



**NHS**

Oxford Health  
NHS Foundation Trust

**October 2022**

## All this month's news and events for you!



**Our Half Marathon  
heroes raised over  
£6K to Oxford Health  
Charity—THANK  
YOU & WELL DONE!  
But who was in the  
team?**

**Find out on p20**



**Dietitian Sally Burne  
became highly  
commended in our  
new BEE Awards and  
celebrated with a bee  
cupcake!**

**But who won, and what  
BEE?**

**Find out on p12**



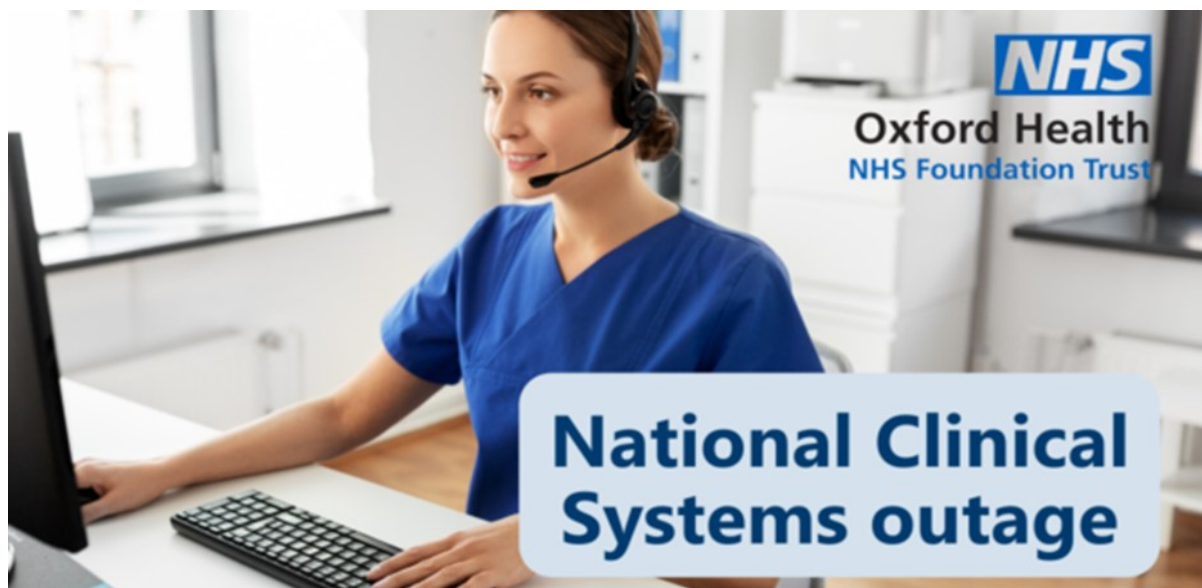
**Parents are encouraged to  
have children jabbed against  
COVID-19 during this half-  
term break**

**See more on p10**

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# Trust news

## National clinical systems outage



**We are continuing to experience technical issues with some of our clinical systems due to a national outage. This is due to a third-party software supplier Advanced having been subject to an external cyber incident.**

Our staff are working very hard across Oxford Health to ensure that our physical and mental health services continue to provide the best patient care at this challenging time.

We have robust contingency plans in place. However, you may experience some delays when you contact us and may be asked additional questions by our clinicians during this period.

We thank you for your patience and understanding as our staff try to help you. Our colleagues may not be able to resolve your query fully, but we would like to assure they will do everything they can to assist.

### Getting help

If you need support, feel more unwell or believe your health is deteriorating, please contact your care-coordinator, GP or care team.

You can also contact our Patient Advice and Liaison Service (PALS) for non-urgent matters by emailing [PALS@oxfordhealth.nhs.uk](mailto:PALS@oxfordhealth.nhs.uk) or via our freephone 0800 328 7971 Monday to Friday.

If you need to access to NHS 111, you are advised to visit [NHS 111 online](https://111.nhs.uk) or contact or contact your local pharmacy for help and advice.

Regular updates are published on our [website](#).

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## The Community Voice

**The Community Voice is a group for people who have or have had contact with Oxford Health's Primary, Community and Dental Services. Anyone who has been in contact with these services is welcome to come along.**

It is a space for people to come together and for the Trust to learn from people's experiences to make positive changes in your Primary, Community and Dental Services.

The Community Voice meets bi-monthly on Microsoft Teams. The meeting usually lasts an hour and a half. If you're nervous about coming alone, why not ask a friend or family member to come with you?



