



## Referral criteria

- Mental health diagnosis within Care Clusters 4-17
- Over 18s
- Registered with a GP in Oxfordshire
- Service user has individual recovery goals and is motivated to participate in our recovery service

Bridewell is suitable for services users who are able to engage with the recovery programme. This includes being able to:

- participate in reviews and goal-setting
- engage in meaningful activity and social interaction
- access our site using their own transport, or using our minibus which collects from central Witney



Friday 7<sup>th</sup> April

- Weeding - fruit cage - end of potager
- Onion / seed sowing - raised beds
- Laminating
- Tunnel - potting on / seed sowing
- (pm) - Adjust drip feed to hedge
- bees
- Cleaning / chickens
- Finish chili jam

Bridewell Gardens is a mental health recovery service based in a rural location in West Oxfordshire.

We are a registered charity and part of the Oxfordshire Mental Health Partnership.

## What we do

Bridewell supports people to engage in hands-on land-based activity. The recovery team use occupational focus and individual support to assist people back into employment, voluntary work and active lives in the community.

Bridewell uses a structured day with service users (gardeners) engaged in activities around the garden supported by Social and Therapeutic Horticultural Practitioners and volunteers.

“Bridewell has given me a voice and an opportunity to grow as a person”

A typical day starts at 10:00 with a mug of tea and a conversation about the day's activities. Each gardener chooses which activities they'll work on. Groups stop for lunch together which is followed by a health walk. Work in the afternoon finishes at 15:00.

“At Bridewell I have learnt to trust those around me again and also to trust myself.”

If you know someone who might benefit from this service, please go to [www.bridewellgardens.org](http://www.bridewellgardens.org) for a referral form.



# Make a referral

- Referral forms can be downloaded from our website: [www.bridewellgardens.org](http://www.bridewellgardens.org)
- Please include a current Risk Assessment and Care Plan if available
- If a risk assessment is not available, please share details of risk, medication, diagnosis and any supporting information in the referral form to avoid delays
- Send completed referral forms to:  
The Administrator, Bridewell Organic Gardens, Business & Innovation Centre, Windrush House, Witney OX29 7DX
- We welcome visits to the garden to meet staff and to see the site. Contact the garden to arrange a time on 01993 868313

“Bridewell has taught me how to love life once again.”

