



March 2022



Get inspired by Maddy, Hannah-Louise & David

Hannah-Louise Toomey was a public governor for Oxford Health until she joined the Trust as an occupational therapist at the Highfield Unit in autumn 2021. She told us on a video what inspired her to become a governor and how she engaged with the communities that matter to her.



Get inspired by Hannah-Louise's contagious enthusiasm! Watch the video [here](#).

"It's been quite a journey, and it is not over yet! I noticed the need for change when I was receiving support from Oxford Health, and this prompted me to become a governor. Earlier I had been inspired by the incredible treatment that I was given by Cotswold House and decided to embark on a Masters of Science Degree in Occupational Therapy.

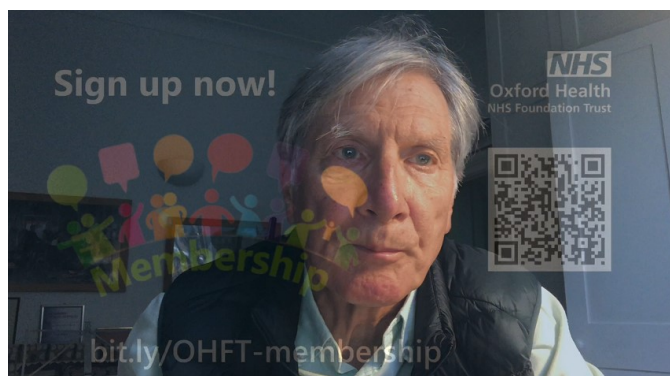
Many years later, I now work for the Trust as an occupational therapist at the Highfield Unit, which was always my dream job! As tempting as it was to run for staff governor this year, I have decided to prioritise my new job – but I will be running next year for sure!"

Maddy Radburn has been a public governor for Oxfordshire for six years. She is through and through community health champion and spoke to us on video what being a governor for our Trust has meant to her. She also has some good tips for how to make the most of being a governor!



Get inspired by Maddy—watch the video [here](#).

Message from Trust Chair David Walker



David spoke to us on video why your membership is a privilege to us and why it matters. Watch the video [here](#).

Election special



Stand today, make a difference tomorrow!
 Our Governors influence local NHS services for
 the good of the whole community
●LISTEN ● REPRESENT ● SHAPE ● INFLUENCE

Nominations are open now until March 31. Nominate yourself online at www.cesvotes.com/oxfordhealth2022

We have 12 seats up for election.

Whether you are a patient, carer, member of the public or staff, we have vacancies across the counties—see the table on the right.

Our governors are elected by the members of the Trust from their constituencies. They bring the views of their communities—patients, carers, the public and staff—to the heart of the Trust's decision making and work together with the Board of Directors to ensure Oxford Health reflects the needs and interests of the communities we serve.

As a governor you will have a say in your local services and the strategic direction of the Trust.

Const.	Class	Seats
Patient	Service Users - Buckinghamshire & other counties	1
Patient	Carers	1
Public	Oxfordshire	4
Staff	Buckinghamshire Mental Health Services	1
Staff	Oxfordshire, Banes, Swindon & Wiltshire Mental Health Services	1
Staff	Community Services	2
Staff	Specialised Services	2

**Put yourself forward
by 5pm March 31!**



Keep in touch with us via FT.MembershipCommunity@oxfordhealth.nhs.uk

Election special

How do I nominate myself?

Nominate yourself online at
www.cesvotes.com/oxfordhealth2022

If you would like a hard copy or an easy read nomination form, please contact the Returning Officer, Ciara Hutchinson.

Telephone: 020 8889 9203

Email: fnominationenquiries@cesvotes.com

Text: Text 2FT OF and your name and address to 88802

Post: Civica Election Services, 33 Clarendon Road, London N8 0NW

Nominations close at 5pm on March 31.

Key dates

Monday, February 28 – Nominations open

Thursday, March 31 – Nominations close

Friday, April 1 – Summary of nominated candidates published on our website

Thursday, April 21 – Polls open

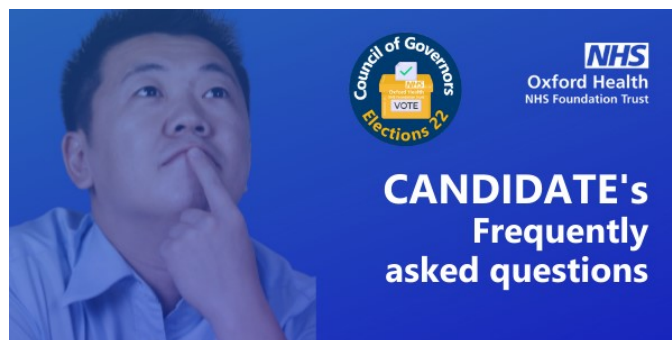
Friday, May 13 – Polls close

Monday, May 16 – Declaration of results

Did you know?

By law, the governors:

- ✦ appoint, remove and decide terms of office (including remuneration) of the Chair and other Non-Executive Directors
- ✦ approve the appointment of the Chief Executive (CEO)
- ✦ review the annual accounts, Auditor's Report and Annual Report and hold an Annual General Meeting
- ✦ present views on the Board of Directors' future plans.



Am I qualified to be a governor?
How much time do I need to put in?
Will I get paid?
What happens after the poll?

These and many other questions are answered in our Candidate's FAQ. See them [here](#).



NHS services provided by Oxford Health NHS Foundation Trust touch the lives of thousands of people in our community hospitals, in mental health settings, in support services, in schools and in people's homes – each and every day.

As a governor you will be the voice of your community and help make sure our services meet the needs and wishes of the communities we serve.

Follow us

Get involved - Carers



This is special series of workshops for carers of service users who are currently receiving support from Oxfordshire mental health teams.

The workshops will run from 10am to 12.30pm on Microsoft Teams on the following themes and dates:

Understanding and supporting someone with dementia

Thursday, April 7, 2022

Understanding and supporting someone with anxiety

Thursday, April 28, 2022

Understanding and supporting someone with bipolar

Thursday, May 26, 2022

Book by emailing

Diane.Hilson@oxfordhealth.nhs.uk with your name, telephone number and the courses you would like to attend.



Oxfordshire Carers' Open Space is a safe space for family members or carers to take some time out, meet new people, enjoy friendly conversations and find support from others. The groups will take place online using Microsoft Teams from 11am to 12.30pm on the following dates:

April 20

May 18.

To join this group, please contact Di Hilson, Carer Involvement Lead

at Diane.Hilson@oxfordhealth.nhs.uk or call 07775 816646.

Check out our webpages for carers: [Caring for our carers](#), with lots of support and advice.

Carers' call line offers help and support

Oxford Health has a dedicated phone line especially for carers. You can call 01865 901012 at any time and leave your details for a call-back between 11 am and 12 noon, from Monday to Friday.

The service was launched at the start of the pandemic and is supported by staff from the Trust and is funded by the Oxford Health Charity, through the NHS Charities Together grant.

Di Hilson, Oxford Health's carers' lead, said:



"It is clear to me that the phone line has been helpful to the carers that have used it since its launch at the start of the pandemic and so it will remain open for the carers who need it."

"Caring is one of the most important things someone can do. It can be very rewarding, but also difficult and challenging. It is important that we look after the people who care for our patients. Their wellbeing is just as important."

Email your governor at ContactYourGovernor@oxfordhealth.nhs.uk



Get involved



Thursday, March 24 at 17.30pm
The meeting will take place via MS Teams.
Join the meeting via [this link](#)
Agenda is available [here](#)



Wednesday, March 30 from 9.30am
The meeting link and agenda will be available [here](#)

Calling all young people in Buckinghamshire & Milton Keynes

Are you 12 – 25 years old and living in Buckinghamshire or Milton Keynes? Please spare five minutes to take part in a confidential survey in which your views can make a big impact on mental health services.

Following the launch of a successful project with the not-for-profit organisation Unloc to engage with young people in neighbouring Oxfordshire about the mental health, we are now expanding the consultation work to include Buckinghamshire and Milton Keynes.

The mission is to give Buckinghamshire and Milton Keynes' youth a powerful voice and be listened to; ultimately empowering them to help make ground-breaking changes, develop their own skills and potential as well as give them a unique platform via a Youth Board.

Nearly 1,500 Oxfordshire young people shared their views on mental health - we now hope to gain a similar response in Buckinghamshire and Milton Keynes.



Once the survey is closed, there are plans for a series of mental health roadshows specifically for young people.

Please take part in the survey [here](#) and you will not be asked to give your name.

It is another chance for us to value the voices of young people, to act on their views shared and adapt our services to their needs – ultimately, working towards our vision of outstanding care.

See [more](#)

Follow us



Trust news

Exceptional NHS leader to join Oxford Health in new director

The Head of Mental Health for NHS England Amélie Bages is set to join Oxford Health NHS Foundation Trust in a new directorship role in the coming weeks.

Amélie will become Director of Strategy and Partnerships, a board level role that seeks to further develop and deliver an ambitious strategic vision that results in patients and service users receiving outstanding care by an outstanding team.

She will also oversee and lead on enhancing multiple connections with the emerging Buckinghamshire, Oxfordshire and Berkshire West Integrated Care System (BOB ICS) as well as with other neighbouring NHS organisations and educational institutions.

Amélie will start work on April 25.

Chief Executive Dr Nick Broughton said:

“Amélie’s energy and expertise will help lift the organisation to be truly outstanding in every sense. She is an exceptional and intellectually sophisticated leader who fully appreciates the potential of integrated care systems that will advance Oxford Health’s role in mental and physical health services for the benefit of the communities we serve.”

In Amélie’s current role at NHS England, a position she has held for more than three years, she has overseen the finance, planning, strategy, performance, delivery, and equalities work for the National Mental Health Programme. This covers government spending reviews, leading on business cases and negotiations, integrated care systems and operating model development work.

In 2019, she led the development of the NHS Long Term Plan for mental health, securing an additional £2.3bn funding for mental health services across England. Most recently, as part of the National Mental Health Senior Leadership Team, she worked closely with the Department of Health and Social Care to



Amélie Bages

secure an additional £500m of funding for mental health services in 2021/22 to address the immediate impact of Covid-19, as published in the Government’s Covid-19 Mental Health and Wellbeing Recovery Action Plan.

