

Explorations in Psycho-Spiritual Care 2017

A series of personal and professional development workshops for health & social care professionals, counsellors & psychotherapists, chaplains and faith leaders who want to deepen their practice of psycho-spiritual care.

Led by highly experienced practitioners and trainers from the world of spiritual care, healthcare & psychotherapy.

- ◆ The course is open to people of all faiths and beliefs;
- ◆ The themes of each day will be developed by various speakers in the morning and considered together in facilitated reflective practice groups in the afternoon;
- ◆ Participants will be given the opportunity to reflect on their personal & professional identity;
- ◆ Participants will be expected to bring material from their own practice as it relates to each days' theme;
- ◆ At the end of the course there will be opportunity to consolidate learning in an *optional* 3,000 word essay;
- ◆ Detailed reading lists will be provided each week.

'Outstanding so very interesting and deeply engaging' (2016 participant)

'Quality of the experience was superb' (2015 participant)



COST £240/£205

if paid by 25/08/17 (half price for OHFT staff)

(tea & coffee included)

The course is designed as a whole. Participants are therefore expected to attend a **minimum of 3 out of 4 days.**
10am —4pm

Day 1 21st September 2017

Here I am: Being a spiritual carer in a bio-medical world

Dr Victoria Slater

Day 2 19th October 2017

Narratives and Stories in psycho-spiritual Care: Why they matter and how they help us

Dr Jill Buckeldee

Day 3 16th November 2017

Art Psychotherapy: Reflecting the inner landscape

David Elliott

Day 4 7th December 2017

What does it mean? Literal meaning, underlying meaning, emotional meaning: Using poetry to think about expressing the inexpressible

Dr Harriet Barlow

'What was so very good about these days is that we were a community of learning desirous of being authentic' (2014 participant)

For further details please contact:

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PTO

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SPEAKERS

Jill Buckeldee (and reflective practice co-facilitator) is a psychodynamic counsellor with an interest in spirituality. She has recently completed a doctorate on how spirituality is understood and worked with in psychodynamic practice. She works as a counsellor at a theological college and has a private practice. Jill was a senior nurse in community care involved in managing and training nurses and other health care professionals and is currently developing her work within a hospice context.

David Elliott Ordained in 1993, David spent 10 years as illustrator and designer in the creative industry followed by 9 years as an acute healthcare chaplain. During this time he developed a range of creative arts workshops for patients with life-altering conditions. Deeply moved by the capacity of art making to effect positive change, David did a part-time MA in Art Therapy and now works as an art psychotherapist in a range of settings and private practice. He continues to make art himself and is currently doing a distance learning BA in Fine Art.

Guy Harrison (reflective practice co-facilitator and workshop organiser) is Head of Spiritual & Pastoral Care at OHFT and Director of OCSW. He has worked for 20 years as a healthcare chaplain and counsellor in hospice, acute care, mental health care and community contexts. He has wide experience of training in spiritual and pastoral care within healthcare and local multi-faith contexts and is an experienced supervisor. He is a registered BACP (accredited) psychotherapist and a senior accredited pastoral supervisor (APSE). He has edited 'Psycho-spiritual care in Healthcare Practice' which is published by JKP (June 2017).

Victoria Slater currently works as the researcher on a project that supports older people to engage with issues around death and dying. She also works freelance as a researcher, consultant, writer and trainer and is an Honorary Research Fellow at the Queen's Foundation Birmingham. She has worked in healthcare chaplaincy for over twenty years in both acute and specialist palliative care, has published work in various books and journals and has written a book on chaplaincy in community contexts. She has presented work at a wide range of conferences and professional development workshops and maintains a strong interest in spirituality and health.

Harriet Barlow is a Clinical Psychologist who trained in Oxford, qualified in 1994, and has worked with Older Adults ever since. She did the Oxford Diploma in Cognitive Therapy in 1996. Harriet has developed CBT groups for carers of people with dementia, and is interested in the psychological issues of facing illness, aging and death. She is married to a C of E priest, she sings and is interested in both children's and older adults' spirituality.

VENUE

The Friends Meeting House (Quakers), 43 St Giles, Oxford OX1 3LW

The Friends Meeting House is situated within 10 minutes walk of Oxford Railway Station and 5 minutes of Oxford Park and Ride buses. Please note parking in central Oxford is difficult and/or expensive but Oxford is well supplied with Park and Ride from the A34 (North and South), A420 and A40/M40