

# INTELLIGENCE INSIDER

Your Oxford Health Libraries monthly newsletter

## In this issue,

- ◆ Book club survey
- ◆ Warneford's library history room
- ◆ Book exchange and wellbeing.

## Hello, my name is Tom Rogers



After passing my six-month probation in January (time flies!) I reflected on everything I had learned in the preceding six months and what the future may hold. Like [Bertha in last month's newsletter](#), I dwelled upon OpenAI's [ChatGPT](#) and how Artificial Intelligence will impact the ever-changing landscape of the workplace. Where do us humans fit into all of this within the next decade? Just recently Darren McKenna, director of Digital at Cumbria, Northumberland, Tyne and Wear NHS FT, [spoke about our inevitably intertwined tech future and how it may impact some NHS job tasks](#). He says that GPT could be 'excellent for writing clinical safety cases, business cases, trust annual bulletins, job plans. It might produce a skeleton document or board paper (especially if it has access to corporate data) which then just needs to be finalised. Or in Outlook – it could draft email responses for you.' On the clinical side, things such as [Virtual Wards](#) can only improve as time progresses. These are but a few examples, it is worth remembering that these technologies are still in their infancy.

With all this swirling around in my mind, I decided to apply to study a part-time master's course in information and Library Science. I believe that Librarianship/Information management is not going to be wholly replaced with AI but greatly enhanced, and I look forward to focusing on the digital aspects of the course. Call me optimistic, but I believe that this sort of human/technological symbiosis will be key to our future and surely will help us continue to deliver services to people like you.

Over December and January, in conjunction with HealthFest, I and my colleague Mark Bryant facilitated two book clubs. The first one book focused on medical non-fiction (*When The Body Says No* by Gabor Mate) and the other, popular fiction (Richard Osman's *The Thursday Murder Club*). Due to illness, I was only able to attend the latter session. The session I took part in was a success, we found Osman's whodunnit a fantastical, comedic, and very charming story. A celebrity author foraying into the world of fiction can sometimes be hit-and-miss, but we all thoroughly enjoyed *The Thursday Murder Club*. Set in Kent, four sprightly, remarkable agile, and energetic elderly folk exercise their considerable brain power into the solving of cold case murders from police files secretly acquired by the undisputed leader of the group, Elizabeth, a woman to be reckoned with, with her mysterious and shadowy background. The book was a light, easy read and made a wonderful break from the dark and grisly fare of much of the crime fiction and mystery genre, and whilst the connection between our intrepid elderly sleuths and the police might require a suspension of disbelief, it worked well. Attendees of the session (including myself) were interested in reading the newer editions of the series to keep up with the progression and evolution of the memorable staple characters. One of our participants recommended another similar fictive crime-collection entitled 'The Marlowe Murder Club Mystery Series' by Robert Thorgood... Watch this space.

Ultimately, the aim of these two sessions was to aid staff wellbeing. It is well-known that book clubs can have a positive impact on mental and emotional wellness. [Reading has been shown to reduce stress, improve memory/cognitive function, and even boost self-esteem](#). By joining our book club sessions, you can reap these benefits while also engaging in meaningful conversation with others, which can help to combat feelings of stress and anxiety associated with work. We are hoping to continue these sessions and are just trying to figure out how to do so. [Filling out this quick survey](#) would go a long way in helping us facilitate more!



Reading for pleasure enhances empathy, understanding of the self, and the ability to understand one's own and others' identities,

[Would you like to join a book club to read for pleasure?](#)

Complete this survey before 31st of March 2023

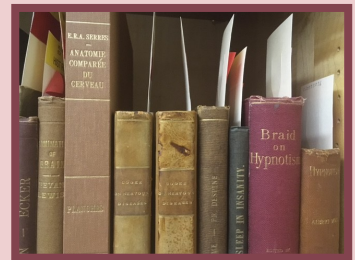


## Warneford Library's History Room

Tiziana Fiorito  
Assistant Librarian

The History Room looks just as you would expect: old tomes behind glass, notes reminding one to handle items with care, bookshelves covering every inch of space. Visitors with queries about archival material regarding the Warneford Hospital (minutes of meetings, reports, account books etc.) need to be referred to the Oxfordshire History Centre, but we also receive requests to access the historical collection from researchers and students interested in the history of mental health institutions and, more specifically, in the creation and development of the Warneford and Littlemore hospitals.

An account of the origin, nature, and objects of the asylum on Headington Hill, near Oxford [Vaughan Thomas] 1827; Littlemore Hospital, 1840s to 1960s : from pauper lunatics to mental health patients 2014?, by John Stewart; Lunacy, law and conscience, 1744-1845 : the social history of the care of the insane 1955, by Kathleen Jones; Lunacy law : the statutes relating to private lunatics: pauper lunatics: criminal 1890, by Danby P. Fry: these are just a few of the titles available to browse and consult in the library. But the collection also includes books and pamphlets to borrow and take home. If you would like to book a visit, please email: [library.enquiries@oxfordhealth.nhs.uk](mailto:library.enquiries@oxfordhealth.nhs.uk)



## Book Exchange, library services to support staff wellbeing.

Sarah Maddock  
Library Services Manager

According to the Reading Agency, the benefits of reading have been proven time and again with clear **evidence**, finding that reading for pleasure enhances empathy, understanding of the self, and the ability to understand one's own and others' identities.

Recognising these benefits at Oxford Health Libraries, this month we wanted to highlight our 'Book Exchange' service, part of a range of activities and resources aimed at supporting Trust staff and students' wellbeing.

There is no catalogue(!) and the Exchanges are entirely self-sufficient with a good turnover of interesting titles - so please come along and take a look if you can.

We also welcome further donations of books in good condition – just bring them in and add to the collection!

**BOOK EXCHANGE**  
DONATED PRE-OWNED BOOKS  
BORROW WHAT YOU WANT AND RETURN THEM WHEN FINISHED  
DONATIONS ALWAYS WELCOME  
AT LITTLEMORE, WARNEFORD AND WHITELEAF LIBRARIES

Require an article or a book? Want to learn how to perform a quicker and more effective search on specific topics? Need a literature search for guidelines, case studies, research papers or a quality improvement project? Want to keep up to date with the latest information in your field of interest?

Contact us at [library.enquiries@oxfordhealth.nhs.uk](mailto:library.enquiries@oxfordhealth.nhs.uk) Follow us @OHFTLib

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