To get involved, please email

[communityservicesfeedback@oxfordhealth.nhs.uk](mailto:communityservicesfeedback@oxfordhealth.nhs.uk)

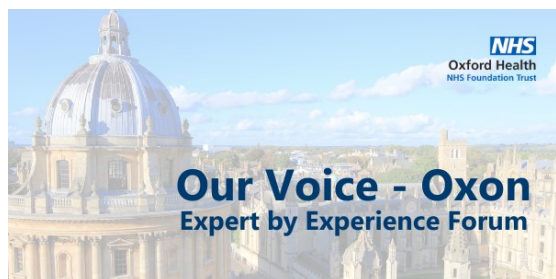
The upcoming meetings are:

**Tuesday, November 8, 11am – 12:30pm**

**Tuesday, January 10, 2023, 11am – 12:30 pm**

## Expert by experience groups

**Our Voice in Oxfordshire and Bucks Voice in Buckinghamshire are expert by experience groups for people who use the local mental health services or care for someone who does. If you would like to attend, please email [getinvolved@oxfordhealth.nhs.uk](mailto:getinvolved@oxfordhealth.nhs.uk)**



**Friday, October 28**  
10am to 12 noon

**Wednesday, November 23**  
1pm to 3pm



**Wednesday, November 9**  
10am to 12 noon

**Tuesday, December 6**  
2pm to 4pm

If you would like to attend any of the above, please email [getinvolved@oxfordhealth.nhs.uk](mailto:getinvolved@oxfordhealth.nhs.uk)

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[YouTube Oxford Health](https://www.youtube.com/OxfordHealth)



## Get involved

### Online workshops for carers, family & friends in Oxfordshire



These workshops are provided for carers of service users who are currently under the care of our Oxfordshire Mental Health Teams.

Places are free of charge and are limited. If we are unable to offer you a place we will add you to the waiting list and contact you nearer the time to advise if one becomes available.

You can apply by emailing [Diane.Hilson@oxfordhealth.nhs.uk](mailto:Diane.Hilson@oxfordhealth.nhs.uk) with your name, telephone number and the course/s you would like to attend. Written email confirmation will be sent to you with joining instructions for the online session(s) you wish to attend.

#### **Understanding and supporting someone with PTSD** (post-traumatic stress disorder)

Thursday October 27

10am to 12.30pm

#### **Understanding and supporting someone with bipolar**

Thursday, December 8

10am to 12.30pm



### Oxfordshire Carers Open Space

This group offers a safe and supportive space for you to come and chat with other family members, friends or carers. Dates are Wednesdays:

**Nov 16**

For more information contact Di Hilson, Carers Lead at [Diane.Hilson@oxfordhealth.nhs.uk](mailto:Diane.Hilson@oxfordhealth.nhs.uk) or call on 07775 816646



### Workshop in Bucks

This workshop is provided for carers of service users who are currently under the care of our Buckinghamshire Mental Health Teams.

#### **Understanding OCD**

Thursday, November 17

10am to 12 noon

To book a place, please call Carers Assessment Team on 01865 90151 or email [CarersTeam@oxfordhealth.nhs.uk](mailto:CarersTeam@oxfordhealth.nhs.uk)

**Keep in touch with us via [FT.MembershipCommunity@oxfordhealth.nhs.uk](mailto:FT.MembershipCommunity@oxfordhealth.nhs.uk)**

# Get involved

## Contact your governor

Our Council of Governors is the voice of the people Oxford Health serve. Our governors help set our priorities and shape our services, based on your - our members' - views.

The Council of Governors meet in public, and anyone is welcome to attend to observe the meeting. Details of the meetings, including agendas, minutes and reports may be found on our [council papers page](#).

We have 28 elected governors, voted to their posts by you, our members. You can see the current governors [here](#).

You can contact any of your governors by emailing [contactyourgovernor@oxfordhealth.nhs.uk](mailto:contactyourgovernor@oxfordhealth.nhs.uk)



## Volunteering opportunities

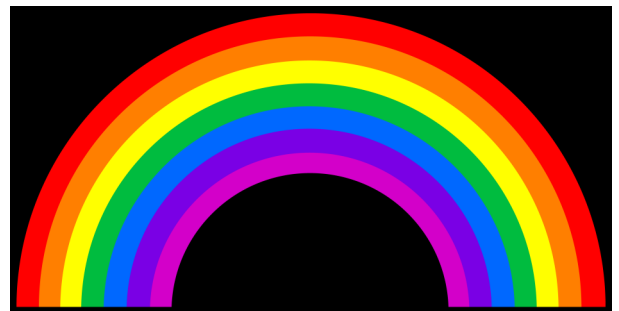
We are looking for volunteers who are:

- interested in supporting staff and patients in a healthcare setting
- caring and approachable
- eager to make a difference
- able to abide by policies and procedures in place to keep you and others safe
- able to commit the volunteering role and requirement over the age of 16 (18 for some roles)

•

### Current opportunities

- Ward Support – Wallingford Community Hospital: Volunteers getting involved with the wards mainly assist by engaging patients in conversation, activities or supporting day to day functions. Support the ward clerk with administration duties, completing surveys and facilitating visitors if need be.
- Volunteer Care Navigator – engaging in regular telephone calls to check in, encouraging and supporting with signposting to other local



charities and organisations that might offer specific support and highlighting wellbeing activities in Wiltshire

- Volunteer Group Facilitator in Wiltshire – supporting activity groups and/or group meetings by using existing skills or experiences to support those attending, ensuring the groups are well run and promoted to those hoping to attend and supporting the group leader with administration and room set up.

