

OXFORDSHIRE WE ARE WITH YOU FORUM

JOIN OUR SUPPORTIVE COMMUNITY!

We aim to walk with you on your Parent/Carer journey
A warm, parent session for anyone caring for a child or young
adult (up to age 25) facing mental health challenges.

Connect • Share • Learn Join us online or in person for relaxed,
insightful sessions led by:

- Parent Peer Support Workers
- Social Prescribers
- CAMHS Mental Health Professionals

Explore topics around mental health and neurodiversity in a
safe, welcoming space.

★ Plus: Special Guest Events Hear from professionals and
services across the field! and getting out in nature.



**TO REGISTER FOLLOW
THE LINK OR QR :**



WWW.OXFORDHEALTH.NHS.UK/CAMHS/INVOLVEMENT/OXON/WWY/