



Oxford Health
NHS Foundation Trust



Specialised Services

Reasonable Adjustment Service for Autistic People and People with a Learning Disability (to access Mental Health Pathways)

Oxford Health NHS Foundation Trust—Caring, safe and excellent

Background

- The Autism Act (2009) and The Equality Act (2010) says that services must make 'reasonable adjustments' for people with learning disabilities and people with autism.
- Reasonable adjustments mean making changes to services so that they are easier for people with learning disabilities and people with autism to use.
- This means that services MUST support and meet the needs of people who have additional needs.

Who are we?

- We are a team of 3 Nurses, with a background in learning disabilities, and an experienced social care practitioner, with a background in learning disabilities
- We work across Oxfordshire joint working with professionals within an Oxford Health Service (or a partnership service) and Oxfordshire County Council who are working with an autistic adult, or an adult suspected to be autistic.
- We work with people with a learning disability who are not known to Learning Disability Services, but are receiving services from mental health teams.
- We offer a consultation and signposting service for Oxford Health services in Buckinghamshire and West Berkshire.
- We can only work with individuals who are open to one of these services.
- As a liaison service, we do not hold a caseload.

Our Services

We offer different levels of support to the primary team/care coordinator, which alters on a case by case basis:

Advice and intervention offer:	These are a few examples of the work we complete, but is not limited to:
<u>Tier 1:</u> Brief advice via the phone or email. We may signpost you to a more appropriate service.	Support around basic reasonable adjustments Advice and support around needs in relation to ASD
<u>Tier 2:</u> Fuller assessment required, or more detail advice and support is required, when the person's needs are more complex or a more thorough look through their clinical notes is needed.	Screening ASD Attending a meeting/review and offering support Support inpatient admission
<u>Tier 3:</u> Need a specialist assessment or intervention alongside the MDT, but do not require long-term involvement.	Joint assessment e.g. care act assessment Review of positive behavior support plan Transition planning Feeding into individuals care plans
<u>Tier 4:</u> Specialist assessment and intervention that require support over a long period. These are jointly case worked with their primary team, as a specific part of their care plan.	Zones of regulation Pacing and prioritization Spoon theory Holistic Nursing Assessment

Other functions:

- On request, we also offer bespoke training to Oxford Health teams and services on e.g. reasonable adjustments, communication or autism.
- Care certificate training
- We support with the Care and Treatment Review process
- Involvement in service development projects
- Audit of mental health wards and implementation of Green Light Toolkit

How to make contact

A referral does not need to be completed to access our service.

If you would like support with a individual you are involved with, please email our team with their **NHS number** and a **summary** of what you would like support with.

All routine requests will be screened and triaged on Wednesday mornings at our team meeting. Requests received after this will be screened the following week. If your request is urgent, please resend your email and mark this as 'high importance', and we will respond to this sooner.



Email:

Reasonableadjustmentservice@oxfordhealth.nhs.uk



Opening Hours:

Monday – Friday 9am – 5pm

Concerns and complaints

We aim to provide you with a high quality service at all times. However, if you have any concerns, complaints or comments about your experience of our service then please tell a member of the team or contact the Patient Advice and Liaison Service on freephone 0800 328 7971.

If you would like to have information translated into a different language, please contact the Equality and Diversity Team at: EqualityandInclusion@oxfordhealth.nhs.uk

Arabic يُرجى الاتصال بنا إذا كنتم ترغبون في الحصول على المعلومات بلغة أخرى أو بتسليق مختلف.

Bengali আপনি এই তথ্য অন্য ভাষায় বা আলাদা আকারে

পেতে চাইলে অনুগ্রহ করে আমাদের সাথে যোগাযোগ করুন।

Urdu اگر آپ یہ معلومات دیگر زبان یا مختلف فارمیٹ میں چاہتے ہیں تو برائے مہربانی ہم سے رابطہ کریں۔

Chinese 若要以其他語言或格式提供這些資訊，請與我們聯繫

Polish Aby uzyskać informacje w innym języku lub w innym formacie, skontaktuj się z nami.

Portuguese Queira contactar-nos se pretender as informações noutra idioma ou num formato diferente.

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