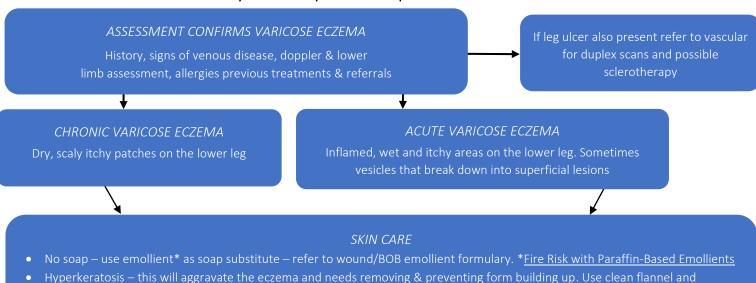


## Varicose Eczema Pathway

For use by community nurses and practice nurses within BOB ICS



## COMPRESSION

emollient ointment (refer to Wound Formulary/BOB Emollient Guidance) and gentle circular motions. Use urea-based emollient as leave on emollient (refer to Wound Formulary/BOB Emollient Guidance).

Apply full compression – or as much as assessment supports.

If possible, facilitate self care with a hosiery kit or wraps to enable daily skin care.

## 4 WEEKS PASTE BANDAGES (e.g., Ichthopaste or Viscopaste)

Apply directly to the skin after cleansing and drying and NOT in conjunction with topical steroids.



THEN STOP.

0.1%) - Apply to all affected areas 3 x per week using appropriate fingertip units\*.

Prescribe 1 x 30g tube for duration of episode.

## ONWARD REFERRAL **NOT RESOLVED**

Either smear the steroid ointment over clean gloved hands and smear over the affected area OR for wet eczema, smear onto Atrauman and apply.

\*4 fingertip units (FTU) for an entire leg and foot below the knee, or 1/2 FTU for an area the size of an adult hand.

Discuss dermatology referral with GP. Consider referral to Tissue Viability for interim support and review treatment plan/select appropriate dressing using TIMES and wound care formulary.