

In a Mental Health Crisis?

Bucks Safe Haven is here for you



Do you need...

- Listening support
- Signposting
- Safety planning

If you are an adult in crisis please call us first so we can hold a space for you.

Aylesbury Safe Haven

7 nights a week

6.30pm to 12 midnight

(call from 6pm, last entry at 11pm)

01296 453017

Peach Tree House, The Whiteleaf Centre,
Oxford Health NHS Foundation Trust,
Bierton Road, Aylesbury, HP20 1EG

High Wycombe Safe Haven

7 nights a week

6.30pm to 12 midnight

(call from 6pm, last entry at 11pm)

01494 218098

Buckinghamshire Mind,
260 Desborough Road,
High Wycombe, HP11 2QR

buckssafehaven@oxfordhealth.nhs.uk
www.bucksmind.org.uk

Working in partnership with:

