

INTELLIGENCE INSIDER

Your Oxford Health Libraries' monthly newsletter

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My name is Bertha A. Calles Cartas



September is gone now and with that in the northern hemisphere, we welcome Autumn, a period that offers dramatic changes. We appreciate this in the colours of the trees and the wind that renews the surface of the earth. October is upon us. Soon we'll prepare to celebrate festivals like [Dia de Muertos](#), [Samhain](#), and [Diwali](#) that help us mourn and reconnecting to our roots. Have you found out about the celebrations that are important for members of your team? Share your knowledge on how Autumn celebrations bring you closer to loved ones and highlights life's priorities.

We are also about to start [Black History Month](#) (BHM). For some years now, this annual event has helped me to reevaluate my knowledge about the world, myself and my neighbours. This awareness month has given me the opportunity to learn, relearn and unlearn at different levels about the experiences of black people. I have been able to join in celebration of their long neglected contributions to humanity and re evaluate their depiction as people that need to be saved. I use this event to check if my knowledge is current and if I need to learn new things for my work and life. Even though I'm not black, I've gained wisdom from black scientists, poets, mystics, and historians. For example, earlier in the year, I came across the work of the great [Joy Degruy and her work on Post Traumatic Slave Syndrome](#). Despite focusing on the Afro-American experience, her research assisted me in managing my historic trauma as a Mexican woman. I shared my reflections and encounters with a Venezuelan friend and we reflected on the [Chilean experience](#). It was amazing for us to discover the universality of the Afro-American research!!. Thankfully, at Oxford Health we have a dedicated [Equality, Diversity and Inclusion](#) team that supports this important work. Attending events like BHM, Pride, and Ramadan and having access to [specialist lists](#) has helped me learn about issues I wasn't familiar with as a white, straight, Christian woman.

In this issue, **Tiziana Fiorito** reveals how we make sure our collections are relevant and up-to-date. **Helen Hinchcliffe** shows the resources of the month. There is a link for you to obtain your free subscription to KnowledgeShare. You will also find all the information on our new [book club](#), a new service to support [wellbeing](#) for staff and created to by popular demand.



Should we add it? how librarians select new titles.

Tiziana Fiorito,
Assistant Librarian

My role in maintaining and developing our library's collection of resources is still a new experience. With Mpilo's guidance, we've spent a year ordering new books, organising the collection, and removing old ones. We've learned a lot. The Oxford Health library has materials on the Trust's priority areas that are regularly updated and relevant to users' needs. We carefully considered acquisitions of new titles following our collection development policy. We seek expert advice from clinical staff to ensure they are useful to support staff learning and patients' care. Our collection has a variety of materials, including books, journals, games, and DVDs for team learning and patients' activities. Suggestions are welcome and donations are accepted; both are scrutinised with an eye of their currency and their suitability for the demands of various groups of users. If recommended book acquisitions are not approved, the library can arrange loans from other libraries' collections, including the resources of the British Library.while donated books that fall outside the remit of the library collection can be offered for sale – tomes on the history of psychiatry are especially in demand.

To check for title availability please visit the [Knowledge and Library Hub](#) or contact library.enquiries@oxfordhealth.nhs.uk .



Resources of the month



Helen Hinchcliffe,
Assistant Librarian

[Black History Month](#)

[Health Literacy Month 2023](#)

[Sustainability](#)

[World Mental Health 2023](#)

KnowledgeShare

WANT TO RECEIVE THE LATEST EVIDENCE IN YOUR FIELD?

Sign up for free to KnowledgeShare to receive fortnightly alerts

brought to you by your library service

Oxford Health Libraries

You said:

“We would like to have a book club to support staff wellbeing”

We did:

“We created a book club. Members meet every two months online and in person to share ideas and experiences of the books they select”

What participants say,

[we] safely and openly discussed issues surrounding racism and mental health.

It did meet my expectations. It was well-facilitated and the discussion was very insightful and open.

It was interesting to discuss what you are reading with others rather than just reading a book and moving onto the next. Also to hear other opinions and what other people had picked up being different to you, so showing you more aspects to the book.

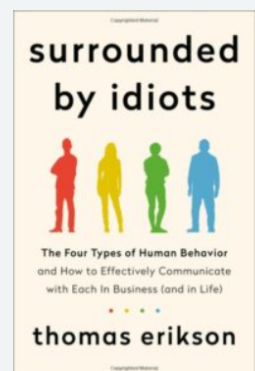
Book Club

Our new Book Club is open to OHFT staff and students. Every two months, we hold a couple of sessions between 1-2pm over MS teams.

The next sessions will be on 15th and 22nd November 2023. Teams invites will be sent out accordingly.

We alternate between fiction and non-fiction after each club meeting, and attendees choose the book from recommendations. Our next title is the non-fiction

[Surrounded by idiots : the four types of human behavior – Thomas Erikson](#)



Require an article or a book? Want to learn how to perform a quicker and more effective search on specific topics? Need a literature search for guidelines, case studies, research papers or a quality improvement project? Want to keep up to date with the latest information in your field of interest?

Contact us at library.enquiries@oxfordhealth.nhs.uk Follow us @OHFTLib

The next edition will be published in October 2023.