

INTELLIGENCE INSIDER

Your Oxford Health Libraries' monthly newsletter



Oxford Health
Libraries

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- ◆ Green Knowledge Café

My name is Bertha A Calles Cartas



We are starting the year with some staffing news. Last month we celebrated the work of our former Assistant Library Manager, Mpilo. Now, I am happy to share that, after completing the recruitment process, I have been appointed Assistant library manager on a part-time basis, along with reduced duties as an Outreach Librarian. As a result, we have a position available for a [full-time Outreach Librarian](#). Since I started working at Oxford Health over two years ago, I can only say that my team has been a great source of inspiration for their mutual support. I am looking forward to supporting these amazing professionals so we can continue to provide an excellent service to our users, contributing to our staff's professional development, wellbeing and patient care. In addition to this, I will be leading the Women's Support Group, part of the Gender Equality Staff Network. I might see you around in various settings!

In this issue you will find out how **Tom Rogers** has taken our book club from strength to strength, and you will hear some amazing news about the next book. You will also find our resources of the month. **Helen Hinchcliffe** brings them to you. Note that there are some changes relating to BMJ Best Practice that make it easier to access. And last but not least, there is an invite to the next Knowledge Café. There you will find the MSTeams link to the event.



Book club, meet the author.

Tom Rogers,
Senior Library Assistant



In November, our book club gathered and delved into [Thomas Erikson's book, "Surrounded by Idiots."](#) The book attempts to understand human behaviour in the workplace by introducing a color-coded system that categorizes individuals into four distinct personality types: [Red, Yellow, Green, and Blue](#). This colour system offers a perspective on how people interact and communicate in professional settings. Each colour corresponds to a specific personality type, shedding light on the diverse ways individuals approach challenges, make decisions, and collaborate with their colleagues. Which type do you see yourself as?

Reds are assertive, goal-oriented leaders who thrive on competition and challenge.

Yellows are social butterflies, enthusiastic and creative team players who value relationships.

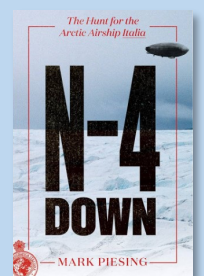
Greens are empathetic and diplomatic, preferring harmony and cooperation over confrontation.

Blues are analytical and detail-oriented, often seen as methodical and precise in their work.

I would say that I am a green with a bit of yellow! According to Erikson, only 5% of people are solidly just one colour, 80% of us are two colours, and 15% are three - with virtually no one exhibiting an even split among all the colours. As our discussion unfolded, we began to share anecdotes and personal experiences, identifying with or recognizing these personality types in our own workplace. The colour system made us appreciate the importance of both effective communication strategies and of appreciating diverse working styles.

The conversation then naturally drifted towards the broader realm of pop psychology and its validity. How seriously should we take this book? Is it a science that should be trusted, or is it just a bit of fun to get us talking and thinking about workplace dynamics? Is one ever a set type? Or are we always changing and exhibiting different traits at different moments in our lives? These questions are very interesting and contributed towards a good exchange of ideas.

Moving forward, **our next Microsoft Teams book club sessions** in February will be on **February 22nd and February 29th at 14:00**. I am pleased to announce that **we will have the pleasure of hosting [Mark Piesing](#) for both sessions**. Mark is a Freelance journalist and teacher based in Oxford, writing mostly about technology, culture, and the intersection between the two. We will discuss his book '[N-4 Down](#)', which depicts the riveting true story of the largest polar rescue mission in history, detailing the desperate race to find the survivors of the glamorous Arctic airship *Italia*, which crashed near the North Pole in 1928.





Helen Hinchcliffe,
Assistant Librarian

Resources of the month

New Titles
October– December 2023

E-books of the month

BMJ Best Practice

Search conditions, symptoms...

Calculators Patient leaflets Multimedia

OpenAthens NICE NHS

Unlock online knowledge and evidence resources

BMJ Best Practice, easier to access using your OpenAthens account

Oxford Health Libraries

BOB *Green* KNOWLEDGE CAFE

MSTeams

[Click here to join the meeting](#)

Meeting ID: 398 696 456 218

Passcode: 5d9rZN

**TUESDAY 13TH
FEBRUARY 1-2PM**



Meet other people interested in sharing knowledge and evidence-based practice on therapeutic green spaces.

Theme: Sharing knowledge, evidence-based practice, therapeutic green spaces

- What does 'benefits of green spaces' mean to you?
- How do you find information and share evidence?
- How do you put it into practice?

Require an article or a book? Want to learn how to perform a quicker and more effective search on specific topics? Need a literature search for guidelines, case studies, research papers or a quality improvement project? Want to keep up to date with the latest information in your field of interest?

Contact us at library.enquiries@oxfordhealth.nhs.uk Follow us @OHFTLib

The next edition will be published in February 2024.