For an application form and more info on the selection process, see our [Volunteering pages](#).

## Follow us

## Trust news



### Oxford Health's dedicated staff and innovative services shone through this year's annual general meeting and annual members' meeting.

Some highlights included:

- Vaccinating one million people against COVID
- Bringing specialist mental health care digitally to young people at home to keep them out of hospital
- Using virtual reality therapy to help agoraphobic patients with psychosis get outside again

Oxford Health hosted its virtual AGM & AMM 2022 on Wednesday, September 21, with Trust Chair David Walker guiding attendees through a packed agenda.

It included the annual, finance and auditor's reports and presentations, with lots of opportunities for Governors, members of the Foundation Trust and the public to put their questions to a panel of speakers. The reports, including an easy-read version of the finance report, are available [here](#).

If you were unable to attend, a [recording](#) of the event is available on Oxford Health's YouTube channel. More about the event on our website [here](#).

## Board meeting September 28

Oxford Health is continuing to hold online board meetings that can be attended by the public via a digital link. David Walker, Chair of the Trust, made a short video to explain some of the key topics discussed at the September 28 meeting.

Highlights include: Valiant efforts by staff in coping with a cyber attack; planning for the difficult months ahead, safeguarding vulnerable adults and children, and collaborative working with partners to treat

more people at home to avoid adding to the pressure on A&E; maximising bed capacity while reducing the need to send patients outside the area for treatment. [Watch here](#)



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# Trust news

## Ofsted rates apprenticeship scheme as 'Good' in all areas



Ofsted has rated Oxford Health NHS Foundation Trust's apprenticeship scheme as 'Good' across all five categories.

These are: The quality of education; Behaviour and Attitudes; Personal development; Leadership and Management and Safeguarding.

This is a significant achievement for the Trust. The positive report which accompanies this rating is a testament to the expertise of the apprenticeship team; the support our apprentices receive from their workplace and the vision of senior managers in integrating apprenticeships into their workforce plans.

The report commended the skill and knowledge of the tutors as well as the effective guidance given in applying the learner's new knowledge in the workplace. It noted the variety of wellbeing offer for staff and apprentices, as well as the safeguarding arrangements in place keeping them safe.

The Trust has been both delivering their apprenticeship scheme since 2018, working alongside universities to deliver further apprenticeships since that time. More than 300 apprentices have successfully complete their course, with at least 90 per cent remaining in the Trust.

More recently the Trust has offered apprentices to younger people, which has added another pathway into nursing. At the time of inspection there were 24 nurse cadets aged 16-18 working in the Trust, making OHFT the only Trust in the area offering this scheme as an apprenticeship.

Charmaine Desouza, Chief People Officer at Oxford Health, said:



***"We have apprentices working and studying across the Trust in a wide variety of departments. It is vital that the apprentices can apply what they are learning to the workplace and our tutors and managers have established practices to ensure that the training is fit for purpose. It has been so successful that leaders have successfully used their apprenticeship offer to fill skills gaps. This fits perfectly with our workforce plan of which apprenticeships are an integral part."***

For more information or to apply for an apprenticeship please

contact: [apprenticeships@oxfordhealth.nhs.uk](mailto:apprenticeships@oxfordhealth.nhs.uk)

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# Covid & vaccine update

## Keep up to date on Covid info

The [Covid page on our website](#) is updated daily. It's your go-to place for information on how and where to book, walk-in clinics, getting tested and staying safe.

Oxford Health is the lead provider for large-scale vaccination centres for Oxfordshire, Buckinghamshire and Berkshire West and cater for first, second and booster doses to all eligible people. The vaccination centres are open five days a week (Mon, Thurs, Fri, Sat, Sun) for vaccinations from 8.30am to 6.00pm.

**Please note that full infection prevention control restrictions remain in place at all Oxford Health sites. Visitors are expected to wear masks, wash hands and observe social distancing.**

The vaccination centres are located at:

**Kassam Stadium**, Littlemore, Oxford, OX4 6DE (\*closed all day for Oxford United home weekend matches)

**Broad Street Mall**, Units 49-50, Reading, RG1 7QE.

**Guttmann Centre**: Stoke Mandeville Stadium, Guttmann Road, Aylesbury, Buckinghamshire, HP21 9PP

These sites accept booked appointments for eligible patient groups. You can [check eligibility here](#).

**Appointments can be booked via the [National Booking System](#)**

Find out about additional vaccination opportunities on the Grab A Jab website [here](#)



### COVID-19 vaccine ingredients

The COVID-19 vaccines do not contain egg or animal products.

The Oxford/AstraZeneca vaccine contains a tiny amount of alcohol, but this is less than in some everyday foods like bread.