Her work with large acute trusts in London including the Royal Free presented her with opportunities to see first-hand the benefits of embedding research and innovation in the delivery of care and also as part of a wider organisational transformation approach, and she is excited by the prospect of supporting the Trust to achieve its goals in this area.

Amélie said :

“I am really happy to be joining Oxford Health and moving to Oxford. I am very enthusiastic about the Trust’s ambition of excellence and its focus on being a great place to work. I believe that creating a strong, inclusive, and attractive culture within the NHS is key to innovation, successful strategic transformation, and to delivering the best possible care for our patients and the communities in which we work. I cannot wait to join the team!”

Keep in touch with us via FT.MembershipCommunity@oxfordhealth.nhs.uk

Trust news

Simon's amazing story

Simon Jones used to be an accountant who didn't feel money was that important. Now a nurse consultant and Queen's Nurse at Oxford Health's Learning Disability Services, Simon has been awarded the Queen's Nursing Institute's Long Service Award.

What Simon has packed into the past 21 years is quite astonishing. After registration as a nurse, he has gained two first class degrees and a masters' degree, authored text books on autism and learning disabilities, taught at Oxford Brookes University – all while working in the community in the Learning Disability Services.

All the more astounding, this is his second career.

"I became an accountant because at school I was good at maths," he laughs. "But I always found the people side of work much more interesting than the numbers side. The thing is, I never felt that money was that important – but you can't say that if you are an accountant!"

Career change through volunteering

Simon's path to nursing began when he was made redundant. Being a man who cannot stand not being busy, he sought and found voluntary work, first with a playgroup for children with special needs and then in a home for people with a learning disability.

"It was just lovely," Simon recalls. "The manager there said 'You seem to be cut out for this sort of work. If you're going to do it though, you need to get a qualification'. So, I went and did my nurse training in Bristol."

Since then, Simon has worked in residential care, respite care, day centres – in every kind of setting that you can with people with a learning disability or autistic people.



Interest in the most excluded

As his career progressed, Simon kept developing new interests.

"I particularly enjoyed working with people who've got behaviours of concern, or what we used to call challenging behaviour. This meant they were excluded, and their quality of life was very poor. I felt I could do something about it."

"You know, these people were no different from you and me. The only difference was they had limited communication and limited understanding of the world, and therefore couldn't make people aware of what their needs were or when they were unhappy or in pain."



"I am currently working with an individual who has spent many years in in-patient services. We have managed to re-establish this person living back in the community, with a fantastic caring team around him, a lovely house and with family living nearby. He goes out into the community every day. The difference in his quality of life to what it was year ago is massive."

"If I had only ever worked with that one person, I would feel that my career had been worthwhile."

Full story [here](#)

Follow us

 www.oxfordhealth.nhs.uk
 [@OxfordHealthNHS](https://www.facebook.com/OxfordHealthNHS)

 [@OxfordHealthNHS](https://twitter.com/OxfordHealthNHS)
 [oxfordhealth](https://www.linkedin.com/company/oxfordhealth)

 [@Oxford_Healthnhs](https://www.instagram.com/Oxford_Healthnhs)
 [Oxford Health](https://www.youtube.com/OxfordHealth)

Membership Matters 

International Women's Day

International Women's Day 2022 (March 8) proved an opportunity to celebrate women – raising awareness, recognising achievements and applauding differences and diversity for equality.

Oxford Health united with a week-long programme of events hosted by the Equality, Diversity and Inclusion team and the Women's Staff Support Group – to encourage, support and represent women across the Trust, activities include a wellbeing session, meditation and an inner critic workshop.

An all staff event also marked the occasion with senior leaders and Women's Staff Support Group members sharing personal and inspiring stories on how they #BreakTheBias.

In their touching stories, women addressed careers, domestic violence and education – empowering peers to remember their strength, achieve their goals and most importantly to be themselves, and to #BreakTheBias and challenge gender inequality. A minute's silence during the event gave time to reflect, remembering women who have sadly lost their lives to or suffered gender-based violence.

Rose Hombo, Divisional Head of Nursing in Buckinghamshire, told approximately 140 attendees:

"You have to believe in yourself, you have to believe as a woman you have got the same position as any other person at the table. Once you believe and encourage others to do the same, then collectively we will push the barriers and #BreakTheBias."

Kerry Rogers, Director of Corporate Affairs & Company Secretary commented:

"There are many inspiring women and girls; it is a privilege to work with so many women today, achieving what we do, in great part because of those women before us."



Women's Support Group Lead and Head of Charity and Involvement, Julie Pink said:

"At Oxford Health, staff are passionate to #BreaktheBias. Tracey and I were delighted to be asked to lead the Women's Support Group when it launched last year. The Women's Support Group is there to be a place for women to talk, share experiences and to have peer engagement in safe space."

Head of Operations, Isis Psychology and also Women's Support Group Lead Tracy McAteer added:

"Sharing our own stories can help – we all have different life stories that have made us who we are and have got us to the place we are at now."

