



INTELLIGENCE INSIDER

Your Oxford Health Libraries' monthly newsletter



My name is Bertha A Calles Cartas

When I decided to become a librarian a few years ago, very soon I discovered that my dream of belonging to a team that helps people to improve their lives while doing my everyday job was possible: helping users to identify sources of information, archives and specialised websites about books for their professional development, their wellbeing, or to help them support others. Preserving archives is important for passing down memories of societies and organisations. Making sure that libraries function well is of the utmost

importance to adequately manage the knowledge gathered by communities and organisations. Well

-functioning libraries are essential not only for completing studies but also for making relevant sources of information available, for creating policies and guidelines, for patient care and professional development.

It is important to preserve and support adequate infrastructures of libraries, archives, and also to support their professionals, who render information accessible and help decision making. In the UK in general, and at Oxford Health in particular, we are very fortunate to have excellent libraries and archives that help us make sense of our past and continue shaping our future.

This is not the case in the occupied territories of Palestine. For the last 146 days, human lives and their accounts and documents have been erased: libraries, archives, and research centres in Gaza have been bombed and totally destroyed. Thus the records of a whole population's memory and heritage have been deleted. This is a tragedy for the whole humanity.

Through our collective stories we make sense of ourselves as a species. Preservation and accessibility of evidence allow us create a better future.

Palestine's records have been under threat as much as its people's bodies and minds. Scientific advancements, especially in healthcare and agriculture, have been jeopardised. The world has invested so many resources to develop cures and therapies and make us live longer and better lives; there are great investments into researching to develop improved crops and feed more individuals. However, we see, live, the destruction of healthcare infrastructures, humans dying of preventable and curable diseases, and a population denied one of the attainments of civilisation: freedom.

In this issue, **Julia Hallam** presents bite-size, free learning opportunities we offer. Did you know we have a historical collection that supports research on the history of mental health? Find out more about it. Also, learn more about our Stahl books collection, brought to you by our service.

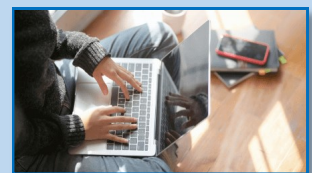
In this issue:

- ◆ Bite-sized library training
- ◆ Historical collection
- ◆ Stahl books



Bite-sized Library Training Sessions at Lunchtimes or within Team Meetings

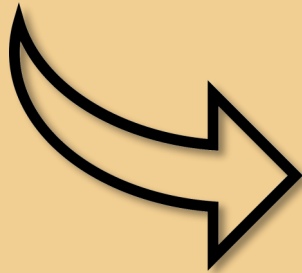
Julia Hallam,
Outreach Librarian



We understand how busy all of our amazing Oxford Health staff and students are, and we want to assist you all in your continuing professional development and pursuit of evidence-based care in the most useful and efficient ways possible.

I was recently invited to the City AMHTs Lunchtime Focus Group. I condensed our longer Advanced Literature Searching training session into a **lunchtime friendly 30-minute session**. It was wonderful to reach out to this busy team and to make them aware of all of the time-saving library services we have available at Oxford Health Libraries and to showcase our labour-saving electronic resources. If you would like us to attend your Team Meetings or Lunchtime Groups to deliver a quick 10-minute induction to [library services](#), or to run our quick 30-minute bite-sized training sessions on Literature Searching, Critical Appraisal, Reference Management or Health Literacy, please do get in touch. We are also here if you need more in-depth support and we can also offer our standard, longer training sessions for your Team, or individual consultations either face to face or online via MS Teams. We understand the demands on your time and the issues with information overload in our digital age and we can tailor all of our services and resources to the unique evidence needs of your Team. Please see our updated training webpages to find out more: [Training | Library Services Library Services \(oxfordhealth.nhs.uk\)](#) and please get in contact if you would like us to come out and provide training and evidence guidance to your Team: library.enquiries@oxfordhealth.nhs.uk

Are you a regular user of the Warneford library study and meeting rooms?



12 March

Filming our historical collection for the history of Mental Health in Oxford

You might see filming equipment and some disruption

Stahl printed books and ebooks are available

Stahl Online

Covering everything a mental health professional or will ever need to know about neuropsychopharmacology

Next Generation Antidepressants

Moving Beyond Monoamines to Discover Novel Treatment Strategies for Mood Disorders

Edited by Chad E. Beyer and Stephen M. Stahl

Second Edition

Stahl's Illustrated Antipsychotics: Treating Psychosis, Mania and Depression

Stephen M. Stahl
Laurence Hogen

CAMBRIDGE Medicine

Management of Complex Treatment-resistant Psychotic Disorders

Edited by Michael Cummings and Stephen M. Stahl

CAMBRIDGE Medicine

Practical Psychopharmacology

Translating Findings From Evidence-Based Trials into Real-World Clinical Practice

Joseph F. Goldberg and Stephen M. Stahl

Foreword by Alan F. Schatzberg

CAMBRIDGE Medicine

STAHL'S HANDBOOKS


SUICIDE PREVENTION

CHRISTINE YU MOUTIER, ANTHONY R. PISANI AND STEPHEN M. STAHL

CAMBRIDGE Medicine

Contact us for more Stahl titles

Require an article or a book? Want to learn how to perform a quicker and more effective search on specific topics? Need a literature search for guidelines, case studies, research papers or a quality improvement project? Want to keep up to date with the latest information in your field of interest?

Contact us at library.enquiries@oxfordhealth.nhs.uk Follow us  @OHFTLib

The next edition will be published in March2024.