	ICIQ-B (04/08)			
Initial number	CONFIDENTIAL	<u>-</u>	DAY MOI	
			Today	's date
Many people experience bow many people experience the grateful if you could answer th PAST THREE MONTHS.	se symptoms and how	much this b	others them. V	Ve would be
1 Please write in your date	of birth:	DAY	MONTH	YEAR
2 Are you (tick one):		Fema	le Mal	e
Bowel pattern				
•	times do you open you		24 hours?	
(<u>Tick one box</u> for 'usual	' and <u>tick one box</u> for 'at v	vorst')	(a)	(b)
			Usual	At worst
		less than or		
		e to three tin		2
	th	ree to ten tin	nes 3	3
(c) How much does this b		n or more tin	nes 4	4
` '	etween 0 (not at all) and	10 (a great de	eal)	
0 1 not at all	2 3 4 5 6	7 8 9	10 a great deal	
-	n your bowels during the morning? (Tick one box	_	n going to bed	
			neve	(a) er □ ∘
			onc	
			twic	
			three time	es 3
			ur or more time	
		fo		.5
(b) How much does this b Please ring a number be	oother you? etween 0 (not at all) and			

	-					.	eu i	о ор	en y	our bowels?
	(Tick one box)									(a)
										never 0
										rarely 1
									5	some of the time 2
										most of the time 3
										always 4
(b)	How much does									, <u> </u>
	Please ring a nun	nber be	tween C) (not a	at all) i	and	10 (a	a grea	at de	eal)
	0 not at all	1 2	2 3	4	5	6	7	8	9	10 a great deal
6	Do you use med (Tick one box)	ication	s (table	ts or	liquid	s) to	sto	<u>р</u> уо	u op	ening your bowels?
	(TICK OHE DOX)									(a)
										never 0
								les	s tha	an once a month 1
								le	ss th	nan once a week 2
								I	ess	than once a day ³
									а	bout once a day 4
									sev	reral times a day 5
(b)	How much does Please ring a nun		•		ot all)	and	10 (are	at de	aa/)
	r lease filig a fluif	ibei be	iween c	(1101 6	at all)	anu	10 (8	gree	ai uc	rai)
	0	1 2	2 3	4	5	6	7	8	9	10
	not at all									a great deal
7			,	nee ar						
	Do you experien	ce pair	n/soren	coo ai	ouna	you	ır ba	ck p	assa	age? (Tick one box)
	Do you experien	ce pair	n/soren	css ai	ouna	you	ır ba	ck p	assa	age? (Tick one box)
	Do you experien	ce pair	n/soren	css ai	ouna	you	ır ba	ck p	assa	(a)
	Do you experien	ce pair	n/soren	css ai	ouna	you	ır ba	ck p	assa	never °
	Do you experien	ce pair	n/soren	css ai	ouna	you	ır ba	ck p		(a) never 0 rarely 1
	Do you experien	ce pair	n/soren	css ai	ouna	you	ır ba	ck p	Ş	never 0 come of the time 2 come
	Do you experien	ce pair	n/soren	ess ai	ouna	you	ır ba	ck p	Ş	never 0 rarely 1 some of the time 2 most of the time 3
(b)					ouna	you	ır ba	ck p	Ş	never 0 come of the time 2 come
(b)	How much does Please ring a num	this bo	other yo	ou?					\$	never 0 rarely 1 some of the time 2 most of the time 3 always 4
(b)	How much does Please ring a num	this bo	other yo tween 0	ou? O (not a	at all) i	and	10 (é	a grea	s at de	never 0 rarely 1 some of the time 2 most of the time 3 always 4
(b)	How much does	this bo	other yo	ou?	at all) i				\$	never 0 rarely 1 some of the time 2 most of the time 3 always 4

Bowel control

8	Do you expended of your bowe			-	_	of y	our (unde	rwea	r or ı	nee	d to wear pads because
												(a) never □ ∘
										less	tha	an once a month1
										les	s th	an once a week 2
										le	ess	than once a day 🔲 ³
(1.)		_				_						everyday 4
(b)	How much de Please ring a				-		at all)	and	10 (a	grea	ıt de	eal)
		0	1	2	3	4	5	6	7	8	9	10
	not at	all										a great deal
9	Are you able (Tick one box		ontr	ol wat	tery o	or lo	ose s	stool	leaki	ng fr	om	your back passage?
	(Non one box	,										(a) always □ ∘
												most of the time
											5	some of the time 2
												rarely 3
(1-)		(1-:- 1	L = (L =		-0						never 4
(b)	How much de Please ring a				_		at all)	and	10 (a	grea	ıt de	eal)
		0	1	2	3	4	5	6	7	8	9	10
	not at	all										a great deal
10	Are you able passage? (Ti				iden	tal lo	oss o	f for	med	or sc	lid	stool from your back
				•								(a)
												always º most of the time ¹
												some of the time 2
												rarely 3
												never 4
(b)	How much de Please ring a				_		at all)	and	10 (a	grea	ıt de	eal)
	not at	0 : all	1	2	3	4	5	6	7	8	9	10 a great deal

11	Are you able to control wind (flatus) escaping from your back passage? (Tick one box)
	(a)
	always º
	most of the time 1
	some of the time 2
	rarely 3
	never 4
(b)	How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal)
	0 1 2 3 4 5 6 7 8 9 10 not at all a great deal
	not at all a great deal
12	Are you able to control mucus (discharge) leaking from your back passage?
	(Tick one box) (a)
	always 🗀 º
	most of the time 1
	some of the time 2
	rarely ³
	never 4
(b)	How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal)
	riease fing a number between 0 (not at all) and 10 (a great deal)
	0 1 2 3 4 5 6 7 8 9 10
	not at all a great deal
13	Do you have bowel accidents when you have no need to open your bowels? (Tick one box)
	(a)
	never °
	rarely ¹
	some of the time 2
	most of the time ³
/b\	always 4
(b)	How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal)
	0 1 2 3 4 5 6 7 8 9 10
	not at all a great deal

