



**OXFORDSHIRE
COUNTY COUNCIL**

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NHS

Oxford Health
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Sexual health information

Patient information leaflet for treatment of Chlamydia with Azithromycin 2g

Chlamydia

Chlamydia is the most commonly diagnosed sexually transmitted infection (STI) in the UK and is most common in men and women under 25 years old.

Chlamydia is easily passed from one person to another and most commonly spread through unprotected (without a condom) vaginal or anal sex.

The bacteria that cause chlamydia are found in the semen, vaginal fluids and saliva of people who have the infection.

If chlamydia is not treated it can cause pelvic pain, ectopic pregnancy (a pregnancy in the fallopian tubes) and infertility (being unable to have children). The risk is increased if you get the infection again and again.

Symptoms

Most people with chlamydia do not get any symptoms. If you do get symptoms you may notice the following:

- unusual vaginal discharge
- pain during sex or when you pee
- bleeding after sex or between periods
- pelvic pain (pain in the lower part of the stomach)
- painful testicles

If you have any of these symptoms you should attend your GP's or a sexual health clinic.

Treatment for Chlamydia

You have been given this leaflet because you have either been diagnosed with chlamydia or a recent sexual partner has been diagnosed with chlamydia and has advised you to get tested and treated.

The antibiotic you have been given is Azithromycin 2g.
The box contains 8 x 250mg capsules or tablets.

Take 4 Azithromycin capsules or tablets as a single dose on an empty stomach either 1 hour before food, or 2 hours after food. Then take 2 tablets once a day for the next 2 days

You should not take indigestion remedies two hours before or for two hours after taking the azithromycin.

Possible side effects include:

- stomach discomfort
- feeling or being sick
- diarrhoea

To avoid re-infection

It is really important that you take this treatment correctly and that any people who you have had sex with recently should also be tested and treated.

You should have no sexual contact (including genital, oral or anal sex even with a condom) for seven days after treatment.

You should not have any sexual contact with any current sexual partners until they have also completed their treatment (for example, seven days from administration if also treated with azithromycin).

You should contact your school or college nurse, GP or sexual health clinic if:

- you have any questions or worries
 - you have any problems with taking this treatment
- you have had sexual contact with an untreated partner or sexual contact in the seven days after you finished your treatment

Date of treatment:

College or School nurse:

Contact details:

Retesting for chlamydia

It is a good idea to test again about three months after you finish your treatment.

You may be contacted about the option of getting retested, or you can see your School/College nurse to re-test.

People who have had chlamydia once are more likely to get it again, which is why it is important to retest as above and annually, or every time you have sex or intimate contact with someone new.

Protecting yourself from chlamydia and other STIs

You can reduce your risk of getting or passing on chlamydia and other STIs by:

- always using a condom every time you have sex or intimate contact with someone new
- reducing your number of sexual partners
- getting screened for chlamydia every year or every time you have sex or intimate contact with someone new

Further information:

<https://www.nhs.uk/conditions/Chlamydia/>

School health nursing website:

<https://www.oxfordhealth.nhs.uk/school-health-nurses/>

Approved by Andrea Kirtland, October 2019

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www.stockpholio.com/view/image/id/3104388898#!Holding+hands

Notes

If you would like to have information translated into a different language, please contact the Equality and Diversity Team at: EqualityandInclusion@oxfordhealth.nhs.uk

Arabic يُرجى الاتصال بنا إذا كنتم ترغبون في الحصول على المعلومات بلغة أخرى أو بتنسيق مختلف.

Bengali আপনি এই তথ্য অন্য ভাষায় বা আলাদা আকারে পেতে চাইলে অনুগ্রহ করে আমাদের সাথে যোগাযোগ করুন।
Urdu اگر آپ یہ معلومات دیگر زبان یا مختلف فارمیٹ میں چاہتے ہیں تو برائے مہربانی ہم سے رابطہ کریں۔

Chinese 若要以其他語言或格式提供這些資訊，請與我們聯繫

Polish Aby uzyskać informacje w innym języku lub w innym formacie, skontaktuj się z nami.

Portuguese Queira contactar-nos se pretender as informações noutra idioma ou num formato diferente.

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