"The work we are doing with the Equality, Diversity and Inclusion team and the support groups is amazing – we try to address the intersectionality that you might be a woman but you might also have a disability or be part of another group in society too."

See also: [The National Careers Week brought new opportunities to #BreakTheBias](#)

Keep in touch with us via FT.MembershipCommunity@oxfordhealth.nhs.uk

Eating Disorder Awareness Week

Video offers tips for families



An Oxford Health animation is full of tips for parents and families supporting neurodiverse children and young people if they are struggling with their diet and eating.

Dr Shah Tarfarosh, the former Specialist Registrar in Psychiatry with the Oxfordshire CAMHS neurodevelopmental conditions team, was behind the project. He said:

“Autistic young people and young people with ADHD can find some everyday experiences challenging. Every neurodiverse person is an individual, and therefore like anyone their experiences and challenges are different. However, we know that for many young people and their families things like mealtimes are common areas where they face challenges.”

See the video [here](#).

Safe place to recover

“Kind staff who treat patients with care” is how one service user described their experience at Cotswold House in Marlborough, our award-winning service for eating disorder patients. This year occupational therapist Amy Linfield co-created a week of activities for the ED Awareness Week with the patients. See more [here](#)



Who gets an eating disorder?



The stigma around eating disorders means many men may be reluctant to seek help and go undiagnosed.

Dr Agnes Ayton, clinical lead and consultant psychiatrist for the HOPE Eating Disorder Provider Collaborative led by Oxford Health said:

“It’s important to raise awareness that eating disorders are common and don’t just affect young white underweight women. In fact, eating disorders are most common among people who are overweight or obese.”

More [here](#)

Experts learn of Oxford Health’s ground-breaking work at conference

Clinical lead and consultant psychiatrist Agnes Ayton, quality lead and senior matron Sharon Ryan and Lorna Collins (pictured) who is now flourishing after her own battle with a severe eating disorder, spoke at the Eating Disorders Conference 2022 in London.

Together they led a workshop on adapting integrated CBTE for the NHS. More [here](#)



Covid & vaccine update

Keep up to date on Covid info

The [Covid page on our website](#) is updated daily. It's your go-to place for information on your booster vaccine, vaccines for 12-15 age groups, over 16s, severely immunosuppressed, and walk-in clinics, getting tested and staying safe.

Oxford Health is the lead provider for large-scale vaccination centres for Oxfordshire, Buckinghamshire and Berkshire West and cater for first, second and booster doses to all eligible people.

Please note that full infection prevention control restrictions remain in place at all Oxford Health sites. Visitors are expected to wear masks, wash hands and observe social distancing.

The vaccination centres are located at:

Kassam Stadium, Littlemore, Oxford, OX4 6DE
(*closed all day for Oxford United home weekend matches)

Broad Street Mall, Units 49-50, Reading, RG1 7QE.

Guttmann Centre: Stoke Mandeville Stadium, Guttmann Road, Aylesbury, Buckinghamshire, HP21 9PP

Walk-in jabs and booked appointments are now available on these sites for eligible patient groups. You can [check eligibility here](#).

Appointments can be booked via the [National Booking System](#)

Find out about additional vaccination opportunities on the Grab A Jab website [here](#)



5 to 11-year-olds who are in a clinical risk group or live with someone who is immunosuppressed are now eligible for the **COVID-19 vaccine.**

Oxfordshire Clinical Commissioning Group is reminding people that children aged 5 to 11 who are in a clinical risk group or who live with someone who is immunosuppressed in Oxfordshire can have the first dose of the COVID-19 vaccine. More [here](#)



Easy read info

Our Learning Disability Service has collated and created a large selection of EASY READ resources on COVID-19, vaccinations and other related topics.

The resources are free to use and include posters, videos and information sheets.

You can access them [here](#).

Keep in touch with us via FT.MembershipCommunity@oxfordhealth.nhs.uk

Covid & vaccine update

Overseas vaccination service

A new service is available for Buckinghamshire residents to help anyone who may have got a COVID-19 vaccination dose overseas ensure their health records are kept correctly up to date.

this new service will allow you to book an appointment to show evidence for any COVID-19 vaccinations you may have had outside of England.

The NHS can then securely update your vaccination record and ensure your information is correct. People using this service can also be offered a suitable vaccination on-site if they are due to have one.

This service is operated locally by Oxford Health NHS Foundation Trust, which runs several of the

large-scale vaccination sites in the region, including The Guttman Centre at Stoke Mandeville Stadium. It is available to anyone aged 16 and over with an NHS number, and who has received one of the following vaccines outside of England

You can book an appointment, and get more details, by [clicking here](#).

See more [here](#)



Happy first birthday to our Reading vaccination team!

It's now a year since our COVID-19 vaccination team started work at the Reading Mass Vaccination Centre, and they have been celebrating the special birthday in style!

Lesley Crosby, senior clinical lead for the vaccination programme, said:

"Nobody knew when we set the centre up how long we would be active for, but since day one everyone has been incredibly professional and committed and they remain so."

"We have a fantastic team here, which includes people with a really wide range of skills and backgrounds. I want to take this opportunity to thank everyone who has given so much to make Oxford Health's vaccination programme a success."