ı		
14	Are your bowel accidents or leakages unpredictable?	
		(a) never ∘
		rarely 1
		some of the time 2
		most of the time 3
		always 4
(b)	How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great	t doal)
	r lease fing a number between 0 (not at all) and 10 (a great	. u c ai)
	0 1 2 3 4 5 6 7 8 not at all	9 10
	Hot at all	a great deal
	Bowel control score: sum	scores 8a – 14a
041		
Otne	er bowel symptoms	
45	Helen die gleten en de een le Perteil en een die een de een	
15	Using the pictures please indicate how your bowel movetime? (Tick all boxes that apply)	ements are most of the
		(a)
	separate hard lumps like nuts (hard	to pass)
	sausage-shaped b	out lumpy 2
	like a sausage but with cracks on it	s surface 3
	like a sausage or snake – smooth	n and soft
	soft blobs with clear cut edges (easy	to pass) 5
	con siese mar elear ea eages (eae)	6
	fluffy pieces with ragged edges, a mu	ishy stool
	watery, no so	lid pieces
(b)	How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great	t deal)
	Thouse thing a mainiber between o thot at all, and to ta great	. uoaij
	0 1 2 3 4 5 6 7 8 not at all	9 10 a great deal

16	Do you need to strain to open your bowels? (Tick one box)
	(a) never □ ∘
	rarely 1
	some of the time 2
	most of the time 3
	always 4
(b)	How much does this bother you?
	Please ring a number between 0 (not at all) and 10 (a great deal)
	0 1 2 3 4 5 6 7 8 9 10
	not at all a great deal
17	Is the possibility of having a bowel accident on your mind? (Tick one box) (a)
	never o
	rarely ¹
	some of the time 2
	most of the time 3
	always ⁴
(b)	How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal)
	Thease fing a number between a (not at any and no (a great deal)
	0 1 2 3 4 5 6 7 8 9 10 not at all a great deal
Sex	ual impact
18	Do you restrict your sexual activities because of your bowels? (Tick one box)
	(a) never □ ∘
	rarely 1
	some of the time 2
	most of the time 3
	always 4
	not applicable 5
(b)	How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal)
	0 1 2 3 4 5 6 7 8 9 10
	0 1 2 3 4 5 6 7 8 9 10 not at all a great deal

Quality of life

19	Do your bowels	cause yo	u to feel	emba	rrass	sed?	(Tick	one	e box)
	-	-							(a)
									never º
									rarely ¹
								;	some of the time 2
									most of the time 3
									always ⁴
(b)	How much does			t at all	/\ one	J 10 (o aro	ot d	201
	Please ring a num	iber betw	een o (no	ı aı an) and	1 10 (č	a grea	at u	ear)
	0	1 2	3 4	5	6	7	8	9	10
	not at all								a great deal
20	Do your bowels	causo vo	u to mak	0 61117		ı kno	ar varh	oro	toilote aro?
20	(Tick one box)	cause yo	u to mak	c suit	you	i Kilo	VV VV I I	iei e	tollets are:
	(TION ONE DON)								<u>(a)</u>
									never º
									rarely 1
								;	some of the time 2
									most of the time 3
									always 4
(b)	How much does		•		Λ				
	Please ring a num	nber betw	een u (no	t at all) and	1 10 (8	a grea	at a	ear)
	0	1 2	3 4	5	6	7	8	9	10
	not at all								a great deal
21	Do your bowels	causo vo	u to mak	o nlar	16 20	cordi	na ta	. VO	ur howole?
21	(Tick one box)	cause yo	u to mak	e piai	is ac	corui	iig it	J yo	ui boweis:
	(Trent erre besty								<u>(a)</u>
									never º
									rarely 1
								;	some of the time 2
									most of the time 3
									always ⁴
(b)	How much does		-		Λ	1407		- (-1	O
	Please ring a num	iber betw	een U (no	t at all) and	1 1U (8	a grea	at de	eai)
	0	1 2	3 4	5	6	7	8	9	10
	not at all								a great deal

	•	caus	se yo	u to	stay	hom	e mo	re of	ften tl	nan	you would like?
	(Tick one box)										(a)
											never 0
											rarely 1
										;	some of the time 2
											most of the time 3
											always 4
(b)	How much does Please ring a nun			_		at al	I) and	d 10	(a gre	at de	eal)
	0 not at all	1	2	3	4	5	6	7	8	9	10 a great deal
	Overall, how much lease ring a number							_		_	day life?
Г	_			-		•				-	
	0 not at all	1	2	3	4	5	6	7	8	9	10 a great deal
					Qı	uality	of life	e sco	ore: sı	ım s	cores 19a -23
24		kage	s, w	hat y	o descou th	cribe	any	wor	ries y caus	ou h	nave about bowel our bowel accidents o
24	accidents or leal	kage	s, w	hat y	o descou th	cribe	any	wor	ries y caus	ou h	nave about bowel
24	accidents or leal	kage	s, w	hat y	o descou th	cribe	any	wor	ries y caus	ou h	nave about bowel
24	accidents or leal	kage	s, w	hat y	o descou th	cribe	any	wor	ries y caus	ou h	nave about bowel
24	accidents or leal	kage	s, w	hat y	o descou th	cribe	any	wor	ries y caus	ou h	nave about bowel
24	accidents or leal	kage	s, w	hat y	o descou th	cribe	any	wor	ries y caus	ou h	nave about bowel

Thank you very much for answering these questions.