

# Wound Prevention, Assessment and Management



**Lauren Sapnik**

Senior Tissue Viability Nurse

Community Tissue Viability  
Team

## Wound Prevention, Assessment & Management Day Agenda

09:00am – 09:15am Introductions – Aims & Objectives

09:15am – 10:00am The Skin

10:00am – 10:30am Patient Assessment (risk factors)

**10:30am – 10:45am Coffee**

10:45am – 11:45am Patient Assessment

11:45am - 12:30pm Patient Experience

**12:30pm – 1:00pm Lunch**

01:00pm – 03:00pm Wound Assessment & Management

### **Skills Workshops:**

03:00pm – 03:45pm Wound Mapping & Probing Workshop

03:45pm – 4:00pm Summary and Evaluation



# Bitesize Videos

- Holistic patient assessment (Tissue Viability)
- Nutrition for wound healing & pressure ulcer prevention
- Patient Concordance & Motivational interviewing



# Aims & Objectives



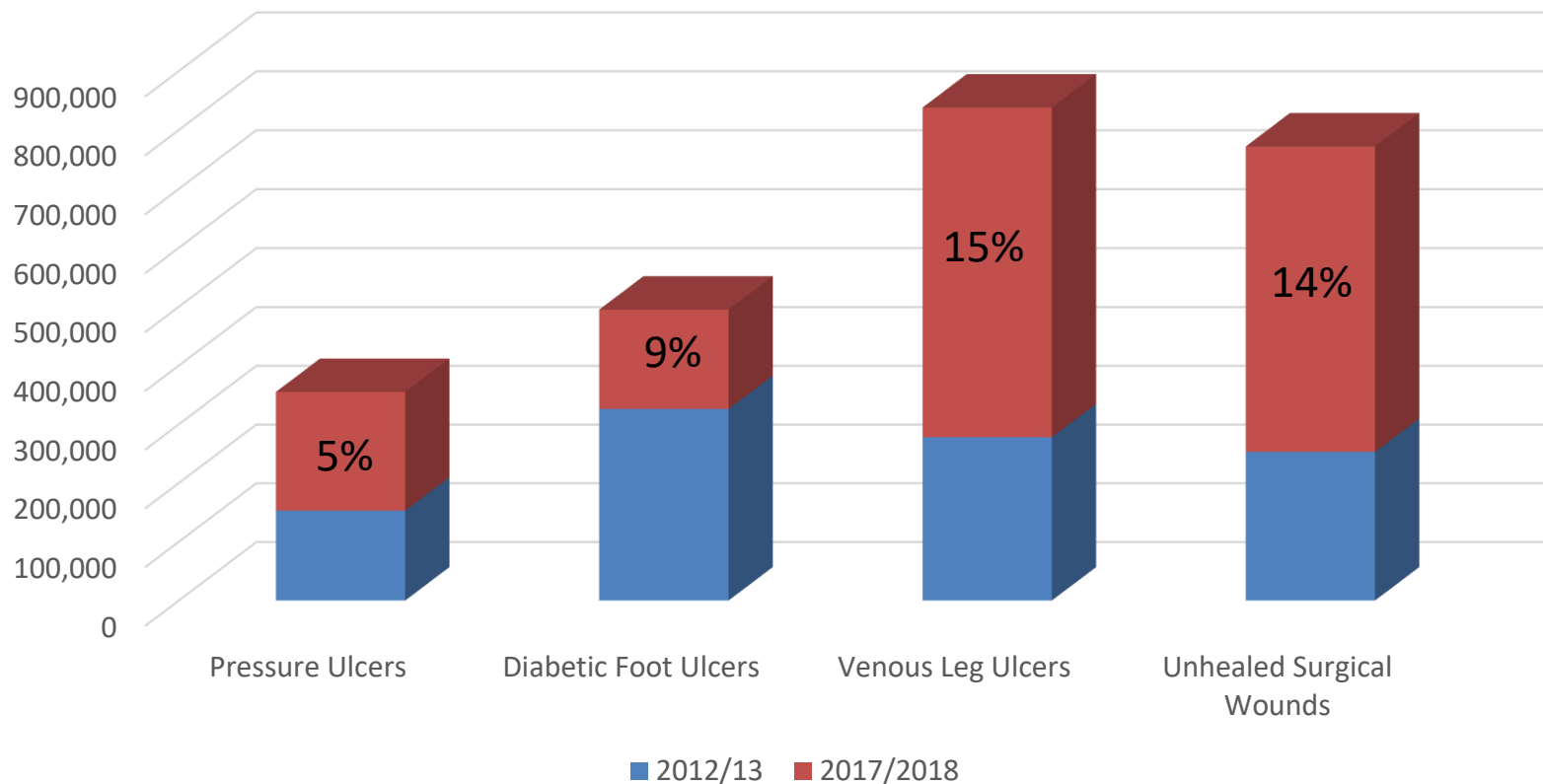
# What will we cover?