Elizabeth Siyandhu and Jacqueline Casbolt

"Anyone who comes to our centre at the Broad Street Mall receives a friendly welcome and is looked after from the moment they arrive to the time they leave. We have had so much wonderful feedback from members of the public which is really appreciated."

See more celebratory pics [here](#).

Follow us

Exceptional People Awards

No job too big or small for Feb winners



Celebrating with the winners were (from left) Clinical Director of Community Services Pete McGrane, Head of Estates Contracts, Information and Governance Christina Foster, Acting Oxon & Bucks OOHCC Manager Emma Smith, Director of Corporate Affairs Kerry Rogers, Trust Chair David Walker, Witney EMU Clinical Lead Tendai Mugariri, Service Manager Jane Lyons, Modern Matron/Clinical Development Lead Wendy Corner and Lead Governor Mike Hobbs .

Going above and beyond was truly celebrated on when February winners of Exceptional People Awards received their prizes. The individual award went to Tendai Mugariri, Witney EMU Clinical Lead, whose nomination said no job is too big or small to her. And the same can be said of team winners Warneford & Whiteleaf Out of Hours Co-ordination Team, who ‘leave no stone unturned to

The awards ceremony at the Trust HQ at Littlemore was opened by Trust Chair David Walker who expressed what a pleasure and privilege it is to recognise the Trust staff.

“All our staff are exceptional, but we believe it is worth acknowledging those who are extra exceptional and go above and beyond. We hope it will send a message that we can recognise our people and their great work even as we know that the stress and pressures continue,” he said.

David thanked lead governor Mike Hobbs and his fellow governors for bringing in views from the wider community and working as a panel to select the individual award winner each month. Mike said:

“This is indeed a privilege and one of the very nice tasks for being a governor.”

He then read our Tendai Mugariri’s nomination, which had been submitted by her colleague, registered nurse Jayne Treleaven at the Emergency Multidisciplinary Unit (EMU).

“Tendai is an exceptional clinical lead. She leads by example. No job is too big or too small for her to do. As an example: during the pandemic staff at Witney EMU had to mop the floor between shifts – Tendai was always happy to take her turn,” she wrote.

Keep in touch with us via FT.MembershipCommunity@oxfordhealth.nhs.uk

Exceptional People Awards



Tendai Mugariri, Clinical Lead at Witney EMU

The nomination noted Tendai's dedication for patient care and supporting staff at the EMU. Those present at the ceremony at Littlemore wholly agreed with the nomination. Clinical Director Pete McGrane said:

"I've known Tendai for a long time and I can say, if I was ill, there's no one I'd rather have look after me than her."

He also commented Tendai's leadership skills:

"There's bravery in leadership and Tendai has that. She will always tell me what I need to hear rather than what I want to hear. A huge thank you for that."

Modern Matron Wendy Corner said:

"I can completely echo Pete's words. And another thing I would say Tendai is completely genuine. She doesn't recognise that anything about her work as exceptional."

Smooth operation for calls, parcels and alarms

Warneford & Whiteleaf Out of Hours Co-ordination Team are known to many as the switchboard or reception, and it is easy to over-look what a complex operation they run. Acting Manager Emma Smith received the award on behalf of the teams, presented by Director of Corporate Affairs Kerry Rogers. Kerry read out the nomination and invited Emma to describe the co-ordination team's work.

Emma told:

"We are a 38-strong team and the first point of communications to all of the Trust. The reason my colleagues couldn't be here is we do shift work and have 103 rotas!"



Emma Smith



As if managing the phone lines wouldn't be a task enough, the Our of Hours Team have many other serious responsibilities. They look after many wards' fire alarms and are fully engaged in emergency planning, including how phone lines would be redirected in case of a fire or any other emergency.

And of course, the team deals with parcels and post, no mean feat in itself. As their nomination states:

"Their excellence is also demonstrated by their leaving no stone unturned in trying to direct items of post to the correct recipient, even when the address is just 'The Warneford Hospital' or 'Whiteleaf Centre'."

Follow us

 www.oxfordhealth.nhs.uk
 [@OxfordHealthNHS](https://www.facebook.com/OxfordHealthNHS)

 [@OxfordHealthNHS](https://twitter.com/OxfordHealthNHS)
 [oxfordhealth](https://www.linkedin.com/company/oxfordhealth)

 [@Oxford_Healthnhs](https://www.instagram.com/Oxford_Healthnhs)
 [Oxford Health](https://www.youtube.com/OxfordHealth)

Membership Matters 13

Exceptional People Awards

Pharmacy superstar Gemma

Gemma Laurie, Pharmacy Lead for the COVID Vaccination Project across the counties, has been acknowledged for her incredible contribution to the vaccine programme led by Oxford Health.

Three of her colleagues had nominated her for the Exceptional People Awards, and in a surprise ceremony at the Kassam Stadium she was given the accolade of highly commended for January.

Reflecting back on the project, Gemma said:

“I feel like I’ve just been doing the job I was asked to do – although saying that, I do remember Michael asking me to help set up a mass vaccination centre back in January 21 with the comment ‘it should just be for 2-3 weeks’ – and here we are a year later!”

