

February 2025

Evidence Unwrapped

Your Oxfordshire Primary Care monthly newsletter

from Kate Jones your Primary Care Librarian

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In this issue:

- ◆ Public Health Library
- ◆ Recent Evidence
- ◆ Book Clubs
- ◆ Communities of Practice

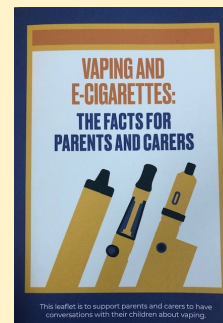
Public Health Promotion Resource Library

A free resource library of posters, leaflets, stickers, pens, teaching packs ...

To register with the site, email :

HealthPromotionResource@oxfordhealth.nhs.uk

There is also [a newsletter](#) outlining current campaigns.



Recent Evidence from Primary Care

[Optimising early detection of degenerative cervical myelopathy: a systematic review of quantitative screening tools for primary care](#)

The findings suggest that while questionnaires and conventional physical performance tests offer accessible and effective initial screening options, sensor-assisted tests may provide higher diagnostic accuracy, although with limitations related to equipment accessibility and learning curve.

[Digital technologies to support self-management of COPD: early value assessment](#)

Seven digital technologies to support self-management of COPD in adults can be used in the NHS during the evidence generation period. The technologies are: • Active+me REMOTE • Clinitouch • COPDhub • COPDPredict • Lenus COPD Support Service • Luscii • myCOPD.

Want to Join our Book Club?

We run clubs which focus on : [Sustainability](#), [a Womens' Support Group](#) and [an Autism group](#).

Please join us

Communities of Practice/Peer Support Forums

"Communities of practice are groups of people who share a concern, a set of problems, or a passion about a topic, and who deepen their knowledge and expertise in this area by interacting on an ongoing basis."

From page 4 of [Cultivating communities of practice](#) by Etienne Wenger, Richard McDermott and William M. Snyder and published in 2002 by Harvard Business School Press.

A C of P is about creating a "doing and learning environment" to :

Explore ways of working identify common solutions share good practice and ideas learn
I am hoping to set up a number of C of P e.g. one for GP's, one for Practice Managers, Nurse Associates, Social Prescribers, Clinical Pharmacists... The format will vary depending on members preferences.

I hope you will be involved and find it valuable.

Require an article or book? Want to learn how to perform a quicker, more effective search on specific topics? Need a literature search for guidelines, case studies, research papers or a quality improvement project? Want to keep up to date with the latest information in your field? Contact me at Kate.Jones@oxfordhealth.nhs.uk .

The next edition will be published in March 2025