- The skin, barrier function, skin assessment and wound prevention
- How skin heals
- Patient assessment – risk factors to healing
- Wound pain
- Nutrition for wound healing
- Wound assessment – TIMES – TV pathways
- Assessment & evaluation
- Dressing selection

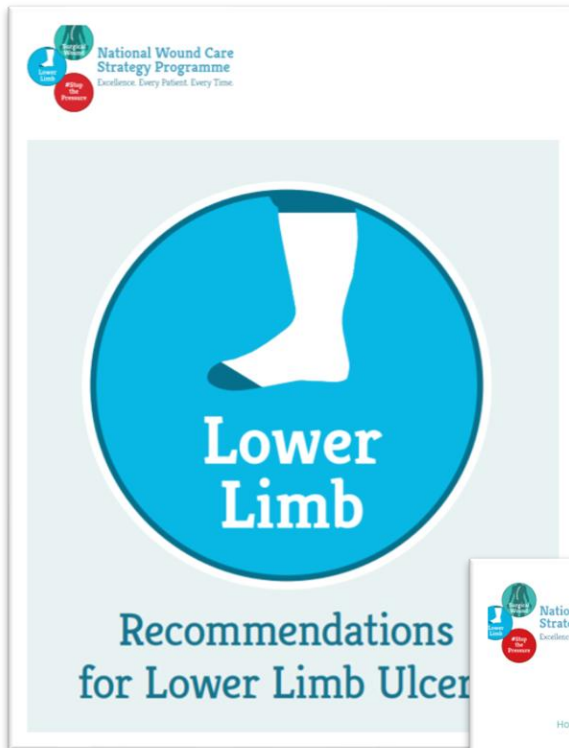


## The Burdens of Wound Study (Guest et. al. 2020)

Number of Adults with Wounds by Prevalence



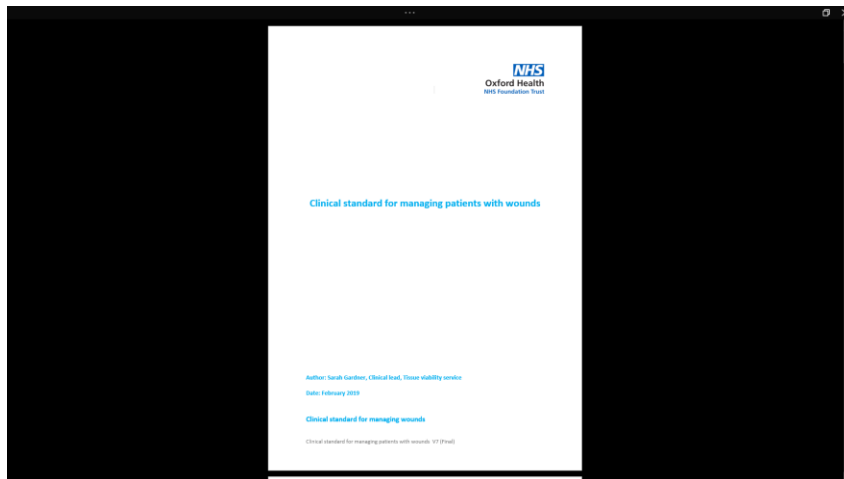
# National Wound Care Strategy



# Oxford Health Wound Management Standards

**This document sets out the clinical standard expected by any clinician delivering wound care within Oxford Health NHS Foundation Trust. These relate to the following:**

1. Wound assessment
2. Treatment and management objectives
3. Wound cleansing
4. Wound dressing procedure/ infection prevention and control
5. Wound debridement
6. Wound dressings
7. Management of acute traumatic minor wounds
8. Care plans
9. Evaluation/ re-assessment
10. Documentation
11. Patient and carer education
12. Clinician training and competence to practice.





# Tissue Viability Competencies

https://ohft365.sharepoint.com/:x:/r/sites/Competencies/\_layouts/15/Doc.aspx?sourcedoc=...

Oxford Health Favorites

Antibiotic Patient inf...

CareNotes Commu...

CareNotes Mental...

CareNotes Sandpit

CarePlus

Case Notes

Excel

Band 5, 6 & 7 Community Nursing Comps 18.1... - View-only

Search (Alt + Q)

File

Home

Insert

Draw

Page Layout

Formulas

Data

Review

View

Table Design

Undo

Paste

Clipboard

Font

Alignment

Number

Tables

Cells

Editing

Analysis

G52

fx

Bladder and Bowel - Assessment

	A	B	C	D	E	F	G
2		Category	Competency Name	Competency Elements	Practical	Theory	Supporting Information
3		Tissue Viability & Wound Care	Assessment - Equipment - Tissue Viability	I can identify the correct piece of equipment regarding tissue viability needs as per OHFT guidelines	Yes	Yes	<a href="#">Equipment identification f... viability AB V1.1 16.3.21.d (sharepoint.com)</a>
4			Procedure - Compression Bandaging	I am competent in the application of reduced and full compression therapy systems on the Oxford Health Formulary in line with manufacturers	Yes	Yes	
5		Tissue Viability & Wound Care	Procedure - Doppler	I can undertake a manual doppler to calculate an ABPI as part of an assessment of a lower leg	Yes	Yes	<a href="#">Doppler v1 Sept 19.docx (sharepoint.com)</a>
6			Procedure - Doppler	I can use a MESI doppler device to obtain an ABPI as part of an assessment of a lower leg	Yes	Yes	<a href="#">OHFT Instructions for U: V2-21Apr2021.pdf (sharepoint.com)</a>

Meds and admin routes

Observations

Procedures and Tools

TV & Wound Care

Sheet9

Sheet10

Workbook Statistics

Give Feedback to Microsoft

100%



ANY QUESTIONS/COMMENTS?