

**🗹 Neuro Developmental Conditions Pathway**

Tourette’s and tics

## What is it?

Tourette’s syndrome is a neurological condition (affecting the brain and nervous system) that is characterised by a combination of involuntary noises and movements called tics.

## What are the symptoms?

Tics that have been present for at least a year and include at least one vocal tic.

Tics can be:

* **vocal (sounds)** – such as grunting, coughing or shouting out words
* **physical (movements)** – such as jerking of the head or jumping up and down

Tics can also be:

* **simple** – for example, making a small movement or uttering a single sound
* **complex –** for example, making a series of movements or speaking a long phrase

## Further information

Please see this link for further information: [www.nhs.uk/conditions/tourettes-syndrome/](http://www.nhs.uk/conditions/tourettes-syndrome/)