You can find out about the ingredients in the vaccines currently available in the UK:

[Moderna \(Spikevax\) COVID-19 vaccine patient leaflet on GOV.UK](#)

[Oxford/AstraZeneca COVID-19 vaccine patient leaflet on GOV.UK](#)

[Pfizer/BioNTech COVID-19 vaccine patient leaflet on GOV.UK](#)



### Easy read info

Our Learning Disability Service has collated and created a large selection of [EASY READ resources](#) on COVID-19, vaccinations and other related topics.

The resources are free to use and include posters, videos and information sheets.

Keep in touch with us via [FT.MembershipCommunity@oxfordhealth.nhs.uk](mailto:FT.MembershipCommunity@oxfordhealth.nhs.uk)



# Covid & vaccine update

## NHS invites people 50 and over for autumn boosters and flu jab

Millions of people aged 50 and over can now book their autumn booster and flu vaccines, as the NHS COVID-19 and flu programmes continue to protect the country ahead of winter.

Online and phone bookings are now open to around 12 million people aged between 50 and 64 to book their Covid jabs.

COVID-19 jabs are available at a range of locations including Oxford Health's centres at the Guttmann Centre in Aylesbury, the Kassam Stadium in Oxford and the Mall in Reading. Other locations including many community pharmacies and GPs are also offering the jabs.

And for the first time, the service will allow some people who are eligible for a flu vaccine to book an appointment online under a new pilot with more than 200 sites across the country.

The public can still book flu vaccinations through their GP practice or by visiting a participating community pharmacy. Please call 119 if you need help.

Oxford Health's sites in Aylesbury, Oxford and Reading only offer COVID-19 vaccinations.

Those [eligible for the flu jab](#) are:

- people aged 50 and over
- those aged between six months and 49 years with a specified health condition
- some secondary school-aged children
- 2 and 3-year-olds
- pregnant women
- primary school-aged children
- those in care homes
- people who are carers, as set out in the Green Book
- frontline healthcare workers



- frontline social care staff who do not have access to occupational health schemes
- household contacts of people with weakened immune systems.

In line with advice from the Joint Committee on Vaccination and Immunisation, those eligible for an autumn COVID-19 booster this year include:

- residents in care homes for older adults
- staff working in care homes for older adults
- frontline health and social care workers
- all adults aged 50 years and over
- persons aged 5 to 49 years in a clinical risk group, as set out in the Green Book
- persons aged 5 to 49 years who are household contacts of people with immunosuppression
- persons aged 16 to 49 years who are carers, as set out in the Green Book.

For a full list of pharmacies offering a free NHS flu vaccination, including those not part of the NHS pilot, please visit the [nhs.uk website](https://www.nhs.uk).

Pharmacies are taking appointment [bookings for flu vaccination online](#).

# Covid & vaccine update

## Parents encouraged to have children jabbed against COVID-19 during this half-term break

**Parents are being urged to get their children aged five to 11 vaccinated against COVID-19 during the half-term school holiday.**

This includes:

all children aged five (on or before 31 August 2022) and above who are eligible for a 1st and 2nd dose of the vaccine (these children will receive smaller paediatric doses of the vaccine than older children and adults – see below for more information about the vaccine for children\*)

Children who turned five on or after 1 September 2022 can only get a 1st and 2nd dose of the vaccine if they are:

- at high risk due to a health condition or because of a weakened immune system
- living with someone who has a weakened immune system

### How to book

Parents can book an appointment for their child via the online [National Booking Service](#) or by calling 119 for dedicated children's clinics at three mass vaccination centres:

- The Kassam Stadium, Oxford
- Broad Street Mall, Reading
- The Guttman Centre, Stoke Mandeville

Parents are advised that other appointments will become available on the National Booking Service or by calling 119, so they should keep checking if they prefer to go to a clinic closer to home.

**Further information on COVID-19 vaccine for children:** which includes details on how to get the vaccine, how long to wait between 1st and 2nd doses, what to do if your child shows symptoms of COVID-19 [see here](#) or at: <https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/how-to-get-a-coronavirus-vaccine/how-to-get-a-1st-and-2nd-dose/>



Some children aged 5 and over who are at risk from the condition or have a weakened immune (or live with someone with a weakened immune system) might be eligible to receive a booster COVID-19 vaccine this autumn. For more information [see here](#) or visit <https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/how-to-get-a-coronavirus-vaccine/how-to-get-a-booster-dose/>

The NHS wants to support parents to make an informed choice with more information available here COVID-19: [A guide for parents of children aged 5 to 11](#) ([publishing.service.gov.uk](https://publishing.service.gov.uk))

### About the dose for children:

- Children will be given a Pfizer/BioNTech vaccine for their COVID-19 vaccination.
- Children aged 5 to 11 (or 12 if they are in school Year 7) will be given smaller doses than older children and adults.

