICE guidelines.

We see patients in clinics across Oxfordshire, and we visit housebound patient with complex needs at their home if patients are unable to get to clinic.

We provide the following services for adults:

- Work with people with bladder, incontinence and constipation issues.
- Assessment of trans-anal irrigation
- Support and management of continence products including urinary sheaths, anal plugs and trans-anal irrigation assessment.
- Pelvic floor muscle assessment and exercise tuition
- Bladder retraining
- Intermittent self-catheterisation tuition and support

Provide teaching, training and support for other healthcare practitioners, including catheter and relevant medication queries.

The Team

The Team is a nurse led service that consists of Specialist Nursing Practitioners, Nurses and Assistant Practitioner.

We work Monday to Friday between 8am-5pm undertaking nurse led clinics across Oxfordshire.

Please note that you can self refer or ask a GP or other healthcare professional (e.g., a health visitor) to refer you.

**Community Bladder and Bowel Service
Witney Community Hospital
Welch Way
Witney
OX28 6JJ**

Telephone (answerphone): 01865 904 303

Email: bladderandbowelserviceadults@oxfordhealth.nhs.uk

Comments, suggestions and complaints

We are committed to providing a high standard of professional support and advice. To help us maintain this we welcome any feedback that you have regarding your experiences of our service.

Please share your comments, suggestions or complaints with a member of the team. Alternatively you can contact the Patient Advice and Liaison Service (PALS). PALS provides advice and support to patients, their families and carers and can help to resolve any problems, concerns or complaints that you may have.

You can contact PALS free on telephone 0800 328 7971.

If you would like to have information translated into a different language, please contact the Equality and Diversity Team at: EqualityandInclusion@oxfordhealth.nhs.uk

Arabic يُرجى الاتصال بنا إذا كنتم ترغبون في الحصول على المعلومات بلغة أخرى أو بتسليق مختلف.

Bengali আপনি এই তথ্য অন্য ভাষায় বা আলাদা আকারে

পেতে চাইলে অনুগ্রহ করে আমাদের সাথে যোগাযোগ করুন।

Urdu اگر آپ یہ معلومات دیگر زبان یا مختلف فارمیٹ میں چاہتے ہیں تو برائے مہربانی ہم سے رابطہ کریں۔

Chinese 若要以其他語言或格式提供這些資訊，請與我們聯繫

Polish Aby uzyskać informacje w innym języku lub w innym formacie, skontaktuj się z nami.

Portuguese Queira contactar-nos se pretender as informações noutra idioma ou num formato diferente.

Oxford Health NHS Foundation Trust
Trust Headquarters
Littlemore Mental Health Centre
Sandford Road
Littlemore
Oxford
OX4 4XN

Switchboard 01865 901 000
Email enquiries@oxfordhealth.nhs.uk
Website www.oxfordhealth.nhs.uk

Become a member of our Foundation Trust
www.ohftnhs.uk/membership