

Transforming CAMHS in Bath and North East Somerset, Swindon and Wiltshire

- BSW Partnership Board Briefing

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The THRIVE Conceptual Framework

Mental Health Teams in Schools



CAMHS as a system – not a single service

Single Point of Access

Self-help tools and resources

Helpline

In Reach

OSCA

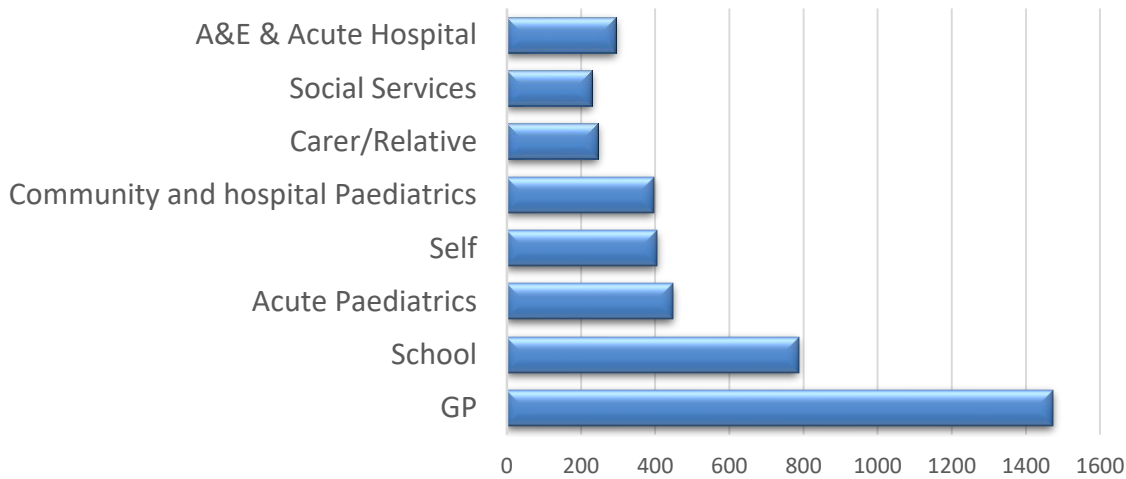
Liaison

Core CAMHS

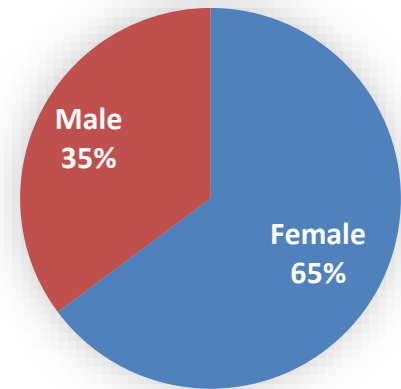
The Eating Disorders Service