The National Booking Service can be found at: <https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination/>

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## Trust news

# 'Team Oxfordshire' ready to tackle winter pressures

**As we prepare for the busy winter months, health and social care professionals across the health and care system in Oxfordshire are building on their experience of working together throughout the year and during previous winters to deliver services.**

Staff from the county's hospitals, GP practice, social services, community health services, ambulance services, mental health services, and the voluntary sector are working together to provide safe, effective, and sustainable care for people across Oxfordshire.



Chief Nurse Marie Crofts

Winter is a high-pressure season for health and social care services, with the colder temperatures and harsher weather conditions leading to increased demands on GPs and Emergency Departments as flu season begins. This, paired with the ongoing impact of COVID-19 and seasonal flu, means that health

and social care staff working as "Team Oxfordshire" is especially important.

Oxford Health NHS Foundation Trust will continue to provide community physical health services and mental health services, including the county's out-of-hours GP service and Minor Injury Units, Oxfordshire's community hospitals, the Oxfordshire NHS 24/7 Mental Health Helpline, and health visiting and school nurse services.



Marie Crofts, Chief Nurse at Oxford Health NHS Foundation Trust, said:

***"It's important, particularly during this challenging time, that we take a moment to prepare for winter, help one another and look after our whole wellbeing, as our physical and mental health are so closely linked."***



***"We are here to support people to stay healthy, live well and thrive, whether that's providing clinical care at home or via our eight community hospitals, county-wide district nursing teams, school nursing service, or help through our mental health teams."***

***"If you are an adult or young person struggling with your mental wellbeing, NHS help is at hand with the Oxfordshire NHS 24-hour mental health helpline via NHS 111 online."***

See more about the county health and social care system approach to winter planning [here](#).

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Membership Matters **11**



# BEE Awards

## Jayne wins our first BEE Award

**BEE Awards stand for 'Be excellent every day' and celebrate Oxford Health's Allied Health Professionals and social workers. Community dietitian Jayne Lewis was crowned as the Trust's first winner, along with highly commended AHPs: post COVID rehabilitation coordinator Emma Tucker and dietitian Sally Burne.**



Community dietitian Jayne Lewis had a great big surprise when she was conducting a 1-2-1 at Littlemore with her line manager Justine Jarvis, and in marched a delegation of managers with flowers and gifts. They were service manager Emma Leaver, interim Allied Health professions lead Emma Croft and operations manager Amanda Jones who came to present Jayne with the Trust's first ever BEE award.

Jayne was picked from 28 nominations for the inaugural award and the plan was to present it in the AHP day at Kassam. Alas, Jayne was unable to attend on that day and an alternative plot was hatched. This entailed coaxing Jayne for "an important meeting" in real life at Littlemore.

*"I thought it was a bit odd, like maybe the internet was down!" Jayne mused when the*

***truth dawned on her.***

Emma Croft read out Jayne's nomination which praised her calm approach as a sole practitioner for children and young adults, who are enterally fed in their own home. Emma Leaver confirmed:

***"You are entirely unique: we all feel it when you are not around!"***

Jayne was moved to tears by the recognition.

***"I have worked at the NHS for 42 years and it is only in the last few years that AHPs have started to get recognition. I would really like to dedicate this award to all of them – my job would be very different if they weren't there!"***

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# BEE Awards



Justine Jarvis, Jayne Lewis, Emma Croft, Amanda Jones and Emma Leaver celebrated the inaugural BEE Award.

In addition to a certificate and a beautiful handmade glass sculpture, the BEE award comes with a bag of goodies such as honey (of course!) And Jayne's extraordinary presentation came with an extra duty: she was persuaded to do an Oscar-style video greeting which was played in the AHP day at the Kassam Stadium the following day.

At the AHP day, CEO Dr Nick Broughton officially



CEO Dr Nick Broughton, Emma Tucker and Sally Burne

launched the BEE awards, and presented certificates to the inaugural highly commended AHPs: post COVID rehabilitation coordinator Emma Tucker and dietitian Sally Burne.

Nick revealed he has a soft spot for AHPs as he is married to one – although not to one at Oxford Health. "I don't think she'd like to work for me!" he joked, and continued:

*"During my career I've seen the positive attitude you had and the difference you make. I am humbled by the incredible work*

*you do in incredibly difficult circumstances. I want Oxford Health to be an organisation that supports all AHPs, and I am committed to doing this."*



Oxford Health has around 500 AHPs and 200 social workers, and BEE awards has been launched to celebrate just them. Buzz along to [www.oxfordhealth.nhs.uk/bee](http://www.oxfordhealth.nhs.uk/bee) and fill in the online form.

For the inaugural BEE award, a social worker will be awarded too. This prize hasn't been given out yet but plans are underway, so watch this space!

After that only one winner per month plus two highly commended will be awarded.

You can nominate an individual from any of the following professional groups:

- Mental Health Social Workers
- Art therapists
- Dietitians
- Music therapists
- Occupational therapists
- Paramedics
- Physiotherapists
- Podiatrists
- Speech and Language Therapists



# Exceptional People Awards



**A gold standard healthcare assistant and an incredible team that supports homes caring for people living with dementia are the worthy recipients of the latest round of Oxford Health's Exceptional People Awards.**

The awards nominees, who are judged by the executive team and by a panel of Trust governors, were made in August. However, due to the national period of mourning for Queen Elizabeth, the presentation only took place this week with CEO Dr Nick Broughton and Lead Governor Mike Hobbs leading celebrations at Trust HQ in Littlemore.

