

Understanding Language // Aged 0 – 12months

Look at your baby and **say their name**. Make **eye contact** and wait for them to react with facial expression or body movements.

Speak clearly. Babies respond well to a higher pitched, sing-song voice.

Smile and look your at your child when talking to them.



Use **actions** and facial expression to support your words, e.g., waving when you say 'bye bye'.

Make sure you are close enough to your child so they can see your face when you are talking – move down to their level.

Have fun with **nursery rhymes**. Help your child to understand the words by using actions as well.



Babies learn what words mean by hearing the same words, over and over again, in the same everyday situations. Provide lots of repetitions of these words, e.g. 'milk', 'teddy', whilst your baby is holding, touching, or looking at the object.