Referral patterns in BSW

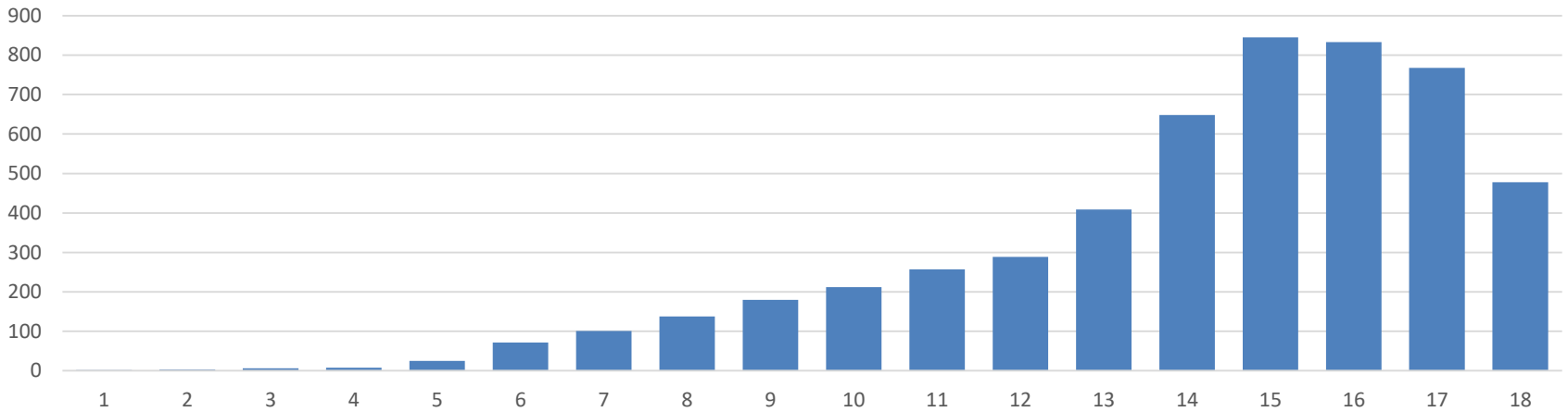
Main referral sources in 2019/20



2019/20 referrals by gender



2019/20 referrals by age



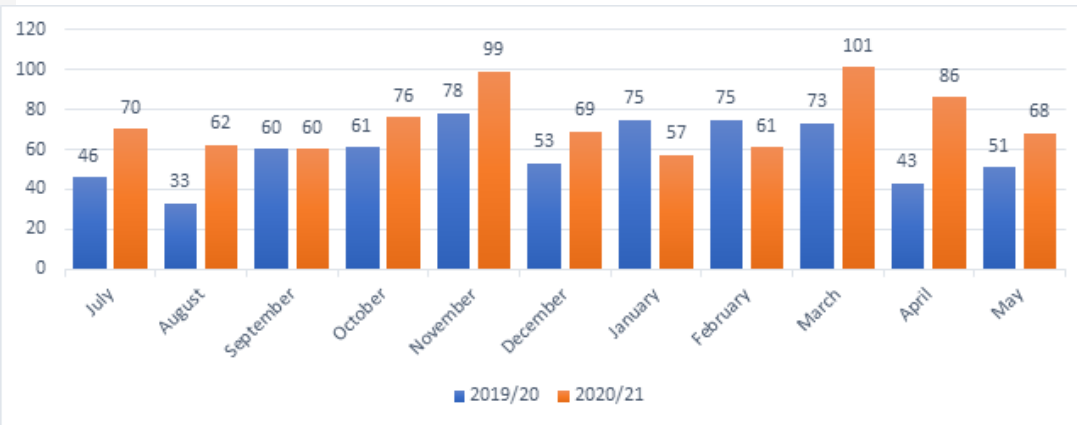
Access indicator data (x 2 unique contacts with a CYP):

CCG	2017/18	2018/19
Wiltshire	1954	2118
BANES	755	790
Swindon	935	1075

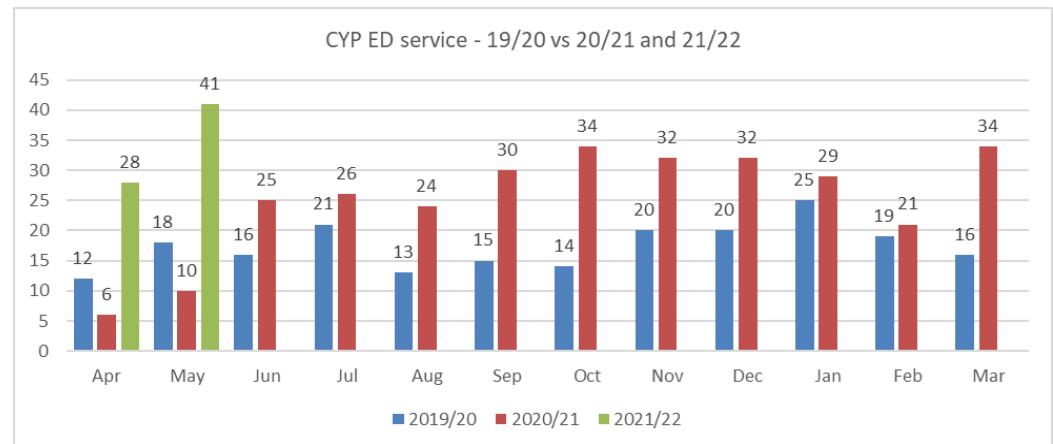
This shows 9% growth.

Current pressures & impact of Covid

Liaison referrals:



CYP Eating Disorder referrals:

