**Handwriting Patterns**

Either before drawing and formal handwriting, choose two - three writing patterns to practice or try to set aside time to do a couple a day or when you have a free moment. Perhaps carry a doodle book around.

1. 5.

2. 6.

3. 7.

4. 8. PLAY HURDLING l l l l l l l l l

9. Spirals***:*** Start outside and get smaller then start at the centre get bigger.

Make shapes out of spirals, eg snail, catherine wheel, a clown, smoke, clouds. Decreasing or increasing the spirals and use square and triangular shapes also

**Pencil Adjusting** - Use a pencil with a rubber on the end and change the pencil direction from one end to the other for alternate drawing and rubbing out. Practice by inching up and down the pencil using a tripod grasp and then turning to point lead or rubber end down. Pencil turns are to be made by the RIGHT hand in space. Make a ready drawn line of dots and carry out the following sequence - circle, rub out, cross, rub out, repeat. **. . . . . . . . . .**



Join up ‘o’s to make train wheels.

**Caterpillar** drawing under and over a row of dots left to right, around and back right to left. Draw eyes in the front loop and feelers on top. Draw 2 stick legs under all the other segments.

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