“The project has been a huge challenge with changes happening by the hour. You certainly need to be flexible to work at such a fast-moving pace – but here we are, about to hit 1 million doses.”



From left, Michael Marven, Gemma Laurie, Murryam Malik, Vipul Patel and Daya Khuthan

“This last year has been a complete whirlwind. We have managed to achieve such an incredible amount of work in such a short space of time. Thank you to all my dedicated colleagues – I certainly couldn’t have achieved any of it without them.”

Full story [here](#)

Pin’s infectious positivity

In less than a year, Physical Health Support Worker Raksanalee ‘Pin’ Morgan has transformed the physical health offering for patients at Bucks Early Intervention in Psychosis Service.

Quite rightly she became highly commended in the January round of Exceptional People Awards.

Pin, as she prefers to be known, received her award certificate from Deputy Manager Mark Kempster. Pin said:

“Truthfully, this was completely unexpected! I feel really proud to receive this award. It shows that someone has noticed and appreciates what I attempt to do.”



Indeed they had. Pin’s nomination said:

“Pin joined us in April 2021 in a new role as dedicated Physical Health Support Worker. At that time, 36% of our clients had received a comprehensive physical health check, far short of our 80% target. Pin has worked tirelessly over the past year to achieve our current physical health

performance of 96%

“Her positive, can-do attitude is infectious, and she has completely transformed how we reach those hard-to-engage clients.”

See more [here](#)

Keep in touch with us via FT.MembershipCommunity@oxfordhealth.nhs.uk



Nominate someone now!

We encourage patients, service users, their friends, family and carers to participate in our awards programmes.

We have two active awards categories; Exceptional People Awards and DAISY Awards.

We expect all our staff to excel in what they do, but every month we make a point of rewarding an individual and a team who have made a real difference to you or someone you know. Our Exceptional People Awards is a long-running scheme which relaunched in September with new focus and vigour, with bigger and better prizes plus you can now nominate teams as well as individuals.

The nominations for an individual will be judged monthly by a panel from Oxford Health's Council of Governors, representing public, service users and carers across the Trust geography. Led by lead governor Mike Hobbs (Public, Oxfordshire), they are:

- Jacky McKenna (Servicer User, Bucks),
- Jonathan Cole (Service User, Oxon),
- Nyarai Humba (Carer) and
- Anna Gardner (Public Bucks).

The team award will be judged by a panel from the Trust executive team.



To nominate an exceptional team or individual, scan the QR code or go to [Exceptional People Awards website](#) where you'll find the rules and nomination forms.



FOR EXTRAORDINARY NURSES

**HONORING NURSES INTERNATIONALLY
IN MEMORY OF J. PATRICK BARNES**



<<< Scan the QR code

DAISY Award

The DAISY Awards is an international recognition programme that honours and celebrates the skilful and compassionate care provided by nurses and midwives each day. We launched the DAISY awards in April this year.

Oxford Health employs around 2,000 nurses who are eligible to be nominated and, especially given the extra challenges the pandemic is continuing to bring, deserve this recognition.

To nominate someone for DAISY, scan the QR code or go to the [DAISY website](#)

Follow us



www.oxfordhealth.nhs.uk
[@OxfordHealthNHS](https://www.facebook.com/OxfordHealthNHS)



[@OxfordHealthNHS](https://twitter.com/OxfordHealthNHS)
[oxfordhealth](https://www.linkedin.com/company/oxfordhealth)



[@Oxford_Healthnhs](https://www.instagram.com/Oxford_Healthnhs)
[Oxford Health](https://www.youtube.com/OxfordHealth)



Trust news

Great reviews of great care

Oxford Health gathers feedback on our services via the independent [I Want Great Care](#) review website. Each week we celebrate services and teams who've been praised for their care and commitment.



Didcot Community Hospital



A hospital memorial garden had a restorative effect for one Oxford Health patient who was able to enjoy the view from their bedside window at Didcot Community Hospital. The patient, who took time to leave the review of our #oneOHFT team who have been caring for them on our ward, said it was "lovely to see the pretty garden" and added that they had "seen lots of wildlife."

The Memorial Garden was funded by the Department of Health and Oxfordshire County Council and the League of Friends. It provides a peaceful space for patients, visitors, and staff away from the clinical environment and somewhere to enjoy the fresh air: it is kindly maintained by a wonderful group of volunteers. More [here](#)

Wantage Community Hospital

A stunning hand stitched textile featuring one of the buildings at Wantage Community Hospital is creating excitement ahead of a new artwork to be unveiled at the hospital later in the year.

Stitching Wantage 2016', organised by Oxford Health Arts Partnership, is a textile sampler incorporating modern techniques and materials including hand and machine embroidery. It was created by over 20 volunteer stitchers of all ages who took part in a project run by the Vale & Downland Museum to capture the Wantage townscape in stitch.

The design and creation of the sampler was led by local artist Anne Griffiths and funded by Vale of White Horse District Council and Tanner Trust. The 2.5m long artwork is on loan to Wantage Community Hospital from the museum as part of a



larger project 'Remembering Wantage Community Hospital': a project which has also seen the launch of postcards for the public to fill out and send in with any photographs or memories they have of the hospital.

