

Falls Project – FallSafe Bundles



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The **overall aim** of the project is to reduce the harm caused by a fall and to reduce the number of falls within Community Hospitals of Oxford Health NHS Foundation Trust (OHFT).

This project is aligned with the OHFT quality account 2018/9 and the national falls CQUIN 2019/20.

The care bundle approach to preventing falls was nationally found to be effective at delivering improvements in processes of care that are important not only for falls prevention but for patient's recovery and wellbeing. This is the approach the teams are taking to reach their aim.

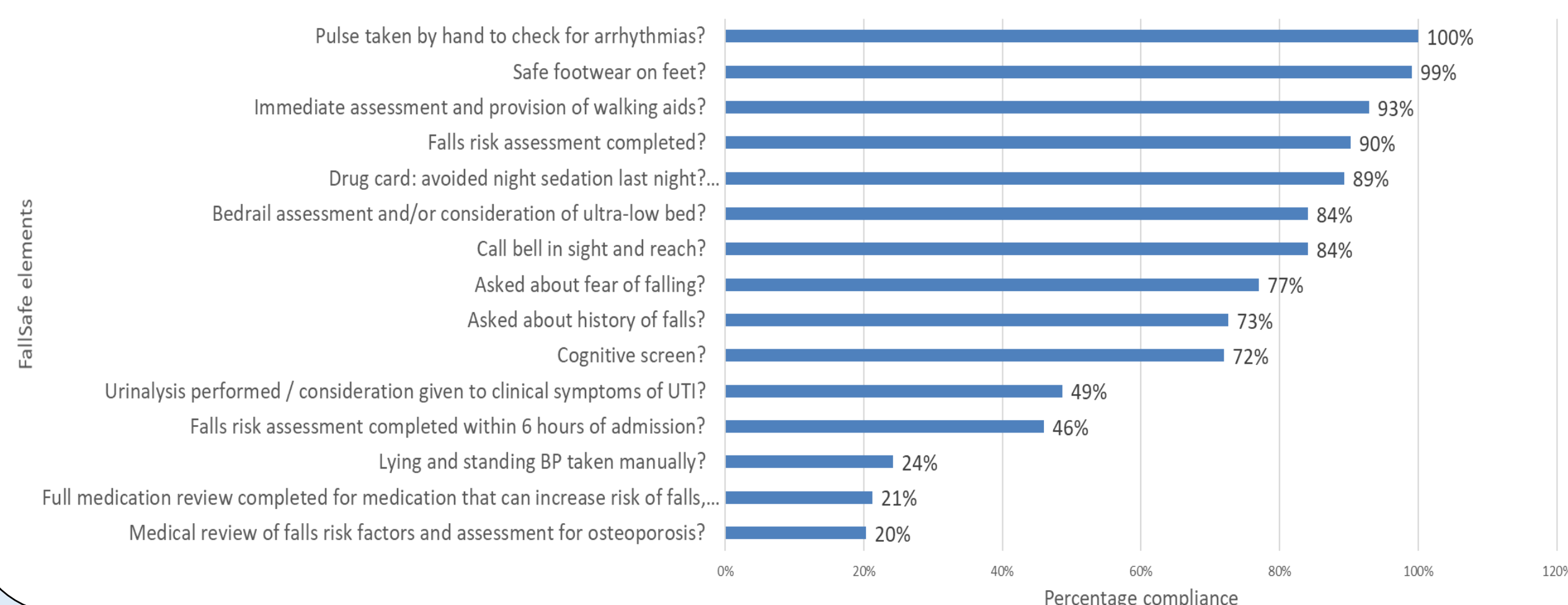
<https://www.rcplondon.ac.uk/guidelines-policy/fallsafe-resources-original>



Teams involved:

- Abbey Ward, Abingdon
- Bicester Community Hospital
- Didcot Community Hospital
- Linfoot Ward, Witney
- Stroke Unit, Abingdon
- Wallingford Community Hospital
- Wenrisc Ward, Witney

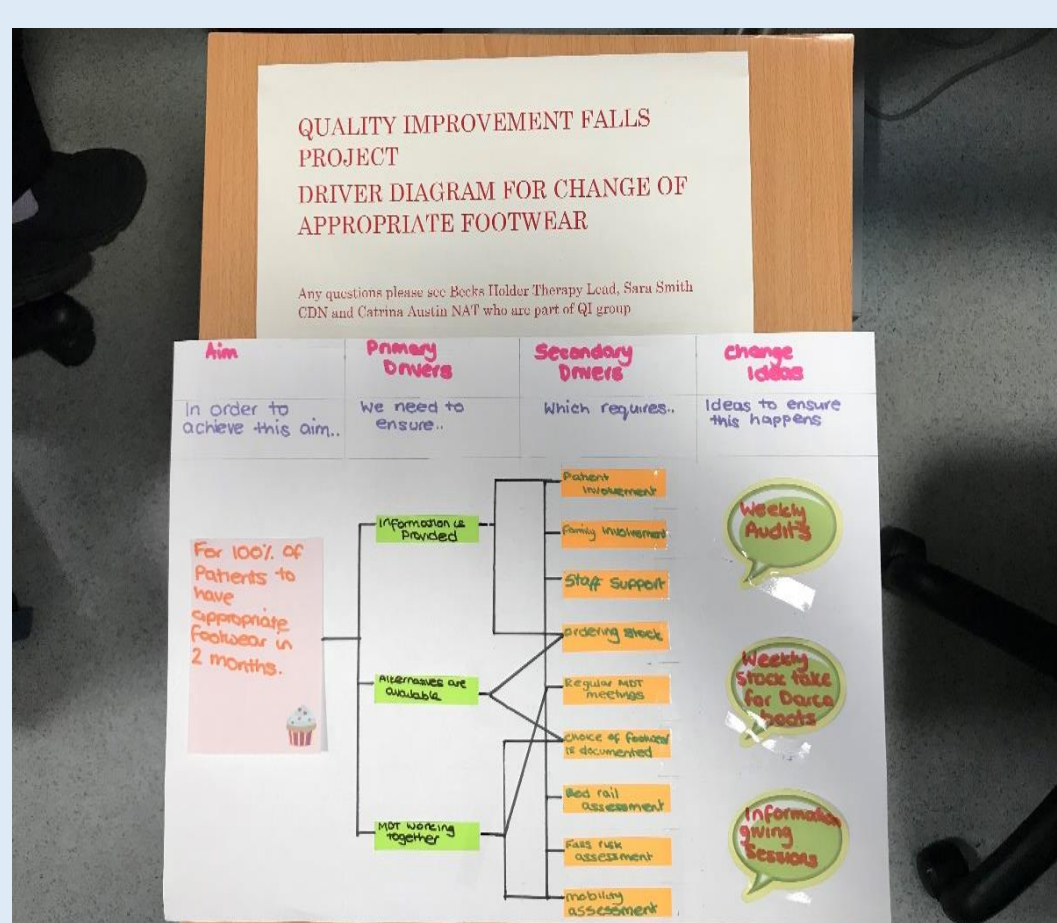
Community Hospitals (excl. City Comm) baseline results combined



Change ideas

- Training sessions for lying and standing BP
- Updating admission check lists and patient status boards
- Introducing new bed rails communication posters
- Purchasing different types of appropriate footwear – patient and staff education sessions

All teams are now refining their driver diagrams



Two examples of improvements to date - All wards combined – only 3 months in!

FallSafe Element	Baseline	July data
Lying and standing BP	24%	62% (64 out of 103 patients)
Mobility Assessment within 24hours	84%	95% (101 out of 106 patients)