



Research and Development

Improving Parent and Carer Engagement in Research Conversations

Help us shape future research

We are carrying out a Quality Improvement Project involving parents and carers of Children and Young People's Mental Health Services (CAMHS) users.

What is a Quality Improvement Project?

A Quality Improvement project is a way of improving services in healthcare. This often includes continuous planning, testing, evaluation, adapting and retesting to help healthcare services provide the best patient experience possible.

What is the aim of our Quality Improvement Project?

This project is aiming to develop better communication with parents/carers around themselves and/or their young person participating, in CAMHS research.

Parent/Carer Involvement

During the discovery phase of the QI project, we are asking parents and carers to fill out a questionnaire about their perspectives on involving their child in research.

Questions include:

“What might stop you from allowing your child to take part in research?”

“What would make you want your child to take part in research?”

After collecting survey responses, they will be analysed to establish improvements for how the Trust can better communicate with parents/carers about research.

Types of research delivered by Oxford Health NHS Foundation Trust:

- Medication Trials
- Focus Groups
- Psychometric Assessment
- Pilot Studies
- Phase I, II, and III Clinical Trials
- Biomarker Studies
- Questionnaires
- Observational studies

What are the benefits of participating in the QI project?

By participating in the QI project, you are helping us to improve our understanding and communication of how we raise awareness of research to parents and carers.

Your participation may also help improve future research and increase participation of young people in research.

Increased participation can give us better insight into the experiences and needs of young people.

Q&As

❓ Who do I contact about participating in the QI project?

Please email the mental health research inbox mentalhealthresearch@oxfordhealth.nhs.uk to assist you further.

❓ How long will it take to answer the survey?

The survey takes approximately 10 minutes to complete.

❓ Do I have to take part once I've consented to participate?

No. You are free to withdraw from the project at any time. This will not affect your future care.

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Accessibility

An accessible version of this leaflet can be found on our website: www.oxfordhealth.nhs.uk/leaflets

Get in touch

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Feedback

Our Patient Advice and Liaison Service (PALS) provides advice and support to patients, families, and carers, helping to resolve any problems, concerns, or complaints you may have.

Phone 0800 328 7971

Email PALS@oxfordhealth.nhs.uk

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