The installation launches a new partnership project with Oxford Health Charity and the district council, and the collected memories and ephemera will inform a new artwork for the hospital. More [here](#)

Keep in touch with us via FT.MembershipCommunity@oxfordhealth.nhs.uk

Trust news

Great reviews of great care

Henley Minor Injuries Unit

Oxford Health's Henley Minor Injuries Unit has received praise from patients on the independent review website I Want Great Care. "Fast, friendly, professional" and "excellent!" is how one patient who took time to leave a review of the Henley Minor Injuries Unit (MIU) described their experience of the care provided by the service.

Another patient said:

"I was very happy with everything that was

done at Henley. Any improvement? Nothing! Everybody was very polite and was very professional in everything they do."

Clinical Lead Angela Porter has 22 years' service in the town's MIU. She said:

"It is so kind and much appreciated that our service users take the time to write such positive feedback. It does boost morale and gives us an opportunity to assess where improvements can be implemented within the service." More [here](#)

Fabulous feedback for Abingdon teams

Teams at Abingdon Community Hospital are basking in the warm glow of fabulous feedback from patients and a student nurse, not to mention receiving two generous donations via the League of Friends.



A patient who had stayed at the Abbey Ward (above) sent a cheque for £300 and wrote:

"[This] is a token of appreciation for the kindness and care I received whilst a patient at the Abbey Ward recently. I wish it to be used by the Abbey ward staff for a treat, for instance for a night out or towards a celebration. I would appreciate knowing how it is used."

And another patient enclosed a cheque for £200 to OSRU.

"This is a donation to the Stroke Rehabilitation Unit, following my stay there recently. I received excellent

care from all the staff at the unit and am continuing to make good recovery. I hope the money can be used and shared for something that gives pleasure or might be needed on the unit."

Matron Dawn Roberts said:

"We don't normally blow our own trumpet, but this feedback has just blown us away and is a real pick up from the challenges that we

have all been through. I am so proud of the teams on both wards. I know they are kind, caring and considerate and all the other great words that show how much they care for their patients, but it is always nice to hear it from others."



Student nurse Emma Haylett had such a positive experience of her placement at Abingdon that she emailed her feedback for Clinical Development Nurse Debbie Fletcher.

"For me, this placement was a perfect introduction to community hospitals." Full story [here](#)

Follow us

www.oxfordhealth.nhs.uk
[@OxfordHealthNHS](https://www.facebook.com/OxfordHealthNHS)

[@OxfordHealthNHS](https://twitter.com/OxfordHealthNHS)
[oxfordhealth](https://www.linkedin.com/company/oxfordhealth)

[@Oxford_Healthnhs](https://www.instagram.com/Oxford_Healthnhs)
[YouTube Oxford Health](https://www.youtube.com/OxfordHealth)

Charity news

Climbing group reach the peak of their fundraising challenge

Dedicated Dez Dover, a former service user, gathered together a group of friends to take on climbing an impressive 3,407m within 6 hours. The sponsored climb, the equivalent height of the three highest peaks in the UK, was organised to help raise funds for Oxford Health Charity's Early Intervention Service (EIS) climbing fund.



Dez explains : "As a former service user, I am personally aware of how much this climbing group can help people

who have difficulty dealing with mental health issues. Being involved with, and now

as a voluntary instructor for groups, I have been able to, not only help manage my own mental health better, but also share my experience and hopefully help others in working on their management and recovery with their own mental health issues. I'd like to say a special thanks to the teams at the Warneford Hospital and Brookes Climb for your much needed and continued support in helping people in the community that battle daily with poor mental health."

Carl Beasley, EIS Care Coordinator told us:

"We would like to thank everybody who participated in the sponsored climb. A special thank you too, to Dez who organised the event and who volunteers his time each week to instruct the EIS and Coasters climbing groups."

The EIS climbing group has been a positive part of the recovery journey for many of our service users. The climbing fund helps to pay for replacement equipment so that the group can continue running."

We are delighted Dez and team completed their challenge within the 6 hours, and have raised a fabulous £383 for our EIS climbing fund.



We are excited that the [Oxford Half](#) is returning to the dreaming spires on October 16. We're warmly welcoming runners to join the Oxford Health Charity team and support community and mental health services.

There's no registration fee with one of our charity places; all we ask is that you fundraise a minimum of £120. Register [here](#)



Beautiful Blenheim Palace welcomes the Blenheim 7k fun run in 2022 - and this year we are delighted to be one of the charity partners.

This is a great event for the whole family with the smaller routes working as an introduction to fundraising events for anyone new to it.

Race Fee: please visit [here](#) to view the [race fees](#). Email us charity@oxfordhealth.nhs.uk to receive a 20% discount code off your entry fee

Fundraising target: no minimum
Those taking part to support us will receive one of our lovely charity t-shirts too!

Research news

New funding for Oxford Health Clinical Research Facility

The Oxford Health Clinical Research Facility (OH CRF) has been awarded more than £4 million over the next five years by the National Institute for Health Research (NIHR). The OH CRF is one of 28 facilities across England to benefit from nearly £161 million that has been awarded to expand early phase clinical research delivery in NHS hospitals.