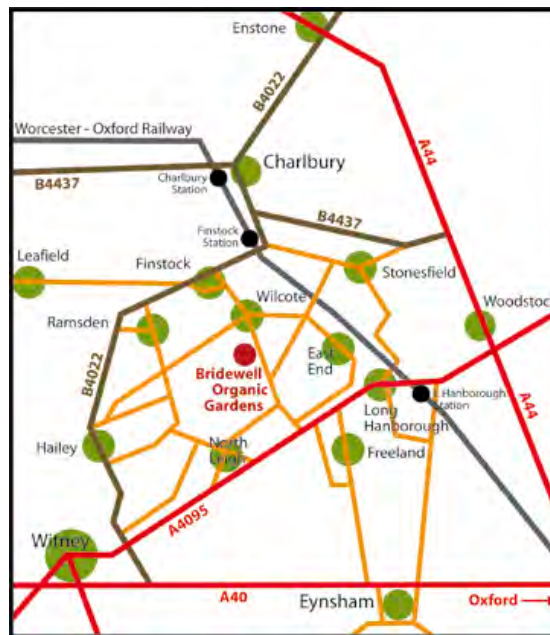


# Contact us

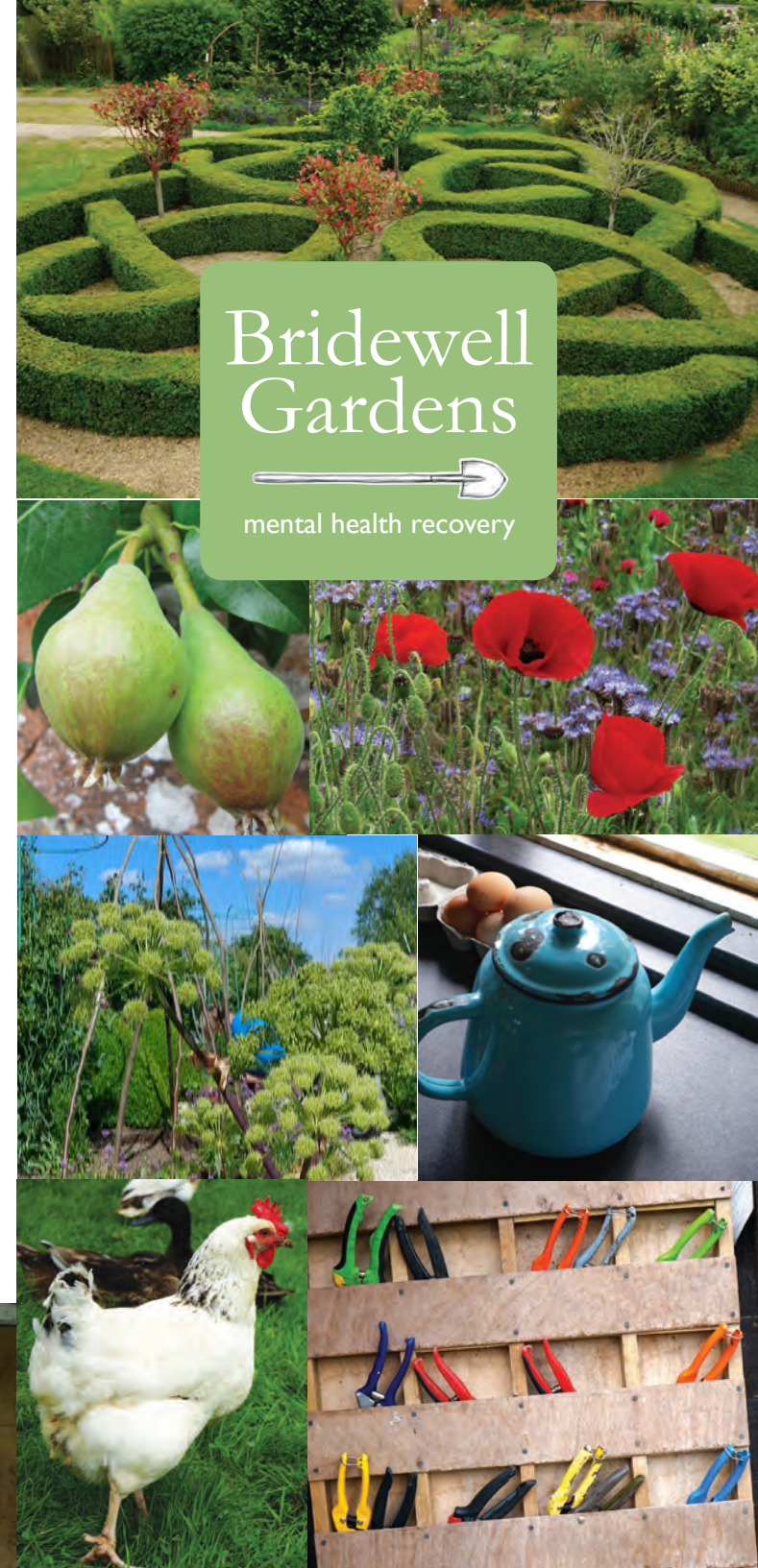
If you have any questions about Bridewell or about making a referral please contact our garden staff on 01993 868313.

[www.bridewellgardens.org](http://www.bridewellgardens.org)  
[info@bridewellgardens.org](mailto:info@bridewellgardens.org)  
The Walled Garden, Wilcote, OX7 3DT  
Office: 01993 848238  
Garden: 01993 868313

“This place works magic”



Registered charity number: 1158456



# Bridewell Gardens



mental health recovery