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Evidence Unwrapped

Your Oxfordshire Primary Care monthly newsletter
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Trip Pro Monthly Evidence for Primary Care

Trip Pro are releasing a monthly curated **summary of latest evidence** exclusively for Primary Care. Explore the "digest" by clicking [here](#)

With so much to explore, it's worth taking a break from the clinic chaos to catch up on how these guidelines and trials can reshape your practice.



Recent Evidence from Primary Care

[Can integrated care interventions strengthen primary care and improve outcomes for patients with chronic diseases? A systematic review and meta-analysis](#)

Integrated care studies with primary care involvement demonstrated positive effects on primary care functions, but did not consistently demonstrate positive effects on hospitalization, costs, mortality and quality of life.

[Barriers and Enablers of Primary Healthcare Professionals in Health Research Engagement: A Systematic Review of Qualitative Studies](#)

Targeted strategies that promote active partnerships (industry, academic, research centres, and health professionals) can foster a scholarly environment, create relevant research opportunities and empower professionals to engage in research.

Randomised Coffee Trials

"We had a brilliant chat, 45 minutes long where we contrasted and compared, explored one another's way of working, workload and breadth of referrals and it was really enjoyable.

[We] agreed we will chat again and ... we may even meet up!

It was definitely time well spent and I do feel as though I have an excellent contact in the Oxford City area now" Social Prescriber

Over 60 Primary Care staff members have signed up to meet with a fellow professional working in a different Oxfordshire PCN. RCTs encourage collaboration and the sharing of knowledge and ideas, giving time to talk about whatever you wish, perhaps over a cup of coffee. Meetings can be face to face, virtually, day time, evening.

RCTs form part of the library's wider **Knowledge Mobilisation** strategy which includes setting up Communities of Practice, Knowledge Cafes and more.

Require an article or book? Want to learn how to perform a quicker, more effective search on specific topics? Need a literature search for guidelines, case studies, research papers or a quality improvement project? Want to keep up to date with the latest information in your field? Contact me at Kate.Jones@oxfordhealth.nhs.uk.

The next edition will be published in February 2025