Picking up the individual award in recognition of her outstanding contribution to the district nursing service in Bicester was healthcare assistant Yasmin Pritchard.

She beamed with pride as she was praised by Mike for being such an exceptional colleague. She was awarded a framed certificate, £50 gift token to spend at a high street retailer of her choice and a large, engraved glass trophy.

Yasmin who was nominated by community nurse Rebecca Cottam, said:

***"It's amazing and completely out of the blue. It's so nice to be appreciated and recognised. Work has been really hard for the team in Bicester. Our case load has been quite high, but we are a tight team and we've got through it."***

Receiving the team award was the Mental Health team in Oxfordshire's Care Home Support Service, a

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# Exceptional People Awards

small team of five mental health nurses and occupational therapists supported by a team manager Nicky Jones and a clinical psychologist Dr Carla Runchman, who submitted the nomination.

They received a framed certificate, engraved glass trophy and a £100 gift voucher to celebrate in style. Nicky said:

***"We are very proud to have been nominated by Carla and to have won this award. It means an awful lot to us and our colleagues who we work with."***

***"We haven't been able to come together as a team for some time, so it's great to be together for such a special occasion and get this recognition."***

Yasmin Pritchard



Yasmin's nomination said:

*Yasmin continually amazes us on the team with her exceptional levels of care and compassion. We receive an exceptional level of feedback from patients and families regarding the level and standard of care she gives. She consistently maintains an excellent level of care and compassion. She practices to a gold standard of care, going above and beyond what is expected of her. She not only manages to complete visits to an excellent standard but goes above and beyond for patients during visits.*

## Care Home Mental Health Support Team



The Mental Health team of the Care Home Support Service were nominated by clinical psychologist Carla Runchman. She wrote:

*The Mental Health team of the Care Home Support Service have been a small but constant and dedicated presence in supporting those living and working in care homes in Oxfordshire.*

*The aim of the team is to support care homes caring for people living with dementia whose behaviour is challenging to their care. The team have developed excellent relationships with care homes in Oxfordshire, and embody a deeply caring approach, always endeavouring to 'walk alongside' carers whilst providing their expertise, and empathising with the incredibly challenging roles they undertake, caring for some of the most vulnerable people in our community.*

**Nominate a top team or someone exceptional now! Nominations are accepted at any time from patients, carers, family & friends, and colleagues. Each month our judges choose a winner and two highly commended from teams and individuals. Fill in a nomination form online [here](#).**



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Membership Matters 15

# Exceptional People Awards

## Balaji and Ade highly commended

Clinical research nurse Balaji Ranjendran and Amber ward deputy ward manager Aderonke Olaewe became highly commended in our August round of Exceptional People Awards.



Balaji Ranjendran received his highly commended certificate from Dr Katy Smith. She said:

***"It's a great pleasure to present this certificate to Balaji, in recognition of all the hard work he has put into the Clinical Research Facility resuscitation guidelines, our pharmacy audit and our lumbar puncture procedures specifically, but also for being a fantastic and essential member of the team. Congratulations on your achievement, it is very well deserved."***

Balaji had been nominated by senior research nurse Amanda Colston, who wrote:

***"He is always keen to help, always has an eye for safety, is wonderful with our participants and has been quietly invaluable to senior management as the CRF increased its occupancy from 50% to nearly 80% in recovery from the pandemic. As his line manager I think Balaji is an exceptional person and would like the Trust to recognise his contributions to research and the Trust's reputation."***



From left: Sheila Mudarikiri (Matron), Stella Godin-Malife (Ward Manager), Alison Murray (Physical Health Lead), Aderonke Olaewe (Award Winner), Julie Fulea (Head of Nursing Bucks), and Claire Forest (Nurse Consultant Older Adult Services.)

Deputy ward manager Ade Olaewe received her certificate in a small ceremony from Head of Nursing Bucks Julie Fulea and Older Adult nurse consultant Claire Forrest. Ade said:

***"I am grateful to receive the exceptional award. The award reminds me that great leaders don't set out to be leaders; they set out to make a difference. It is never about the role, but about the goal."***

The ward manager Stella Godin-Malife subscribed to Ade was nominated by physical health lead Alison Murray who wrote:

***"Ade is an exceptionally caring nurse and absolutely puts in 100% effort into supporting the whole multidisciplinary team to ensure that patients and relatives are kept informed and are involved in decision making and work towards the appropriate person-centred goals."***

***"She is an excellent role model for the whole team. She is calm and quietly gets on and does whatever is needed to keep her patients safe and feeling supported on Amber ward. She is receptive and supportive to developing those around her, including students of all fields and more junior staff."***

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# Exceptional People Awards

## All smiles at Healthy Minds



From left: Sally Jones (Service Manager), Josef Landsberg (Deputy Clinical Lead), Lauren Whitehouse, John Pimm (Clinical Lead) and guide dog Monty, Yinka Okungbowa, Sally Tacon, Kim Sattar and Gloria Okello.

