

Attention & Listening // Age 0 – 12 months

Listen to your baby by talking face to face and then giving them time to respond. Babies can learn to take turns by cooing and later babbling sounds or even copying a facial expression like sticking the tongue out.

Talk to your baby

Vary the loudness and intonation of your voice. Your baby will watch your face intently and will also enjoy listening to your voice.



Play games with your baby

Give your baby 'noisy' toys to experiment with, e.g. a tin tray and wooden spoon, a bunch of keys, etc. Older babies enjoy games of 'peek-a-boo'. Play 'peek-a-boo' behind your hand or behind a chair.

Share nursery rhymes with your baby. The repetition and rhyming will help your baby listen.



Look at books with your baby

You can use 'feely books' and 'lift-the-flap' books to help hold your child's attention.