Problem solving

If you have to make a big or a difficult decision try to use these six steps to help you decide what you will do.

STOP. WHAT DECISION DO YOU NEED TO MAKE?

WHAT ARE YOUR CHOICES?

1. **OR**
2. **OR**
3. **OR**
4. **OR**
5. **OR**

WHAT ARE THE CONSEQUENCES? For you and others in the short and long term

ON BALANCE WHAT WILL YOU DO?

DID IT WORK? What would you do differently next time?