**Healthy Minds Operational Team were all smiles when they celebrated becoming highly commended in the August round of Oxford Health's Exceptional People Awards.**

The team received their certificate from service manager Sally Jones who had also nominated her colleagues. She wrote:

***"The Healthy Minds Ops Team supports and cares for our extended staff group of around 300, including a high proportion of trainees and new starters each year.***



***"A stand-out feature of the team is their ability to develop innovative systems that run smoothly and reliably, easing the load for clinical colleagues. The reliability they provide allows for momentum to be maintained even during staff absences. By embodying high standards in everything they do, our Ops Team help our staff to be as excellent as they can be.***

***"As one senior colleague sums up: 'I feel I can totally rely on the Ops Team. They give me confidence to hand over responsibility for things which frees up my time for supervision and patient appointments and really allows me to focus on my role'."***



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# I Want Great Care reviews



## CAMHS Learning Disability service, Swindon

Swindon's Learning Disability service (CAMHS) work with young people up until the age of 18 who have a learning disability. This may include mental health problems, complex behavioural difficulties impacting everyday life or longstanding difficulties that are not getting better despite mainstream services having offered the appropriate support.

Carey Gurd, Interim Team Manager at Marlborough House, Swindon, said:

***"It's great that we have such a positive response from families we look after. Our team works so hard to support patients and provide an excellent service that they can rely on. We're pleased that the hard work is being recognised – it keeps us going!"***

Here are just a few of the many positive comments the team has received:

***"Our nurse has been really helpful and understanding of my child's issues. He has listened carefully to me and provided me with relevant information to support with my child's problems."***

***"We were a family at crisis point and the nurse gave us really informative information that has helped greatly."***

## Community Respiratory service

The Community Respiratory service operates across Oxfordshire and offers a range of support to enable patients with chronic respiratory conditions, such as COPD and lung disease, to be cared for at home where possible. The service works alongside primary health care teams, including occupational therapists, physiotherapists, and social workers.

Chris Swindale, Pulmonary Rehab Team lead, said:

***"We are so grateful that our hard work is recognised. The lovely five-star I Want Great Care reviews keep us motivated to continue providing excellent support."***

Below are just a few of the many positive comments the service has received:

***"Staff were enthusiastic and helpful, explaining everything to me clearly."***

***"The staff who treated me were very caring and attentive as well as knowledgeable!"***

***"The team were very professional as well as empathetic to all members on the course. They have made me want to continue my exercises! I feel so much better because of their support."***

## Trust news

### Be bold, be brave, make waves!



*Helen Shields (Clinical Lead Occupational Therapist at the Whiteleaf Centre), Emma Croft, Sam Rigg and Tom Ayre (physiotherapist.)*

#### **Be bold, be brave, make waves – that was the motto for Friday, October 14, a day of celebrating the Trust's Allied Health Professionals (AHPs.)**

Some 120 AHPs came together to Kassam Stadium to connect and inspire each other, hear about the truly brilliant work being done at the Trust, celebrate achievements and witness the launch of the BEE awards with 120 bee cupcakes. All attendees were invited to write on a post-it note what they are proud of, and the boards on the back wall of soon filled with most amazing statements that demonstrated what a difference AHPs make to people every day.

The event was hosted by Sam Rigg, Interim AHP Lead Community Services and Emma Croft, Interim AHP Lead Mental Health & Learning Disabilities.

Participants heard addresses from Chief Nurse & AHP Executive Lead Marie Crofts and CEO Dr Nick Broughton.

A number of AHPs had been invited to share case studies of their work, The case studies they presented truly brought to life the life-changing, person-centred care our AHPs provide.

The celebrations were balanced with some serious work, too. Emma Croft introduced the Allied Health Professions Strategy for England 2022 to 2027.

Subtitled AHPs Deliver, the strategy has been co-created with people and communities, the AHP community and other health professionals, and has five areas of focus:

1. People first
2. Optimising care
3. Social justice: Addressing health and care inequalities
4. Environmental sustainability: Greener AHPs
5. Strengthening & Promoting Allied Health Professions community

In the afternoon the delegates got together in workshops to consider different aspects of the strategy.

Emma Croft said:

***"It was such a positive day and wonderful to come together and connect as a group of AHPs across the trust. I found the staff and patient stories were inspirational and showcased the breadth of services AHPs are delivering. A common theme throughout was how staff personalised the services they provided to meet the needs of the clients. I really felt the contribution of AHPs was celebrated and valued today, and I am looking forward to continuing to make waves together."***



# Charity news

## Oxford Half Marathon

How did you spend last Sunday morning? Enjoying a lie-in? At work? Walking the dog? Wrapped up with a cuppa, watching your children from the touchlines? Or, arriving in Oxford City Centre from 7.30am; ready to take part in a lively, pre-race warm-up before making your way to your holding area and counting down to the 9.30am starting gun for the [LimeLight Sport Oxford Half Marathon](#)?

