

April 2025

Evidence Unwrapped

Your Oxfordshire Primary Care monthly newsletter

from Kate Jones your Primary Care Librarian

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- ◆ Recent Evidence
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Roll Up! Roll Up! Get your NHS OpenAthens Account and New Primary Care Bulletins

Many people have yet to [sign up for an NHS OpenAthens account](#)! The benefits are huge; so many high quality resources. It's quick, free and easy to do. Select "Primary Care and ICB Staff in Oxfordshire" as your organisation.

Even if you already receive some of my bulletins, please look at [this very short form](#) to see what new titles are now listed. There may be a new one that is right up your street!

Recent Evidence from Primary Care

[Clinical and cost-effectiveness of paramedics working in general practice: a mixed-methods realist evaluation](#)

We found little evidence that paramedics in general practice care led to substantial spillover effects via increased consultations, prescriptions, secondary care referrals or unplanned hospital admission costs.

[Diabetes self-management education and support delivered by mobile health \(mHealth\) interventions for adults with type 2 diabetes—A systematic review and meta-analysis](#)

mHealth interventions, those with education and those with support appear to have clinically relevant effects on HbA1c compared to Usual Care and APC(placebo) in adults with type 2 diabetes

Professional Primary Care WhatsApp Groups?

When working for two years in Bucks as their Primary Care Librarian, I was a member of several **Primary Care Whatsapp professional groups** for GPs, Clinical Pharmacist etc. There were occasions when users wanted to know latest guidelines, formulary, evidence on unusual presentations etc. **Since moving to Oxfordshire I haven't found any** similar groups. If you are aware of any and think it would be **appropriate for me to join**, please ask the group administrator to contact me—kate.jones@oxfordhealth.nhs.uk

Thank you for your Literature Search requests

After a long dry spell, and to mark the first anniversary of my move to Oxfordshire Primary Care, the searches have finally started to roll in. Topics include:

Review articles for treatment for patients with central stroke pain Propranolol for anxiety

The role of music in Parkinson's disease Statistics on Cauda Equina

Does increasing gait speed in frailty improve life expectancy?

If these topics interest you too, I'd be happy to share my findings. Just email me and I'll forward it on.

Even better [request a search of your own!](#)

Require an article or book? Want to learn how to perform a quicker, more effective search on specific topics? Need a literature search for guidelines, case studies, research papers or a quality improvement project? Want to keep up to date with the latest information in your field? Contact me at Kate.Jones@oxfordhealth.nhs.uk .

The next edition will be published in May 2025