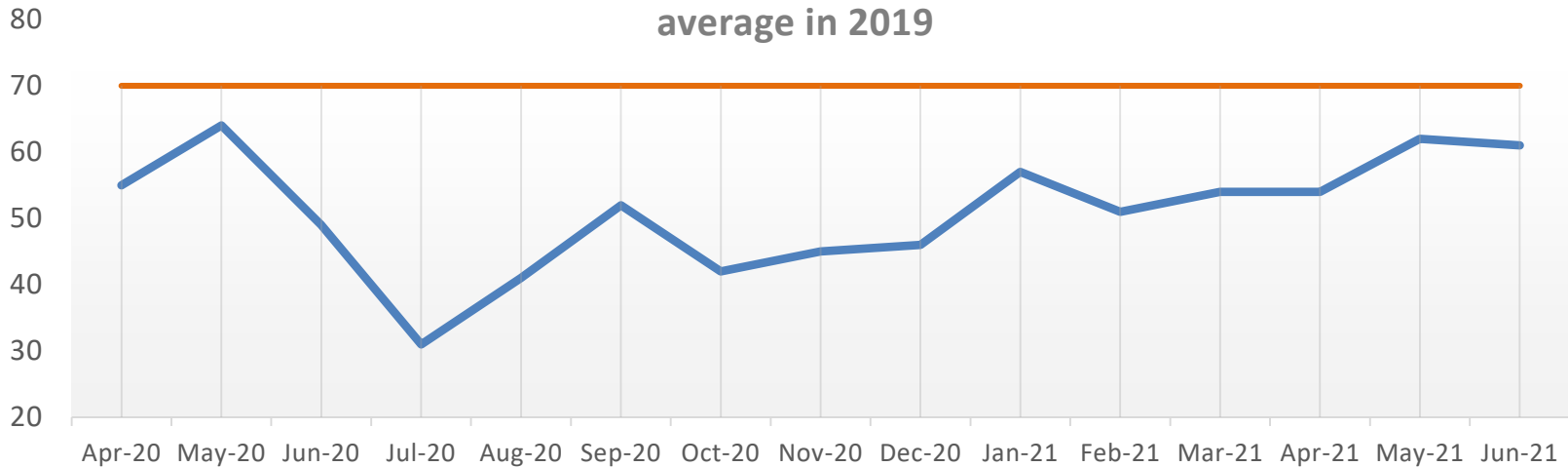


Surging demand in Eating Disorders and Liaison

Performance data shows considerable increases in these areas, associated with pandemic timescales.

Performance – improving access

BSW CAMHS average wait in days. The orange line is the national average in 2019



2019 Benchmarking results – BSW compared to the national mean

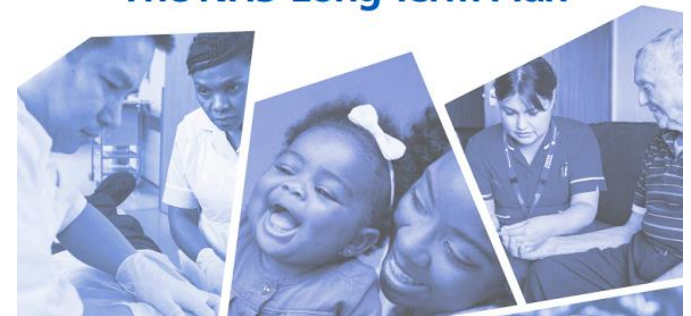
<u>Wait times</u>	National Mean	BSW CAMHS
Mean waiting time to 1st appt (weeks)	10	6
Mean waiting time to 2nd appt (weeks)	15	10
Waiting list to 2nd appt at 31st March per 100,000 pop	436	207
% of patient whose RRT was less than 4 weeks	32%	35%
% of patient whose RRT was 18+ weeks	24%	10%

National targets and requirements for CAMHS

- Mental Health Support Teams in schools and colleges (MHSTs) Expanding access **Our wave 2 teams saw 429 CYP last year for 1-1 work, but not at full clinical capacity as in training until May 2021- now working on subsequent waves**
- Waiting time standards
- Timely & age appropriate crisis support, 24 hours a day, 7 days a week
- A new integrated approach for mental health services for 16 – 25 year olds



The NHS Long Term Plan



Service developments

- Captured in the BSW CAMHS Transformation and Service Improvement Plan and reporting to the Project Board.
- Mobilisation of the LTP funding and CSF: **CYP Eating Disorder expansion**
- Provider Collaborative **Crisis & Home Treatment service**

Additional key elements of the BSW Transformation Plan:

Mental Health Support Team additional waves: 4 & 6 – CYP below CAMHS thresholds

Digital first

Website redesign: self-care focus

Workforce strategy

Dietetics review

Equality & Diversity Group

Out of Hours / MH Helpline transformation

Demand and capacity modelling



Additional investment

LTP funding

To support the delivery of LTP deliverables in relation to CYP mental health and ED

ADULT ED expansion - £322,354K – (4.9 WTE)

Better resourcing the community adult ED team to meet demand and reduce reliance on workforce from the inpatient unit.

Crisis and Home Treatment - £1,016,036 (16 WTE)

To deliver a Home Treatment model and strengthened Crisis function to meet LTP crisis objectives for CYP.

CYP ED - £336,553 (5.3 WTE)

To meet waiting time standards for CYP with ED whilst managing increasing referral rates and complexity

CSF funding

To deliver the BSW vision of mental health support delivered at PCN level

16 – 25 funding - £264,105 (3.6 WTE)

To strengthen the transitions process, deliver culture change and training, be flexible about the move to adult services and provide community hubs under the YIACS model.

ED pathway - £1,057,063 – (7 WTE)

To increase the capacity of the ED service to deliver the FREED model of early intervention, provide support to the obesity pathway and deliver consultation around disordered eating.

To function in an integrated system, alongside the third sector.

CYP Planning Tool / Additional surge transformation funding

To recover LTP priorities from the impact of the Covid 19 pandemic

Crisis & Community - £590K (11 WTE)

To deliver CAPS trainees to meet workforce gaps and work with the VCSE to strengthen assertive outreach.

CYP ED - £180K (2.8 WTE)

To support recovery from the significant increase in demand during the pandemic. To take initial steps which will support the future delivery of a BSW ARFID service.

= 24.9 new CYP WTE
= 11.9 new Adult WTE
= Potential 13.8 CYP WTE