This is how over 5,000 people began their day on Sunday 16 October 2022, with our amazing team of enthusiastic Oxford Health Charity runners among them!

Our 21 charity champions each challenged themselves to complete the 13.1-mile (21.1km) course, which began near Balliol and Trinity Colleges (Broad Street), passed through the village of Old Marston, crossed over the River Cherwell, went through Lady Margaret Hall, and around the iconic Radcliffe Camera before finishing on Parks Road.

These marathon heroes were not only spurred on along the route by the live music playing at every mile but also by the crescendos of cheers emanating from friends, family members, Oxford Health Charity staff and members of the public as they made their way to the finish line. They all ran an amazing race, coming home within the 3 ½ hours time limit, with many achieving personal bests and seven of the team finishing in under 2 hours.

Through their outstanding achievements our team have, to date, raised over **£6,200** for their chosen Oxford Health services and Charity appeals. If you haven't yet had chance to make a donation to support your friends and colleagues for this event and would like to do so, the OHC Oxford Half team fundraising page can be found [here](#).



*Juliet Le Masurier, Volunteer*

Oxford Health Charity would like to say a **HUGE**, heartfelt **THANK YOU** to all our Oxford Half 2022 runners:

**From our Oxford Health Foundation Trust**

**Family:** Steve Bowen; Dr Nick Broughton; Kelly Davies; Katarzyna Domanska; Rob Evans; Simon Jones; Juliet Le Masurier; Jo Pratt; Sir Philip Rutnam; Chris Walkling; Emma Wiggins

**And also:** Kelly Ahmed; Chris Bradshaw; Robert Buican; Simon Cannings; Jack Cheung; Duncan Lorimer; Chloe Maxwell; Charlotte Roberts; Michelle Whittaker; Mark Willoughby

**Your efforts and achievements have been amazing and an inspiration to us all.**

[See more here](#)



## Research news

# £35.4m to transform mental and brain health care across the UK – and the world

**Innovative treatments and transformative therapies in brain health are on the horizon thanks to a £35.4 million award to the NIHR Oxford Health Biomedical Research Centre.**

The award, announced on Friday, October 14, is part of a package of funding from the [National Institute for Health and Care Research \(NIHR\)](#) for Biomedical Research Centres (BRC) in a competitive process involving international review. The [Oxford Health BRC](#), one of only two centres in the country currently wholly dedicated to mental health, was successful in securing funding for 11 themes of research.

Together with our sister centre, the NIHR Oxford BRC, Oxford attracted a £122m share of the £790m awards pot – a massive boost for research in the city and far beyond.

Already established as a centre of excellence in delivering cutting edge treatments in mental health and dementia, the Oxford Health BRC will now set its sights on delivering a breadth of life-changing innovations in brain health over a five-year period starting on December 1, 2022.

Theme areas, including depression therapeutics, mental health in development with a focus on children and young people, psychological treatments and brain technologies will now be advanced by leading scientists, clinicians and academics linked via a network of centres of excellence in brain health.

These include NHS organisations and universities complemented by collaborations around the globe. Together they will make it possible to directly translate research into potential new treatments,



diagnostic tests and medical technologies for NHS patients.

Professor John Geddes, Director of the NIHR Oxford Health BRC, said: “The successful BRC application was a result of a huge amount of work involving patients and public, researchers and clinicians across Oxford and our partners across the country.



“It builds on the success of the current centre which has, over the past five years, delivered new psychological and digital treatments, advances in drug discovery and new ways of integrating research and clinical care.

“The new award now provides us with a wonderful opportunity to transform care for mental and brain health and wellbeing across the whole country and, actually, the world. We can now translate the best research from UK biomedical science, data science and engineering, social science and arts and the humanities for the benefit of clinical care and population health.”

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# Membership

## Invite a friend to become a member



**We always welcome new people to join our Trust – why not invite a friend? Membership is free and anyone at least 12 years old, living in England or Wales, is welcome to join.**

As a member you will be able to:

- influence the way your local services are developed
- elect a Governor to represent your views
- stand to become a Governor yourself
- receive discounts from major high street retailers

**Ask your friends to [sign up here](#) or scan the QR code.**



## Contribute to next month's edition!

We are always keen to hear from you and welcome your ideas and suggestions on how we can improve membership.

We are also looking for stories from our members to refresh our [membership pages](#). Tell us why you joined the Trust and what your membership means to you!

**This Membership Matters is brought to you by the Communications and Engagement Team.**

**For all matters on membership, please email [FT.MembershipCommunity@oxfordhealth.nhs.uk](mailto:FT.MembershipCommunity@oxfordhealth.nhs.uk).**

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