

# INTELLIGENCE INSIDER

Your Oxford Health Libraries monthly newsletter

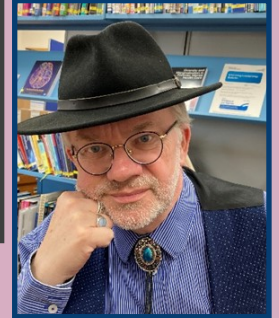
## In this issue,

- ◆ World Book Night
- ◆ Finding evidence online
- ◆ Healthfest Book Club

## Mark Bryant,

## Outreach Librarian based at Littlemore, is leaving

Goodbye and best wishes to everyone I have met and worked with over the last 14 years since I started with Oxford Health Libraries. I seem to have transformed from fresh faced new boy to grand old man in the blink of an eye.



I began working at the Slade site in 2009, employed by Oxford Health to run the library there for the then Ridgeway Trust. My background is in public libraries although my first library job was in the HE sector in 1976. That's the new not the old stone age.

I intended to work at the Slade for a few years on a part time basis as a retirement job to tide me over while I took an Art Foundation course for the rest of the week. Somehow it seems to have extended far longer than I expected. I was transferred to Southern Health with the Ridgeway staff and then, after an interesting few years driving up and down the A34, back to Oxford Health and the library at Littlemore.

I fundamentally believe in the value libraries can bring to the delivery of healthcare. Treatment has to be evidence based and the library, sitting in the background, providing the electronic and book resources, is the door to all that evidence. All libraries, not just health libraries, are places to explore knowledge and expand the mind in safety and without judgement. Freedom to think is the fundamental freedom and librarians are the guardians of that freedom.

Thank you to all the people I have worked with at Oxford Health for all the conversations and stories we have shared. Meeting new and different people has been the best part of my job. I have learnt so much from the colleagues I have met and I hope I have been able to share some knowledge in return.

LIBRARIANS ARE THE SECRET MASTERS OF  
THE UNIVERSE. THEY CONTROL  
INFORMATION. DON'T EVER PISS ONE OFF.

- SPIDER ROBINSON -

LIBQUOTES.COM



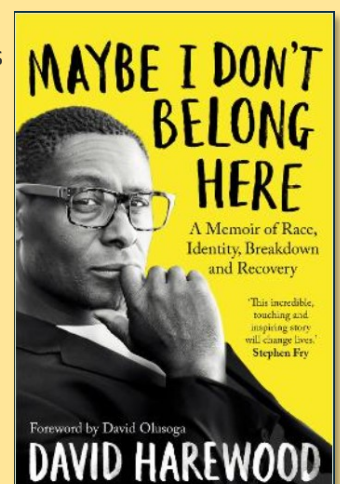
## Oxford Health Libraries – World Book Night 2023 – Free Books!

Helen Hinchcliffe  
Assistant Librarian

**World Book Night** is a national celebration of reading and books which takes place on 23 April every year. Books are given out across the UK with a focus on reaching those who don't regularly read.

This year OHFT Libraries are pleased to announce that for the sixth year running we have again been successful in our application to take part and we now have a limited number of copies of **Maybe I Don't Belong Here** - a memoir from actor David Harewood in which he shares his experiences of racism, his descent into psychosis and his recovery.

If you would like some copies to give to service users - particularly those who don't read for pleasure and who may have difficulty accessing reading materials, please email us at [library.enquiries@oxfordhealth.nhs.uk](mailto:library.enquiries@oxfordhealth.nhs.uk)





## Your starting point to find the evidence you need online

Sarah Maddock  
Library Services Manager

Information has never been available in such abundance or variety. But it is not always easy to quickly find what you need.

The Oxford Health [NHS Knowledge and Library Hub](#) gives you a single entry point to quickly connect to high quality, trusted evidence. A simple search covers thousands of journals, e-books, guidance and ready to use information for example clinical decision tools such as BMJ Best Practice and NICE guidelines.

Via the Hub you can access local resources including [ORKA](#) (the Oxford Health Research and Knowledge Archive) and the [Library Website](#), [locate books](#), contact the team to ask for expert help, and source articles.

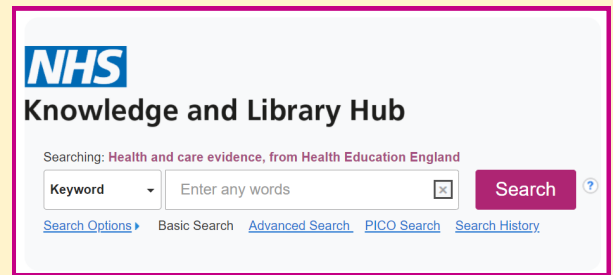
The Hub is a great place to start any search, avoiding the 'noise' of a general web search, to focus on carefully selected, free content for the health and care workforce, students and trainees. That might be a recent journal article, an e-book on reflective practice or the chapter of an Oxford Handbook for a knowledge top up. There are links through to more advanced tools such as the Medline, PsycInfo and CINAHL databases when in depth research is required.

You can see an abstract, download a PDF or request an item. And the 'ask a librarian' function connects those who work in NHS trusts and other organisations with knowledge and library specialists, on hand to help.

Continually updated, the Hub brings together locally and nationally purchased library resources to maximise the breadth of collections. It is free to everyone, with enhanced access to the resources via your [NHS OpenAthens Account](#) (click [here](#) to obtain an NHS OpenAthens account).

As a single point of access you can tap into the Hub wherever your career takes you.

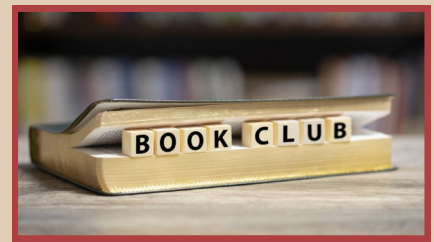
Start your search here: <http://www.library.nhs.uk/ohft> or learn more through this [short user guide](#)



## Healthfest Library Book Club

Mark Bryant  
Outreach Librarian

Evidence says that reading helps to contribute to mental wellbeing and has real health benefits, as we found out running two book club sessions over Teams and in the library at Littlemore as part of the Oxford



Health Charity Healthfest initiative.

Each book club session was a voyage of discovery bringing together a small but disparate group of members of staff discussing one book at a time - one session dedicated to fiction and the other to a non fiction book. Among the things we discovered were:

- You can gain as much benefit from having a go at a book you didn't like as from praising a book you did
- All the discussions lead to more learning, and new subjects and authors to explore
- Reading and talking about books creates a natural sense of community  
Everybody who contributed wanted us to do this again.


The two books discussed were

- *When the Body Says No: The Cost of Hidden Stress* by Dr Gabor Maté.  
Felt to be a missed opportunity to address a serious issue – not recommended by the group
- *The Thursday Murder Club* by Richard Osman  
A joyful romp through mayhem and murder with four unlikely sleuths proving that life begins at eighty.

We will do this again. Look out for notice of further Library Book Club sessions in the near future.



Require an article or a book? Want to learn how to perform a quicker and more effective search on specific topics? Need a literature search for guidelines, case studies, research papers or a quality improvement project? Want to keep up to date with the latest information in your field of interest?

Contact us at [library.enquiries@oxfordhealth.nhs.uk](mailto:library.enquiries@oxfordhealth.nhs.uk) Follow us  @OHFTLib

The next edition will be published in April 2023.