Opened in 2011 and based at the Warneford Hospital, the Oxford Health CRF is hosted by Oxford Health NHS Foundation Trust. It is the only dedicated mental health CRF supported by the NIHR and delivers patient orientated early phase experimental clinical research. During the pandemic the CRF rapidly adapted to the challenges of COVID-19, supporting the delivery of two major vaccine trials.

Professor Andrea Cipriani, Director of the Oxford Health CRF said:

"We are delighted to have been awarded this prestigious funding by the NIHR, for a second time, which will enable us to continue to deliver innovative early phase clinical research over the next five years. It is crucial to have dedicated space and dedicated staff for mental health. We will work in close collaboration with the University of Oxford, Oxford Brookes University and other NHS Trusts, as well as with our many industry partners to test



and develop better treatments for our patients."



Dr Nick Broughton, CEO Oxford Health NHS Foundation Trust said:

"It is a great credit to the achievements of the Oxford Health CRF to receive this significant new funding from NIHR. Research is a key strategic priority for Oxford Health and we are proud to host the CRF and to support its delivery of early translational and experimental medicine research."

NIHR has increased its funding for CRFs by £49 million in this round of funding, as a signal of its aim to increase its work with the life sciences industry. These CRFs, which will run from 2022 to 2027, will also play a key role in realising the ambition in the vision for the future of UK clinical research delivery to bolster the delivery of innovative trials across all phases, all treatment types and all conditions.

Follow us

 www.oxfordhealth.nhs.uk
 [@OxfordHealthNHS](https://www.facebook.com/OxfordHealthNHS)

 [@OxfordHealthNHS](https://twitter.com/OxfordHealthNHS)
 [oxfordhealth](https://www.linkedin.com/company/oxfordhealth)

 [@Oxford_Healthnhs](https://www.instagram.com/Oxford_Healthnhs)
 [Oxford Health](https://www.youtube.com/OxfordHealth)

Oxford Health Strategy 2021-2026



NHS
Oxford Health
NHS Foundation Trust

Our strategy: At a glance

2021-2026

Our **four** strategic objectives:

1

Quality



Deliver the best possible care and health outcomes

To maintain and continually improve the quality of our mental health and community services to provide the best possible care and health outcomes. To promote healthier lifestyles, identify and intervene in ill-health earlier, address health inequalities, and support people's independence, and to collaborate with partner services in this work.

2

People



Be a great place to work

To maintain, support and develop a high-quality workforce and compassionate culture where the health, safety and wellbeing of our workforce is paramount. To actively promote and enhance our culture of equality, diversity, teamwork and empowerment to provide the best possible staff experience and working environment.

3

Sustainability



Make the best use of our resources and protect the environment

To make the best use of our resources and data to maximise efficiency and financial stability and inform decision-making, focusing these on the health needs of the populations we serve, and reduce our environmental impact.

4

Research



Be a leader in healthcare research and education

To be a recognised leader in healthcare research and education by developing a strong research culture across all services and increase opportunities for staff to become involved in research, skills and professional qualifications.



Mission

To be the **best Trust of our kind** in the country



Vision

Outstanding care delivered by an **outstanding** team



Values

Caring • Safe • Excellent

Full strategy papers at www.oxfordhealth.nhs.uk/about-us/overview/our-strategy

Get involved

There are many different ways in which you can be involved in the work and development of Oxford Health NHS Foundation Trust

Tell us how we're doing

We use [iWantGreatCare](#) to collect feedback on what patients think, monitor it and action where possible. IWGC is a website that encourages patients to leave meaningful feedback on their care, say thank you and help the next patient by improving experiences.

It's a service that is independent, secure and trusted by patients, doctors and hospitals. Your feedback is totally confidential, and collected and processed by iWantGreatCare, an independent organisation.



Patient & carer involvement

People who are involved in their care report that they have a better experience and can have better personal outcomes, too. Those who become involved in improving the services often feel a sense of achievement and pride in the work that they do.

There are several patient and carer experience groups across the Trust so get in touch by emailing Getinvolved@oxfordhealth.nhs.uk or find the team lead closest to you [here](#).



Volunteering

Volunteers are an integral part of NHS services. At this time we are closed for new applications but you can send us an expression of interest to volunteer when new positions come available. See [more here](#).



Follow us

Membership

Help us grow our membership



We always welcome new people to join our Trust – why not invite a friend? Membership is free and anyone at least 12 years old, living in England or Wales, is welcome to join.

As a member you will be able to:

- influence the way our services are developed
- elect a Governor to represent your views
- stand to become a Governor yourself
- receive discounts from major high street retailers



Ask your friends to [sign up here](#) or scan the QR code.

Contribute to next month's edition!

We are always keen to hear from you and welcome your ideas and suggestions on how we can improve membership.

We are also looking for stories from our members to refresh our [membership pages](#). Tell us why you joined the Trust and what your membership means to you!

This Membership Matters is brought to you by the Communications and Engagement Team.

For all matters on membership, please email FT.MembershipCommunity@oxfordhealth.nhs.uk.

Follow us