



Why should I have my flu jab this year?



- Getting your Flu jab ,can stop you getting very ill with Flu.
- Getting your Flu jab can help to stop your friends and family getting ill with Flu.



- This year we think more people will get Flu because:
- People didn't mix very much last winter because of COVID.



If people get Flu and Covid together people become very ill and may need to go to hospital.



If you have had your Covid Vaccine it is safe for you to have the Flu Vaccine

