

INTELLIGENCE INSIDER

Your Oxford Health Libraries monthly newsletter

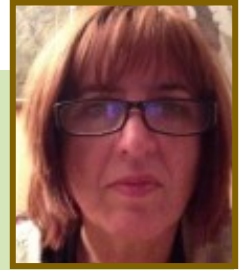
In this issue,

- ◆ Community Practice Nurses
- ◆ Library book club
- ◆ Featured electronic resources

My name is Sarah Maddock

Beatrix Ruckli, Library Champion, remembered

Our dear friend and colleague Beatrix Ruckli, who sadly passed away in September 2021, was remembered by former colleagues who gathered at Warneford Library recently to unveil a specially designed and hand-made mosaic in her honour. A fitting tribute describing the event and some of Beatrix's achievements was published in the Trust Bulletin [Beautiful tributes to former colleague Beatrix \(sharepoint.com\)](#)



What may not be so well known is that Beatrix was a long-standing member of the Library User Committee, one of our regular attendees who was happy to give up her lunch time to attend meetings where she was keen to provide advice on resources, services and representation for Occupational Therapists. Our interactions were the source of many lasting and happy memories. As well as helping to proof-read a series of novels authored by one of our librarians, notably Beatrix was responsible for arranging an Occupational Therapy Skills Day, attended by many Occupational Therapists across the Trust. It was a great success, allowing many Occupational Therapists to meet and discuss potential avenues for research and collaboration. Two librarians provided a rolling presentation to 8 groups of Occupational Therapists about our services, each lasting exactly 6 minutes! It is an experience I will never forget and resulted not only in lasting and valuable relationships between Occupational Therapists and the Library but also in tangible outcomes such as a library subscription to the British Journal of Occupational Therapy and the setting up of a virtual Community of Practice for Occupational Therapists including a virtual journal club. Whilst we continue to provide support and services to all Occupational Therapists in OHFT, there will always be a special place in Warneford Library where we can remember Beatrix.



In this issue, **Fiona Sutherland** shares the launch of an exciting Community of Practice for Nurses, and **Tom Rogers** shows how the book club run at the library benefits staff. You will also find featured electronic resources you can access via OpenAthens.



Exciting CAT Group for Community Practice Nurses launches in Abingdon

Fiona Sutherland,
Primary Care Knowledge Specialist BOB

I had our first meeting with Carley Moore and the Team of Practice Nurses at Marcham Road Family Centre in Abingdon on 7th July, to launch the first CAT group in Oxford Health. This differs from a Journals Club in that the clinicians come up with question and the Librarian searches for the best evidence to support the answer. The group of practitioners then review the papers and come up with a **Clinical Bottom Line** for patient care going forward. This has far-reaching implications for Quality Improvement, Patient Care and Professional Development as the CAT group will be continuously appraising best evidence to inform their patient care. It also offers a valuable networking opportunity.

The Practice Nurses discussed issues and decided to set a question around medical-grade honey in the treatment of leg ulcers.

It is hoped to extend the group to form a Community of Practice for Community Nurses.

As Primary Care Librarian for BOB in Oxfordshire, I am delighted to be part of this group from the outset and see far-reaching scope for this initiative throughout Oxford Health Foundation Trust and in the BOB ICS.

If you are interested in setting up a CAT group with your team, please feel free to contact me:

Fiona.sutherland@oxfordhealth.nhs.uk

What are Critical Appraisal Topic (CAT) Groups?

Collaborative work facilitated by those with expertise in this method. Community of Practice Approach brings out clinical challenges, dilemmas, uncertainties and variations, to form CAT questions. We refine the chosen topic to formulate an answerable question and search terms. We search for the best evidence to answer that specific question, appraise it for quality and make recommendations or change practice where necessary. Our process is clinically focused and jointly led.

Andrew
Finney, Keele University



Reading in the library, a book club supporting staff's wellbeing.

Tom Rogers,
Senior Library Assistant

In June we ran the first two sessions of our virtual book club. Our discussions centred around David Harewood's memoir, "Maybe I Don't Belong Here," and brought together a diverse group of Trust members who exchanged interesting insights on this topical book.

The discussion differed in the two sessions, even though I asked the same pre-set questions in both! Talk in the first session focused more on mental health; we pondered over the connection between race and mental health, sharing experiences from both our personal and professional lives. We also delved into Harewood's own battle and reflected on the difference between public attitudes in the UK and USA. We also explored how treatment has changed since Harewood's breakdown in the 1990s: now at least there is more general awareness of these sort of issues.

In the second, the discussion encompassed broader social issues, including race, politics, and the quest to end stigmatization. Engaging conversations about the intersection of mental health and racism challenged existing narratives. We gained a deeper appreciation for the complexities and nuances of Harewood's story.

Ultimately, Harewood's story gives hope. The fact that he was able to recover from a crisis at a time when attitudes towards race and mental health were very different is a source for inspiration. For anyone interested in exploring this further in **'Psychosis and Me'** David Harewood tells his story in documentary form.

We received positive feedback from the participants to the two sessions (thank you!). Users commented that the session 'provided a platform where we could safely and openly discuss issues surrounding racism and mental health' and it was 'enlightening to hear other opinions and explore different aspects of the book together.'

We will continue to steam ahead, and our next read will be the fictitious "Anxious People" by Frederick Backman. This is a novel that has been turned into a Netflix series. It delves into the lives of a group of strangers brought together through a peculiar hostage situation...

Mark your calendars for the upcoming sessions on Thursday August 24th and 31st respectively. Come along and invite your colleagues to join! To sign up or inquire, please email library.enquiries@oxfordhealth.nhs.uk.



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The next edition will be published in August 2023.